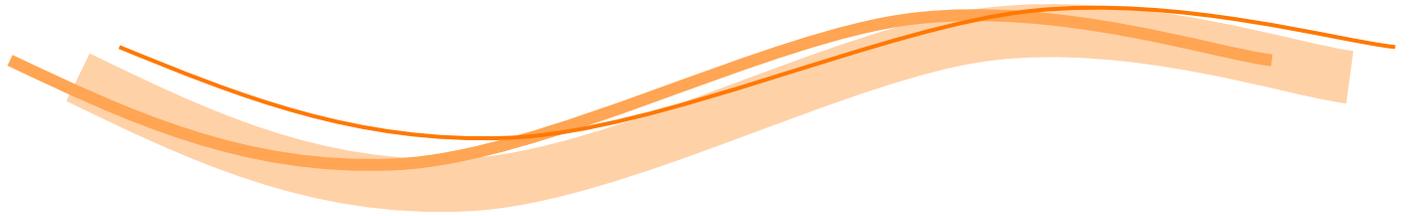




# NEW BRUNSWICK





<p><b>NEW BRUNSWICK</b></p>	<p>New Brunswick! It's a place of Natural Wonder, with ancient mountains, Canada's most storied river, great stretches of sand dunes, the warmest saltwater beaches in Canada and the famous Bay of Fundy - home of the World's Highest Tides.</p> <p>At the <b>Bay of Fundy</b> you can leave your footprints on the ocean floor and then six hours later, kayak above the very same spot. It's the only Canadian finalist nominated in the global "New 7 Wonders of Nature" campaign – and you can add your support at <a href="http://www.votemyfundy.com">www.votemyfundy.com</a>.</p> <p>I am broadcasting the radio shows from the Hopewell Rocks Interpretive Centre. It's the best place to explore The Bay of Fundy as it is easy to walk on the ocean floor at low tide to admire the rock formations created by the force of the tide. And then at high tide you can also kayak around the bay to what some have named the "flower pot rocks" – all as you take in the marine life and area shorebirds.</p> <p>At the Bay of Fundy's newest attraction, <b>Stonehammer Geopark</b>, you can explore 60 geosites, ranging from Lepreau Falls in the west, to Fundy Trail Parkway in the east, to Norton and Hampstead in the north. The park includes geological stories from late Precambrian time a billion years ago to the most recent Ice Age, and almost everything in-between. The fascinating landscape of Stonehammer Geopark has been created by the collision of continents and the closing and opening of oceans, volcanoes, earthquakes, ice ages and climate change.</p> <p>Hike the <b>Fundy Trail</b>, carved out of the Fundy escarpment and one of the last remaining coastal wilderness areas between Florida and Labrador. Or explore over 120 km of walking and hiking trails in <b>Fundy National Park</b>. Plan a whale-watching excursion to see the many species of whales that play in the bay, rappel at <b>Cape Enrage</b> or book a Bay of Fundy Tour to make certain you don't miss a thing.</p>
<p><b>The Bay of Fundy -- Canada's Finalist in the New7Wonders Campaign</b></p>	<p><b>The Bay of Fundy: Canada's finalist in the New7Wonders campaign</b></p> <p>The eyes of the world are upon Canada's Bay of Fundy now that it has been selected as a top 28 finalist in a global campaign to declare the New7Wonders of Nature.</p> <p>The Bay of Fundy, best known for the highest tides in the world, is the only Canadian site and one of only two on the continent (the other is the Grand Canyon) to proceed to the final phase in the campaign, to be decided on November 11, 2011.</p> <p><a href="http://www.votemyfundy.com">www.votemyfundy.com</a></p>

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Canadians of all ages and backgrounds across the country need to get excited about the campaign and vote right away. Tell your friends, tell your children (this may be their first ever election where they can vote!), tell your neighbors, tell everyone to vote for the Bay of Fundy.

The N7W campaign is on the global stage and is a once-in-a-lifetime opportunity for the Bay of Fundy and Canada. Let's unleash our competitive spirit and pride in our country to beat the U.S. (Grand Canyon) and other countries competing with icons like the Amazon, Dead Sea, Galapagos Islands and the 23 others. Canadians should see this as the Canada Cup of Natural Wonders and rally behind the Bay of Fundy to get the votes to be one of the 7 winners.

The N7W of Nature global campaign is the brainchild of a Canadian named Bernard Weber as a means to preserve and protect the world's cultural and natural heritage.

The Bay of Fundy has been nominated from 441 initial entries for its highest tides, tidal energy, wildlife, whales, fossils and unique culture.

Being one of the 7 finalists is huge for our tourism industry and will contribute to economic development and jobs in Canada.

Voting is hassle-free to do...text Fundy to 77077 (.25 a vote) or vote at [www.votemyfundy.com](http://www.votemyfundy.com) ...also register to win a trip to see it for yourself.

The Bay of Fundy features in my personal Top 10 Natural Wonders:

<http://www.chrisrobinsontravelshow.ca/Planning/ChrisTop10Lists/NaturalWonders.aspx>

### **About Bay of Fundy**

The Bay of Fundy is a 270 km long ocean bay that stretches between the provinces of New Brunswick and Nova Scotia on Canada's east coast. The Bay of Fundy is a globally significant natural wonder that deserves to be recognized as one of the New7Wonders of Nature.

Here's why:

### **Highest Tides in the World**

Bay of Fundy tides are 53 feet, five to 10 times higher than any tide in the world. It takes six hours and 13 minutes for the tides to go from high to low and for 100 billion tonnes of seawater to flow in and out of the bay twice daily. More water moves through the Bay of Fundy in one cycle than the combined flow of all the world's freshwater rivers. The amount of water in one tide cycle would fill and then empty the Grand Canyon.

### **Ecology**

The Bay of Fundy has been compared in marine biodiversity to the Amazon Rainforest. Through ocean currents and its massive tides, it is

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biologically linked to the rest of the world by fish, bird, and marine mammal migrations.

### **Whales**

The Bay of Fundy hosts over 12 species of whales during their summer and fall feedings, including half the world's population of rare and endangered Right whales.

### **Dinosaurs and Fossils**

The Bay of Fundy has the world's most complete fossil record of the "Coal Age" (300 million years ago). It is home to the world's oldest reptiles and Canada's oldest dinosaurs, and the site of one of the greatest extinctions the world has ever known — the Triassic/Jurassic extinction.

### **Green Tidal Energy**

The Bay of Fundy has the potential to become one of the world's greatest producers of tidal energy. The Bay is 10 times more powerful than any other site in North America and is already generating environmentally-sustainable electricity.

### **Culture**

The area is rich in the culture and history of its original First Nations as well as European settlers who arrived in 1604 — before Canada was a country. Regional culture and history are celebrated at interpretation centres, historic sites, horticultural display gardens, and artisans' studios.

### **UNESCO Designations**

- Saint John's Stonehammer Geopark (2010)
- Joggins Fossil Cliffs World Heritage Site (2008)
- Upper Bay of Fundy Biosphere Reserve (2007)
- Outer Bay of Fundy Southwest Nova Biosphere Reserve (2001)

During the first phase of the New7Wonders of Nature campaign, **441 sites from 222 countries** were nominated. The campaign progressed through various voting stages until the top 28 global finalists were declared in July 2009. The final New7Wonders of Nature will be selected by public New 7 Wonders voting, both online and by SMS (text). Even children can vote in this unique exercise in worldwide democracy. More than one billion votes are expected leading up to the Official Declaration of the New7Wonders of Nature on November 11, 2011.

Originally there were **five sites competing for Canada** and one

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	<p>Canadian site in the international category. In addition to the Bay of Fundy, those early nominees included: Long Point Sand Spit (Ontario), Gros Morne National Park (Newfoundland), Dinosaur Provincial Park (Alberta), Perce Rock (Quebec) with Niagara Falls as one of the international sites. There were no other Canadian nature sites nominated in the campaign. Bay of Fundy is Canada's only candidate in this last phase of the campaign.</p> <p><b>The full list of the 28 Finalists for the New 7 Wonders is:</b>          Amazon, South America; Angel Falls, Venezuela; Bay of Fundy, Canada; Black Forest, Germany; Bu Tinah Island, United Arab Emirates; Cliffs of Moher, Ireland; Dead Sea, Israel, Jordan, Palestine; El Yunque, Puerto Rico; Galapagos, Ecuador; Grand Canyon, USA; Great Barrier Reef, Australia, PNG; Halong Bay, Viet Nam; Iguazu Falls, Argentina, Brazil; Jeita Grotto, Lebanon; Jeju Island, Korea (south) Kilimanjaro, Tanzania; Komodo, Indonesia; Maldives; Masurian Lake District, Poland; Matterhorn/Cervino, Italy, Switzerland; Milford Sound, New Zealand; Mud Volcanoes, Azerbaijan; PP Underground River, Philippines; Sundarbans, Bangladesh, India; Table Mountain, South Africa Uluru, Australia; Vesuvius, Italy; Yushan, Chinese Taipei</p>
<b>Location</b>	<p>New Brunswick is one of Canada's three Maritime provinces, and the only constitutionally bilingual province (French and English) in the country.</p>
<b>Geography</b>	<p>New Brunswick is bounded on the north by Quebec's Gaspé Peninsula and Chaleur Bay. Along the east coast, the Gulf of Saint Lawrence and Northumberland Strait are found. In the south-east corner of the province, the narrow Isthmus of Chignecto connects New Brunswick to the Nova Scotia peninsula. The south of the province is bounded by the Bay of Fundy. On the west, the province borders the American state of Maine.</p> <p>The major river systems in the province include the St. John River, Petitcodiac River, Miramichi River, St. Croix River, Kennebecasis River and the Restigouche River.</p> <p>New Brunswick lies entirely within the Appalachian Mountain range. The eastern and central part of the province consists of the New Brunswick Lowland. The Caledonia Highlands and St. Croix Highlands extend along the Bay of Fundy coast, reaching elevations of 300 metres. The northwestern part of the province is comprised of the remote and more rugged Miramichi Highlands, as well as the Chaleur Uplands and the Notre Dame Mountains with a maximum elevation at <b>Mount Carleton</b> of 820 metres. The total land and water area is 72, 908 kms<sup>2</sup>, 80% of which is forested.</p>

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<b>Name</b>	The province's name comes from the British Royal House of Brunswick, which in turn is derived from the archaic English name of Braunschweig, a city in northern Germany.
<b>Population</b>	The province's population is approximately 748,000
<b>Language</b>	The majority is English-speaking, but a large minority (35%, chiefly of Acadian origin) is French-speaking.
<b>Currency</b>	Canadian Dollars
<b>Government</b>	On September 27 <sup>th</sup> , 2010, the Progressive Conservatives won a large majority with 42 out of 55 seats by taking 16 formerly Liberal seats, making David Alward the new Premier of New Brunswick.
<b>Time zone</b>	New Brunswick is located in the Atlantic Standard Time zone, which is one hour later than the Eastern Standard Time in Montreal and Toronto.
<b>Health</b>	Remember to obtain out of province travel insurance
<b>Safety tips</b>	Don't get too carried away with all the soft adventure options available in New Brunswick!

<b>CLIMATE</b>	
<b>General climate</b>	<p>Summer: Typical lightweight clothing such as bathing suit, shorts, sandals... you'll want to enjoy warm weather! New Brunswick boasts the hottest summers in the country with an average daytime temperature of 23.3° C.</p> <p>Fall: Light jacket or outdoor sweater, slacks... and walking shoes to enjoy a stroll amid the dramatic fall colours.</p> <p>Winter: Heavy coat, scarf, mittens, toque, boots... be prepared for lots of snow.</p> <p>Spring: Light jacket or outdoor sweater, slacks... and boots for fiddle heading.</p>
<b>Today's weather</b>	This weekend's weather (23 July 2011) is 23 Centigrade and sunny.
<b>Best time to visit</b>	<p>Vacationing is truly a four season experience in New Brunswick as every day in the calendar offers another unique travelling escapade. The SUMMER is the warmest in Canada, where long days present endless choices - take a luxurious swim in the warmest salt water north of Virginia, wait for the tides and walk along the ocean floor or join in the noisy parade of a Tintamarre.</p> <p>AUTUMN is certain to delight with forests bursting into colour, local farmers markets abounding with delicious offerings and some of the best whale-watching of the year.</p> <p>WINTER is the season of invigorating outdoor pursuits in exhilarating snowy backdrops. The provincial and national parks are the perfect place to begin, or stay in town and warm up for the skating parties and foot-stomping fiddle music at the winter festivals.</p> <p>SPRING blossoms into award-winning gardens and satisfies every sweet craving at the old-fashion sugar camps.</p>

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<b>GETTING THERE</b>	
<b>Flying</b>	<p>Flight time from Montreal: 90 minutes; from Toronto: 105 minutes  The <b>Greater Moncton International Airport</b> is located about 8km from downtown Moncton. Daily passenger services operate within the region with frequent and direct flights to all major points. It is serviced year-round by the following carriers: Air Canada, WestJet, Porter Airlines, and Continental Airlines. Seasonal flights are offered by SunWing, Transat Holidays, and WestJet Vacations.  Flight times: 1 hour 20 from Montreal; 1 hour 53 from Toronto</p>
<b>Cities</b>	<p><b>Metropolitan Moncton</b> (Moncton, Riverview, Dieppe) with a population of 126,424 (Canada 2006 census) is the largest urban centre in the province.  <b>Metropolitan Saint John</b> (Saint John, Quispamsis, Rothesay) is a close second at 122,389.  Don't miss the historic City Market, check out Barbour's General Store, grab a map and see some of the historic highlights of the uptown area and take a stroll along Harbour Passage. <a href="http://www.tourismsaintjohn.com">www.tourismsaintjohn.com</a>  <b>Greater Fredericton, the capital</b>, has a population of 85,000 and is lovely city to spend some time in and around.  <a href="http://www.fredericton.ca/en/index.asp">http://www.fredericton.ca/en/index.asp</a></p>
<b>Distances</b>	<p>Montreal to Campbellton - 744 km  Toronto to Edmundston - 1,090 km  Moncton to Montreal - 986 km  Moncton to Toronto - 1,529 km  Moncton to Saint John: 150km; to Fredericton: 170km  The Trans-Canada Highway bisects the province, entering from Québec at St. Jacques. It follows the Saint John River Valley before veering through Moncton and exiting into Nova Scotia at Aulac. The entire distance is about 530km</p>
<b>Ferries</b>	<p><b>Bay Ferries</b> (tel. 888/249-7245; <a href="http://www.nfl-bay.com">www.nfl-bay.com</a> ) operates a 3-hour ferry that links Saint John with Digby, Nova Scotia. The ferry sails year-round, with as many as three crossings daily each way in summer. Summer 2011fares are C\$31 for adults, C\$26 for seniors, C\$20 for children ages 6 to 17, and C\$77 and up per vehicle.</p>
<b>Trains</b>	<p><b>VIA Rail</b> (tel. 888/842-7245; <a href="http://www.viarail.com">www.viarail.com</a> ) offers train service through the province (en route from Montréal to Halifax) 6 days per week. The train follows a northerly route, with stops in Campbellton, Miramichi, and Moncton. Check out the website <a href="http://www.viarail.ca">www.viarail.ca</a> for more details on routes, schedules, and online booking.  As the train departs from Montréal in the evening, you'll watch the sun set over fertile farmlands carpeting the southern shores of the St. Lawrence River and the Matapédia Valley. The Ocean covers hundreds of kilometres while you slumber so that upon waking, your eyes alight upon Chaleur Bay in all its misty, early-morning glory. After breakfast,</p>

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	you wander to the Park car to learn about lobster traps, ghost ships and Acadian traditions. It's 17 hours from Montreal to Moncton.
<b>Car Rental</b>	Most major car rentals are represented in the 8 cities and 3 major airports.
<b>Buses</b>	There is excellent regional bus service throughout the province

<b>ACCOMMODATION TYPES</b>	<p>Everything from cosy B &amp; B's to five star resorts. Here are some suggestions from my personal experience:</p> <p><b>The Delta Brunswick</b>, 39 King Street, Saint John, ( 506-648-1981), <a href="http://www.deltahotels.com/en/hotels/hotels.php?hotelId=4">http://www.deltahotels.com/en/hotels/hotels.php?hotelId=4</a> is where I am staying for my on location shows – centrally located and with the most amenities in town.</p> <p><b>Hotel Paulin</b> in Caraquet - a classic Victorian Hotel, built in 1891, is a rare Canadian gem, a one-of-a-kind historical boutique-style hotel, still owned and operated by the Paulin family. It is situated on the Bay of Chaleur, along the Acadian Peninsula. This premier New Brunswick waterfront property is rated a 4-star Country Inn by Canada Select. The newly renovated 3rd floor offers breathtaking views of the water and offers 4 new beautifully appointed 5-star luxury suites. It has a long-time standing reputation as a travel destination and has been written up by the New York Times, Montreal Gazette, La Presse, Paris Match Magazine, Michelin Guide, France's Routard, Fodor's, Frommers and countless other prestigious travel publications. 143 Boulevard St-Pierre West, Caraquet, New Brunswick E1W 1B6 Tel: 1 866 727 9981 Web: <a href="http://www.hotelpaulin.com">www.hotelpaulin.com</a></p> <p><b>Dufferin Inn</b>, Saint John - This handsome Queen Anne house, across the harbor from downtown near the Digby ferry, was once home to a former premier of New Brunswick, and it has fine architectural touches like a wood-lined library and splashes of stained glass.</p> <p>The downtown <b>Delta Beauséjour</b> in Moncton, is well maintained, with rooms and public areas recently renovated. The third-floor indoor pool offers year-round swimming. (There's also a pleasant outdoor deck overlooking the distant marshes of the Petitcodiac River.)</p> <p><b>The Fairmont Algonquin</b>, St Andrews - The Algonquin's distinguished pedigree dates from 1889, when it first opened its doors to wealthy vacationers seeking respite from city heat. The original structure was destroyed by fire in 1914, but the surviving annexes were rebuilt in sumptuous Tudor style. The red tile roofed resort commands one's attention through its sheer size and aristocratic bearing (not to mention</p>
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	through its kilt-wearing, bagpipe-playing staff). The inn is several long blocks from the water's edge, but it perches on the brow of a hill and affords panoramic bay views from the second-floor roof garden and many guest rooms. <a href="http://www.fairmont.com/algonquin">www.fairmont.com/algonquin</a>
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<b>TARGET GROUPS</b>	
<b>Kids</b>	<p><b>Kings Landing</b>, on the bank of the St. John River, is 34km and about 150 years from Fredericton. The authentic re-creation brings to life New Brunswick from 1790 to 1910, with 10 historic houses and nine other buildings relocated here and saved from destruction by the flooding during the Mactaquac hydro project. The aroma of freshly baked bread mixes with the smell of horses and livestock, and the sound of the blacksmith's hammer alternates with that of the church bell. More than 160 costumed "early settlers" chat about their lives. I featured Kings Landing in my Top Ten Canadian History Sites: <a href="http://www.chrisrobinsontravelshow.ca/Planning/ChrisTop10Lists/CanadianHistorySites.aspx">http://www.chrisrobinsontravelshow.ca/Planning/ChrisTop10Lists/CanadianHistorySites.aspx</a></p> <p>The indoor amusement park at <b>Crystal Palace</b> in Moncton will make an otherwise endless rainy day go by quickly. The spacious enclosed park includes a four-screen cinema, shooting arcades, numerous games (ranging from old-fashioned Skee-Ball to cutting-edge video games), a medium-size roller coaster, a carousel, a swing ride, laser tag, bumper cars, mini-airplane and miniature semi-truck rides, mini-golf, batting cages, and a virtual-reality ride.</p>
<b>Teens</b>	<p>Departing from a narrow cove at Fallsview Park in Saint John are the <b>Reversing Falls Jet Boat Rides</b> (tel. 888/634-8987), which offer fun, fast boat trips through the falls at all tides. The always-breezy, sometimes-damp trip takes 20 minutes and costs (2011) \$37.12 adults, \$26.50 children, \$115 family, all of which include use of raincoats. Two specially designed boats - one offering a more heart-pounding "thrill ride" - depart several times daily. <a href="http://www.jetboatrides.com">http://www.jetboatrides.com</a></p> <p><b>Calithumpians' signature ghost walks</b> in Fredericton are the stuff of legend! The Haunted Hike features spine-tingling tales and rib-ticking gags. The guides take you on an entertaining journey through Fredericton's ghostly past. A specialty of Calithumpians for over 13 years, these performance-based walking tours offer a unique take on the traditional ghost walk and heritage tour. Costumed professional actors create a sense of "you were there" with their first person interpretation, which has an eerie appeal to even the most seasoned patrons. The tour features six types of ghost/spirits and provides insights into the paranormal activity the downtown area. As you explore the</p>

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	<p>after-dark, lantern lit streets of downtown Fredericton's historic haunts, you'll encounter phantom thespians, and a few chilling surprises to boot. <a href="http://www.calithumpians.com/index.php?page=haunted">http://www.calithumpians.com/index.php?page=haunted</a></p> <p><b>Zipline at the world-famous Bay of Fundy Reversing Rapids</b>          The new Saint John Adventures zipline adventure delivers chills and excitement on five lines suspended high between six towers. The final leg— a dual line so you can race with your buddy to the finish—zips over water, offering amazing views of the Falls right where the Bay of Fundy and St. John River struggle for supremacy and the powerful tides push the river backwards twice a day.          For more information: <a href="http://saintjohnadventures.ca">http://saintjohnadventures.ca</a></p>
<b>Romance</b>	<p>There are many wonderful inns and romantic accommodations, several of which feature couples only romance packages.</p>
<b>Seniors</b>	<p>The <b>Dunes de Bouctouche</b> is a striking, white sand dune stretches an impressive 12km across Bouctouche Bay, and is home to the endangered piping plover, a unique butterfly species, and some rare plants. The sensitive dune area itself can be viewed from a wheelchair-accessible, 2km boardwalk that snakes along its length. On a sunny day, the sand beach is a lovely spot to while away a couple hours, or even to take a dip in the warm seawater.</p>

<b>UNIQUES</b>	<p>The seawater in the <b>Bay of Fundy</b> rises to the height of a four-storey building, an incredible <b>16 m or 52 ft, the highest in the world.</b> Created by the gravitational pull of the sun and moon, tidal waters flow in and out of the bay's funnel-like opening. So: twice daily, 100 billion tonnes of water enter and leave the bay – equal to all the rivers on the planet.          Walk on the ocean floor at the Hopewell Rocks...kayak six hours later! At high tide, with 100 billion tonnes of saltwater moving in the Bay of Fundy, you can kayak among what look like small treed islands floating freely off the coast. As the tide shifts, the water recedes and visitors can get up close and personal with the flowerpot-shaped rock formations by walking on the ocean floor.          For more information: <a href="http://www.thehopewellrocks.ca">http://www.thehopewellrocks.ca</a></p>
<b>Surprising</b>	<p><b>Magnetic Hill</b>, located on Moncton's northwest outskirts a few miles from downtown, began as a simple quirk of geography. Cars that stopped at the bottom of a short stretch of downhill started to roll back uphill! Or at least what appeared to be uphill. It's a nifty illusion - it works because the slope is on the side of a far larger hill, which tilts the whole countryside and effectively skews one's perspective.</p> <p><b>Minister's Island:</b> Ministers Island is an enchanting place to experience. Lying just off the shore near St. Andrews, this 500-acre</p>

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	<p>island is only a part-time island. You reach it by driving over the seafloor approximately 1 kilometer. Once there, you are immersed in an experience from the late 19th and early 20th century— the summer estate of Sir William Van Horne, the first president of and the driving force behind the Canadian Pacific Railway. Sir William's vast house, his equally large barn and his bathhouse / artist's hideaway are on view, as are the beautiful carriage lanes through woods and fields. Time stands still, and you're swept up in an atmosphere that makes you forget all about your everyday life and the here-and-now.</p> <p><a href="http://www.ministersisland.net">http://www.ministersisland.net</a></p>
<p><b>History</b></p>	<p>The indigenous peoples of New Brunswick include the <b>Mi'kmaq</b> (Micmac), <b>Maliseet</b> (Wolastoqiyik - "people of the good river" or St. John) and <b>Passamaquoddy</b> (Panwapskewiyik). The Mi'kmaq territories are mostly in the east of the province. The Maliseets are situated along the Wolastoq (St. John River) and the Passamaquoddy nation in the southwest, around Passamaquoddy Bay. American Indians have occupied New Brunswick since about 4000 BC</p> <p>The first known exploration of New Brunswick was by French explorer <b>Jacques Cartier in 1534</b>. The next French contact was in 1604, when a party led by Pierre Dugua (Sieur de Monts) and Samuel de Champlain set up a camp for the winter on St. Croix Island between New Brunswick and Maine. The colony was relocated the following year across the Bay of Fundy to Port Royal. Over the next 150 years, other French settlements and seigneuries were founded along the St. John River, the upper Bay of Fundy region and in the Tantramar Marshes at Beaubassin, and finally at St. Pierre (the site of present day Bathurst). The whole Maritime region (as well as parts of Maine) were at that time proclaimed to be part of the French colony Acadia.</p> <p>One of the provisions of the Treaty of Utrecht of 1713 was the surrender of peninsular Nova Scotia to the British. The bulk of the Acadian population now found themselves residing in the new British colony of Nova Scotia. The remainder of Acadia (including the New Brunswick region) was only lightly populated and poorly defended. To protect their territorial interests in what remained of Acadia, France, in 1750, built two forts (Fort Beausejour and Fort Gaspareaux) along the frontier with Nova Scotia at either end of the Isthmus of Chignecto. A major French fortification (Fortress Louisbourg) was also built on Ile Royale, but the function of this fort was mostly to defend the approaches to the colony of Canada, and not Acadia.</p> <p>As part of the Seven Years' War (1756-63), the British extended their control to include all of New Brunswick. Fort Beausejour (near Sackville)</p>

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	<p>was captured by a British force commanded by Lt. Col. Robert Monckton in 1755. Acadians of the nearby Beaubassin and Petitcodiac regions were subsequently expelled in the Great Upheaval. Some of the Acadians in the Petitcodiac and Memramcook region escaped and under the leadership of Joseph Broussard continued to conduct guerrilla action against the British forces for a couple of years. Other actions in the war included British expeditions up the St. John River in both 1758 and 1759. Fort Anne (Fredericton) fell during the 1759 campaign and following this, all of present day New Brunswick came under British control.</p>
<p><b>Books</b></p>	<p><b>Frommer's Nova Scotia, New Brunswick and PEI</b>          Frommer's Canada lists:          Best luxury hotels: Kingsbrae Arms, St Andrews          Best Canadian culinary experience: #1 - lobster in New Brunswick          Best views in Canada: Cape Enrage          Best Family vacations in Canada: in and around Fundy National Park</p> <p><b>A Hiking Guide to New Brunswick:</b> Marianne &amp; H.A. Eiselt – comprehensive 270pp trails guide          New Brunswick: Colour Guides, Eiselts – easy access, well-illustrated planning tool</p>
<p><b>1000 Places to see before you die</b></p>	<p><b>Bay of Fundy</b> (100 billion tons of water rush in daily!)</p>
<p><b>Must Sees</b></p>	<p><b>The 5 Scenic Routes:</b> River Valley Scenic Drive; Fundy Coastal Drive; Acadian Coastal Drive; Miramichi River Route; Appalachian Range Route</p> <p><b>Lighthouses:</b> Head Harbour Lightstation on Campobello Island - kayak, birding, sunsets; Miscou Island Lighthouse, built 1856.</p> <p><b>Tides:</b> Moncton bore, Reversing Falls, Hopewell Rocks</p> <p><b>Grand Manan:</b> "Island in the Sea", fishing, dulse gathering, lighthouses,</p> <p><b>Village Historique Acadien:</b> <a href="http://www.villagehistoriqueacadien.com">www.villagehistoriqueacadien.com</a>          A remarkably authentic historical site in North America, the Village Historique Acadien strives to portray the lives of Acadians between 1770 and 1939. More than 40 complexes are staffed by interpreters in period costume who bring ancestral customs and traditional trades back. Each of them has a story to tell. Open June to Sept. The Village Historique Acadien is located near Caraquet, in NE New Brunswick, 50 km east of Bathurst and 130 km north of Miramichi.          (14 311, route 11, Caraquet NB E1W 1B7 (506) 726.2600)</p>

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<b>SPORTS ACTIVITIES</b>	<p>Visit the outdoor centre at <b>Cape Enrage</b>, where you can canoe, rappel, rock climb, and kayak in a dramatic coastal setting.</p> <p><b>Challenge Yourself at Cape Enrage</b></p> <p>Cape Enrage offers one of the most spectacular views of the Bay of Fundy from its towering cliffs and has been a light station and fog alarm since 1838; the current light tower is over 150 years old. It's a breathtaking setting for a personal challenge: rappelling down a 43-m natural cliff toward the Bay. On the way back up, you scale a 18-m sandstone cliff gleaming red in the sunlight.</p> <p>For more information: <a href="http://www.capeenrage.ca">www.capeenrage.ca</a></p>
<b>Golf</b>	<p>In St. Andrews, the <b>Algonquin</b> hotel's golf course is a beauty - easily among Eastern Canada's top ten, right behind the bigger-name stars on Cape Breton Island and Prince Edward Island. It features nine newer inland holes (the front nine), and then nine older seaside holes that become increasingly spectacular as you approach the point of land separating New Brunswick from Maine. (All 18 of them are challenging, so bring your "A" game.) Service and upkeep are impeccable here, and there's both a snack bar on premises and a roving club car with sandwiches and drinks. Greens fees are around \$125 for 18 holes, lessons are offered, and there's a short-game practice area in addition to a driving range; call tel. 888/460-8999 for tee times.</p> <p>In Fredericton, <b>Kingswood</b> was recognized by Golf Digest as the best new Canadian golf course in 2003. It features 27 holes, a par-3 course, and a double-ended driving range.</p>
<b>Fishing</b>	<p>The <b>Miramichi River</b> has long attracted anglers both famous and obscure, lured by the wily Atlantic salmon. In some considered opinions, this ranks among the best salmon rivers in the world. Salmon must be caught on flies, and nonresidents need to hire a guide to go after salmon. For other freshwater species, including bass, and saltwater angling, the restrictions are less onerous. Get up to date on the rules and regulations by requesting copies of two brochures: "Sport Fishing Summary" and "Atlantic Salmon Angling." These are available from Fish and Wildlife, P.O. Box 6000, Fredericton, NB E3B 5H1</p>
<b>Horse riding</b>	<p><b>Broadleaf Guest Ranch</b>, Hopewell Hill, offers a variety of horse riding adventures as well as log cabin accommodations – go to <a href="http://www.broadleafranch.com">www.broadleafranch.com</a></p>
<b>Hiking</b>	<p>The province's highest point is in the center of the woodlands region, at <b>Mount Carleton Provincial Park</b>. Several demanding hikes in the park yield glorious views. There's also superb hiking at <b>Fundy National Park</b>, with a mix of coastal and woodland hikes on well-marked trails. An excellent resource is <b>A Hiking Guide to New Brunswick</b>, published by Goose Lane Editions.</p> <p><b>Explore an unspoiled coast at the Fundy Trail</b></p> <p>One of the last remaining coastal wilderness areas in North America is</p>

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	<p>now accessible via the <b>Fundy Trail</b>. This multi-use corridor along New Brunswick's Bay of Fundy features almost 15 km of coastal roadway and a large network of trails. Bike, hike or drive the Fundy Trail to view the natural, unspoiled beauty of the Bay of Fundy coast, spot whales, and learn about the history of what was once a vibrant fishing, logging and shipbuilding community.</p> <p><b>Hearst Lodge</b>          Many high profile celebrities and politicians were entertained at Hearst Lodge, which was built as a fishing lodge for William Randolph Hearst, and was originally accessible only by helicopter. Today, a beautiful one-hour hike on a scenic riverside footpath will take you to accommodations and day adventures at the Hearst Lodge, now one of the highlights of the interpretation system at the Fundy Trail Parkway. For more information: <a href="http://www.fundytrailparkway.com/en">http://www.fundytrailparkway.com/en</a></p>
<b>Cycling</b>	<p>The islands and peninsulas of <b>Passamaquoddy Bay</b> lend themselves nicely to cruising in the slow lane - especially Campobello, which also has good dirt roads for mountain biking. Grand Manan holds appeal for cyclists, although the main road (Rte. 776) has narrow shoulders and fast cars. Some of the best coastal biking is around Fundy National Park - especially the back roads to Cape Enrage, and the Fundy Trail Parkway, an 11km multiuse trail that hugs the coast west of the national park. Along the Acadian Coast, Kouchibouguac National Park has limited but unusually nice biking trails through mixed terrain (rentals available).</p>
<b>Sea Kayaking</b>	<p>Among the most extraordinary places to explore is <b>Hopewell Rocks</b>. The rocks stand like sentinels on the ocean floor at low tide but offer sea caves and narrow channels to explore at high tide. <b>Baymount Outdoor Adventures</b> <a href="http://www.baymountadventures.com">http://www.baymountadventures.com</a> offers 90-minute sea kayak tours of Hopewell Rocks for \$59 adults, \$49 children (2011). Other kayak outfitters along the Fundy Coast include FreshAir Adventure (tel. 800/545-0020) in Alma, and Seascape (tel. 866/747-1884) in Deer Island.</p>

<b>CULTURE</b>	<p>New Brunswick is rich in Mi'qmaq, Maliseet, Acadian, Scottish, Loyalist, Irish and Brayonne cultures</p>
<b>Arts</b>	<p><b>The Atlantic Ballet Theatre of Canada</b>, based in Moncton, has recently flourished, features Russian and European trained dancers, and has started touring both nationally and internationally. Symphony New Brunswick, based in Saint John, also tours extensively in the province.</p> <p><b>The Beaverbrook Art Gallery</b> in Fredericton is a surprisingly good museum overlooking the waterfront and is home to an impressive collection of British paintings, including works by Reynolds, Gainsborough, Constable, and Turner. Antiques buffs gravitate to the</p>

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	rooms with period furnishings and early decorative arts. Most visitors find themselves drawn to Salvador Dali's massive Santiago El Grande.
<b>Music</b>	<p>Try a <b>Kitchen Party</b> in Miramichi  <a href="http://www.gomiramichi.com/miramichi-kitchen-party/come-on-in">http://www.gomiramichi.com/miramichi-kitchen-party/come-on-in</a>  or one of the many music festivals in which this province abounds, like:</p> <p><b>Harvest Jazz and Blues Festival Sept. 13 – 18, 2011</b>  The Harvest Jazz and Blues Festival recently announced that three more acts will be joining Rock and Roll Hall-of-Famer Gregg Allman on the 2011 line up. Grammy-winning guitar phenom Jonny Lang, JJ Grey &amp; Mofro, and the 2011 Blues Caravan's Girls with Guitars are all confirmed to appear at the Festival in September. The Festival is Atlantic Canada's premier international music festival. Fredericton is transformed into a giant music bash when more than 350 musicians from Canada and around the world perform on 23 stages—avant-garde jazz to blues, folk and rock. <a href="http://www.harvestjazzandblues.com">www.harvestjazzandblues.com</a></p>
<b>Museums</b>	<p>The <b>New Brunswick Museum</b> in Saint John is an excellent stop for anyone in the least bit curious about the province's natural or cultural history. The collections are displayed on three open floors, and they offer a nice mix of traditional artifacts and quirky objects. (Among the more memorable items is a frightful looking "permanent wave" machine from a 1930s beauty parlor.) The exhaustive exhibits include the complete interior of Sullivan's Bar (where longshoremen used to slake their thirst a few blocks away), a massive section of a ship frame, a wonderful geological exhibit, and even a sporty white Bricklin from a failed New Brunswick automobile manufacturing venture in the mid-1970s. The Wind, Wood and Sail exhibit describes 19th-century shipbuilding in the province. <a href="http://www.nbm-mnb.ca">www.nbm-mnb.ca</a>  New Brunswick Museum is also the central hub for North America's first Global Geopark, Stonehammer  <a href="http://stonehammergeopark.com/main.html">http://stonehammergeopark.com/main.html</a></p>
<b>Geopark</b>	<p><b>Stonehammer Geopark</b> is located in Southern New Brunswick. It's a geological park where you can experience a billion years of Earth's history. The landscape of the Stonehammer GeoPark has been created by the collision of continents, the closing and opening of oceans, volcanoes, earthquakes, ice ages and climate change. The rocks of this geopark have been witness to the evolution of life, from the first discovery of Precambrian stromatolite fossils, to the 'Cambrian Explosion' of life, to the evolution of vertebrates and the emergence of life on land. The geopark includes geological stories from late Precambrian time a billion years ago to the most recent Ice Age, and almost everything between.</p> <p><b>Stonehammer's Top 12 Geosites</b>  1. Lepreau Falls Provincial Park- witness the effects of erosion with</p>

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### Eastern Outdoors

2. Grand Bay-Westfield Brundage Point River Centre - learn about the St. John River creation story through interpretation panels
3. Irving Nature Park - learn about the Ice Age and how it impacted the landscape and people either through self guided hikes or with an interpreter
4. Dominion Park – kayak with Go Fundy Events to see the stromatolites on the cliff sides hugging the river
5. Reversing Rapids – here there are two geological stories to learn, the colliding of the two continents which is best viewed by boat and the waterfalls story interpreted while zipping
6. Rockwood Park – explore the geology of the largest municipal park in Canada with either self guided or with Day Tripping Outdoor Adventures. Be sure to fuel up at Lily's Café!
7. Tucker Park – the only geosite where you can find Devonian rocks in Stoneham through self guided exploration
8. Uptown Saint John – many buildings are built with New Brunswick Stone, explore on your own or visit the New Brunswick Museum to buy Rebuilt in Stone
9. Hampton Lighthouse River Centre - the best geosite to learn about flood plains through self guided exploration
10. St. Martins - the best geosite to explore either on your own or on a guided kayak or hiking tour to learn how caves are created
11. Fundy Trail Parkway - has the unique story of the opening of the Atlantic Ocean which can be seen from one of the parkway's amazing lookouts
12. Norton Moosehorn Creek- the perfect geosite for self guided tour that has you walking through a covered bridge.

### **Global Geoparks Network (GGN)**

The GGN continues to expand, drawing in new expertise and knowledge from all parts of the world and different cultures. In 2010 alone, 18 new membership applications were received. The aim of the GGN is that members from across the network assist these aspiring territories in their development and membership bids, in order to ensure the overall high quality of services that the network insists on. As partners in the Global Geoparks Network, the members will continue bringing the geopark concept to all parts of the world, especially to the developing world, where sustainable tourism, such as that developed within geoparks, leads to job creation in local rural communities, for the benefit of those communities.

The GGN provides a platform for cooperation and exchange between experts and practitioners in geological heritage, and its promotion.

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	<p>Under the umbrella of UNESCO, and through cooperation with the global network partners, important local and national geological sites gain worldwide recognition and benefit from the exchange of knowledge and expertise with staff of other Geoparks.</p> <p>UNESCO and the GGN develop models of best practice and set quality standards for territories that integrate the preservation of geological heritage into strategies for regional sustainable economic development. The establishment of a Geopark aims to bring sustainability and real economic benefit to the local populations, usually through the development of sustainable tourism and other economic and cultural activities.</p> <p>Today UNESCO gives its ad hoc support to national Geopark initiatives which are coordinated through a Global Network of National Geoparks where national geological heritage initiatives benefit fully from their membership of a global network of exchange and cooperation. The First International Geoparks Conference took place in Beijing, P.R. China, in 2004; as of October 2010 the <b>GGN has 77 members in 25 countries.</b></p>
<p><b>Festivals</b></p>	<ul style="list-style-type: none"> <li>- <b>Edmundston Jazz and Blues Festival:</b> 15 – 18 June 2011 The Edmundston Jazz and Blues Festival presents a packed programme each year, with up to 50 acts performing on an outdoor stage over the four days. <a href="http://www.jazzbluesedmundston.com">http://www.jazzbluesedmundston.com</a></li> <li>- <b>Chocolate Fest</b> 31 July - 6 Aug 2011 St Stephen Celebrate the delights of all things chocolatey at St Stephen's annual Chocolate Fest. Thanks to the Ganong brothers, who have been at the heart of chocolate-making in the region for more than 130 years, visitors can take a look through the factory doors and see (and taste) how chocolate is made and learn about the history of the brothers' sweet success. Visitors can sample the chocolate "chicken bone", see the heart-shaped Valentine's boxes and the five-cent chocolate and nut bar, all of which the brothers pioneered. <a href="http://www.chocolate-fest.ca">http://www.chocolate-fest.ca</a></li> <li>- <b>Shediac Lobster Festival</b> 6 – 10 July 2011 The lowly lobster gets the biggest tribute at this premier event. Come to the Lobster Capital of the World for five days of fantastic seafood and world-class entertainment! Started in 1949, the Shediac Lobster Festival draws visitors from all over the world to feast on succulent lobster and soak up Acadian and Maritime culture. Ride the midway, join in the kids' parade and don't miss the daily performances by some of the best musicians around.</li> <li>- <b>La Foire Brayonne</b> 27 July – 31 July 2011 La Foire Brayonne is the foremost summer activity for celebrating the northwest New Brunswick heritage, culture, and joie de vivre. La Foire</li> </ul>

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	<p>Brayonne gives everyone a great opportunity to live a unique and gigantic cultural experience.</p> <p><a href="http://www.foirebrayonne.com">http://www.foirebrayonne.com</a></p>
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<b>ATTRACTIONS</b>	
<b>Beaches</b>	<p>The beach at <b>Kouchibouguac National Park</b> of Canada can reach temperatures up to 30 Celcius and New Brunswick has some of the warmest saltwater beaches north of Virginia - there are 40 of them.</p>
<b>Islands</b>	<p>The Fundy Isles:</p> <p><b>Grand Manan Island</b> is home to miles of seaside trails and unique geography. It is truly a birdwatcher's paradise, as John James Audubon attested.</p> <p><b>Campobello Island</b> is known for its breathtaking landscape and is home to the Roosevelt Campobello International Park – where the former summer home of the late President and Mrs. Roosevelt has been preserved. See whales in the distance from one of the many scenic lookout points.</p> <p><b>Deer Island</b>, the smallest of the Fundy Isles, is home to Old Sow Whirlpool, the largest tidal whirlpool in the Western Hemisphere.</p>
<b>Wildlife</b>	<p>In New Brunswick, you will see more whales more often than anywhere else in the world - The Bay of Fundy is rich with plankton, and therefore rich with whales. Some <b>15 types of whales</b> can be spotted in the bay, including finback, minke, humpback, the infrequent orca, and the endangered right whale. Whale-watching expeditions sail throughout the summer from Campobello Island, Deer Island, Grand Manan, St. Andrews, and St. George; the province's travel guide also lists many of the tours, which typically cost around \$40 to \$50 for 2 to 4 hours of whale-watching by boat, zodiac, catamaran, sailboat, 72 ft tallship. The season is mid July to Sept when the plankton blooms, but earlier too (June finbacks).</p> <p><b>Search for Whales by Zodiac</b> – Fundy Tide Runners Whale Watching and Nature Tours: A 7.5-m diesel-powered Zodiac speeds you out to the Bay of Fundy. Dressed warmly in Mustang survival suits you cruise through the West Isles archipelago to the rich whale feeding grounds where finback, minke and humpback whales surface nearby. Porpoises, seals and eagles are regularly encountered on this safe, stable, dry and exciting 2-hour marine adventure. \$55 per adult; \$40 per child. For more information: <a href="http://www.fundytiderunners.com">www.fundytiderunners.com</a></p> <p><b>Mary's Point</b> is one of the best places along the Bay of Fundy, and perhaps the world, for viewing shorebirds. Hundreds of thousands of semi-palmated sandpipers stop here each summer. At low tide they scurry about, consuming between 9,600-23,000 mud shrimp each tide</p>

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	<p>cycle. After leaving Fundy the sandpipers travel at an average of 60km per hour, and their non-stop flight takes approximately 40 to 60 hours. Mary's Point Bird Sanctuary is protected as a part of the Shepody National Wildlife Area. <a href="http://www.bayoffundy.com/albertcounty.aspx">www.bayoffundy.com/albertcounty.aspx</a></p> <p><b>Bird-Watching - Grand Manan</b> is among the province's most noted destinations for birders, located smack on the Atlantic flyway. (John James Audubon lodged here when studying local bird life more than 150 years ago.) Over the course of a year, as many as 275 species are observed on the island, with September typically the best month for sightings. It's not hard to swap information with other birders. On the ferry, look for excitable folks with binoculars and Tilley hats dashing from port to starboard and back, and talk to them. Boat tours from Grand Manan will bring you to <b>Machias Seal Island</b>, with its colonies of puffins, Arctic terns, and razorbills. This island also has the distinction of disputed sovereignty between Canada and the US. Dedicated to scientific investigation of marine life in the Bay of Fundy with emphasis on threatened and endangered marine mammals such as the Harbour Porpoise and Right Whale, the <b>Grand Manan Whale &amp; Seabird Research Station</b> also engages in education and conservation of the marine ecosystem in the Bay of Fundy. For more information: <a href="http://www.gmwrs.org/main.htm">http://www.gmwrs.org/main.htm</a></p> <p><b>New Aquarium: Fundy Discovery Centre</b> A major addition to The Huntsman Marine Science Centre in St. Andrews-by-the Sea is under construction and due to open in summer 2011. The new Fundy Discovery Aquarium will be an \$8-million facility that will integrate science, education and research activities for the public as well as students. It will feature an aquarium, unique displays and galleries, and a learning theatre where the mystery of the Bay of Fundy's towering tides and diverse wildlife is explained. The Huntsman has been an important marine biology education centre since 1969. For more information: <a href="http://www.huntsmanmarine.ca">http://www.huntsmanmarine.ca</a></p>
<b>Parks</b>	<p><b>There are two National Parks: Fundy and Kouchibouguac</b> The Fundy Coast between Saint John and Alma is for the most part wild, remote, and unpopulated. It's plumed by few roads other than the new Fundy Drive, making it difficult to explore unless you have a boat. The best access to the wild coast is through Fundy National Park, a gem of a destination that's hugely popular with travelers with an outdoor bent. Families often settle in here for a week or so, filling their days with activities in and around the park that include hiking, sea kayaking, biking, and splashing around a seaside pool.</p>

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	<p>Fundy National Park is featured in my Top 10 Canadian National Parks: <a href="http://www.chrisrobinsontravelshow.ca/Planning/ChrisTop10Lists/CanadianNationalParks.aspx">http://www.chrisrobinsontravelshow.ca/Planning/ChrisTop10Lists/CanadianNationalParks.aspx</a></p>
<b>Gardens</b>	<p><b>Kingsbrae Garden</b> in St. Andrews by the Sea is an 11-hectare public garden opened in 1998, using the former grounds of a long-gone estate. The designers incorporated the existing high hedges and trees, and have ambitiously planted open space around the mature plants. The grounds include almost 2,000 varieties of trees (including old-growth forest), shrubs, and plants. Among the notable features: a day lily collection, an extensive rose garden, a small maze, a fully functional Dutch windmill that circulates water through the two duck ponds, and a children's garden with an elaborate Victorian-mansion playhouse. <a href="http://www.kingsbraegarden.com">http://www.kingsbraegarden.com</a></p>
<b>Castles/Forts</b>	<p><b>Fort Beauséjour - Fort Cumberland National Historic Site of Canada:</b>          Built by the French in 1751, the fort was taken by the British in 1755 and renamed Fort Cumberland; The Fort repelled American and local-rebel attacks in 1776. Reinforced for the War of 1812, it was abandoned in 1835 and declared a National Historic Site in 1926.          Plan to spend an hour and ask the interpreters about the dike systems of the Tantramar salt marshes. Explore the stone ruins and grassy ramparts. Imagine life in the garrison by viewing interpretive exhibits, paintings and artifacts, and browse through the gift shop. Bring a picnic basket and enjoy dining alfresco at this site. Sunsets are especially beautiful.          You can also visit the <b>Martello Tower</b> in Saint John for a reminder of past national fears of invasion.</p>
<b>OTHER ACTIVITIES</b>	<p><b>EdVentures in Fredericton - Vacation Learning in Craft &amp; Culture</b>          edVenturesFredericton,NB Tel:1-888-850-1333 <a href="http://www.edventures.ca">www.edventures.ca</a></p> <p>Set in one of the country's most beautiful and creative communities, Fredericton's edVentures summer program is Atlantic Canada's largest and most diverse vacation learning program in craft and culture. The edVentures program is based in gentle downtown Fredericton, where you'll find the renowned New Brunswick College of Craft and Design (NBCCD) in the heart of the Historic Garrison District, a national historic site. In addition to the NBCCD, our partners include the Beaverbrook Art Gallery, the University of New Brunswick Arts Centre, Kings Landing Historical Settlement, the Fredericton Arts Alliance, the New Brunswick Crafts Council and the Charlotte Street Arts Centre (CSAC) in the St. Anne's Point Heritage Preservation Area.          The edVentures summer program features intensive, small-group</p>

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	workshops in five-day weekday, two-day and one-day weekend courses. <b>Workshops run seven weeks from July 4 to August 14, 2011.</b>
<b>Shopping</b>	New Brunswick has a strong corps of talented artisans whose products are of world-class quality and craftsmanship. You'll also find farmers' markets that are full of New Brunswick produce and lots of other interesting items. You'll want to take a unique "Made-in-New Brunswick" treasure home with you.
<b>Markets</b>	<b>Old City Market in Saint John</b> is a spacious, bustling, and bright marketplace is crammed with vendors hawking meat, fresh seafood, cheeses, flowers, baked goods, and bountiful fresh produce. You can even sample dulse, a snack of dried seaweed from the Bay of Fundy. The market was built in 1876, and it has been a centre of commerce for the city ever since. Note the construction of the roof - local lore says it resembles an inverted ship because it was made by boat builders who didn't know how to build anything else. And watch for the small, enduring traces of tradition: the handsome iron gates at either end have been in place since 1880, and the loud bell is rung daily by the Deputy Market Clerk, who signals the opening and closing of the market.
<b>Nightlife</b>	<b>Dolan's Pub</b> , 349 King St. Fredericton (tel. 506/454-7474), is your bet for live Maritime music, which is on tap every Thursday through Saturday. Also on tap is the city's largest selection of microbrews. Don't miss the barrel of free peanuts. If you're looking to catch a big-time recording act in Saint John, <b>Harbour Station</b> (tel. 506/632-6103) at 99 Station St. is the place to go; acts might range anywhere from Motley Crue to Willie Nelson.

<b>CUISINE</b>	<p><b>Dulse</b> is harvested by hand and sun-dried on rocks, and is the salty sea-snack 'du jour' (of the day) on Grand Manan Island in the Bay of Fundy. Legend has it that it calms the spirits of the seas and encourages harmony in the home. It has a well-earned reputation for infusing chowders, soups and bouillabaisse with the flavour of the sea. Maritimers often eat dulse as they would eat potato chips!  <a href="http://www.tourismnewbrunswick.ca/Home/Activities/DiningCuisine/LocalCuisine/Dulse.aspx">www.tourismnewbrunswick.ca/Home/Activities/DiningCuisine/LocalCuisine/Dulse.aspx</a></p> <p><b>Smoked salmon</b>, specially selected Atlantic salmon are taken directly from the frigid waters of the Bay of Fundy to the smoke houses of Oven Head Salmon Smokers and Wolfhead Smokers. The perfect smoking process uses a low salt brine and cold smoke from a combination of oak and hickory chips to produce a superior product. Additional products which have been produced are smoked salmon pate and smoked salmon jerky.</p>
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	<p><b>Wild blueberries</b>... some say it's the northern nights and sunny days or the soil or the rain but all agree it is simply nature's way of producing the best blueberries anywhere, right here in New Brunswick. Here in coastal fields and barrens, wild blueberries have grown naturally for thousands of years. They are one of only three berries native to North America. Blueberries can be served many ways, from pies to crumbles to savory sauces or stuffing for a turkey.</p>
<p><b>Food</b></p>	<p>Enjoy <b>coastal delicacies</b> like you've never tasted before... lobster, scallops, oysters, clams or Atlantic salmon with fiddleheads, a fiddle-shaped fern that flourishes along the river's edge during the spring freshet. And don't miss dulse - dried seaweed that makes a tasty salty treat that can also be used as a seasoning.</p> <p>New Brunswick's <b>Acadian cuisine</b> is another must: Poutine râpée, a mixture of grated raw and mashed potatoes wrapped around fresh pork. Try dulse (seaweed); lobster, salmon, fiddlehead (ostrich fern), scallops Fricot, chicken and potato stew.</p> <p>La râpure, a potato and salted pork dish.</p> <p>And for dessert...</p> <p>Poutine à trou, tasty apple pastries.</p> <p>Pets-de-sœur, a delicious cinnamon pastry dessert that translates literally as nuns' farts.</p> <p>Tarte au sucre – a Brayon sugar pie!</p>
<p><b>Drink</b></p>	<p><b>Moosehead beer</b>, Canada's oldest and last major independent brewery, dates back to 1867. Susannah Oland brewed a single vat of beer from family recipes in her backyard. The beer is sold in the US, the UK, Australia, Japan and Sweden. The plant in Saint John, New Brunswick is on the former premises of the old James Ready brewery. In the 1940s the Oland family changed the name to Moosehead.</p>
<p><b>Restaurants</b></p>	<p><b>The Windjammer</b>, Moncton: Tucked off the lobby of the Delta Beausejour Hotel is The Windjammer, an intimate dining room that serves the city's best meals. With its heavy wood and nautical theme, it resembles the private officer's mess of an exclusive ship. The menu is ambitious, and the dining room has garnered an excellent reputation for its seafood dishes, including an appetizer of scallops served with a truffle jus, and entree of pan-fried salmon marinated in molasses and ginger.</p> <p><b>Billy's Seafood Co</b>, Saint John: Billy Grant's restaurant off King's Square boasts a congenial staff, exceptionally fresh seafood (they sell to City Market customers by day), and better prices than the waterfront seafood restaurants. The chef at this classy-yet-casual eatery knows how to prepare fish without overcooking. Specialties include cedar-planked salmon, and Billy's bouillabaisse is also good.</p> <p><b>Cape Enrage's Cape House Restaurant</b>: With an all new menu featuring mainly local products and what is said to be the best view in</p>

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	<p>North America, local twists have been added to many family-favourite dishes, including lobster poutine and lobster mac &amp; cheese. Even dogs can enjoy a treat — lighthouse shaped cookies especially made for the furry pets. <a href="http://www.capeenrage.ca/index.php/site/restaurant">www.capeenrage.ca/index.php/site/restaurant</a></p> <p>Here's a fun idea: <b>Motion by the Ocean</b> – Opera Bistro, Saint John You don't have to buy four different meals to take this tour of stand-out entrees. Start with a scallop and mussel hors d'oeuvre at Billy's Seafood Company. Then, Opera Bistro is host for a seasonal seafood course. Move on to 'get lobstered' at Steamers Lobster Company. Let Hapinez Wine Bar deliver the sweet finale. Along the way, discover historic downtown Saint John as you walk the easy distances between each stop. For more information: Margaret Begner, tel 506-642-2822 and <a href="http://www.operabistro.com">www.operabistro.com</a></p> <p><b>Customized Chef's Cooking Classes at Hotel Paulin</b></p> <p>Here is your ultimate food challenge: harvest your own wild foods with a professional guide, then learn Executive Chef Karen Mersereau's secrets as she teaches you how to cook your catch, and shares her recipes for some of the region's best food as part of her famous Chef's tasting menu. Customized Chef's Cooking Classes for groups (8 to 12 persons) available during peak season from Aug. 16<sup>th</sup> to Sept. 15<sup>th</sup> 2011 Shoulder and Off Season from Sept. 16<sup>th</sup> to May 30<sup>th</sup> 2012.</p>
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<b>MORE INFO</b>	
<b>Brochures</b>	1 800 561-0123 for New Brunswick Tourism Travel Planner 1-800-567-6666 for Maxxim Vacations
<b>Websites</b>	<a href="http://www.TourismNewBrunswick.ca">www.TourismNewBrunswick.ca</a> <a href="http://www.votemyfundy.com">www.votemyfundy.com</a> to vote for the Bay of Fundy in the New7Wonders campaign

<b>PRIZING PARTNER – MAXXIM VACATIONS</b>	<p><b>Maxxim Vacations</b> are a well-respected Canadian tour operator who specialize in Canadian vacations of two types:</p> <p><b>Independent Vacations</b> Flexible self drive packages, city stays and more. They have developed a series of self drive packages; these packages include any or all of the following elements: airfare, accommodations, car rental (always with unlimited mileage), attractions and more. All elements are pre-booked based on what you want to see and do. Enjoy all the sights and sounds on your own terms and your own schedule.</p> <p><b>Escorted/Guided Vacations</b> Explore this category of vacations if you prefer the comfort and knowledge of a guide. Take a motorcoach tour through Newfoundland, the Maritimes, and Eastern or Western Canada and you will enjoy all</p>
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	<p>the sights while not worrying whether you'll get lost. For those who crave a little more activity and adventure, enjoy guided tours where you can hike or cycle across many of the scenic regions Canada has to offer. Finally, for a really unique experience, hop aboard one of their expedition cruises and discover another great point of view.</p> <p>Here's where you will find the information on their New Brunswick tours:  <a href="http://www.maxximvacations.com/VacationDestination.aspx?VacationDestinationID=3">http://www.maxximvacations.com/VacationDestination.aspx?VacationDestinationID=3</a></p> <p>Toll Free Number: 1-800-567-6666          Local Number: 709-754-6666          Fax Number: 709-754-8780          Email: request@maxximvacations.com          Website: <a href="http://www.maxximvacations.com">http://www.maxximvacations.com</a></p>
<b>WINNERS' LETTERS</b>	<p>A number of the Travel Show listeners have won trips to New Brunswick in the past – read their Winners' Letters at:  <a href="http://www.chrisrobinsontravelshow.ca/Win/WinnersStories.aspx#126">http://www.chrisrobinsontravelshow.ca/Win/WinnersStories.aspx#126</a>  <a href="http://www.chrisrobinsontravelshow.ca/Win/WinnersStories.aspx#110">http://www.chrisrobinsontravelshow.ca/Win/WinnersStories.aspx#110</a>  <a href="http://www.chrisrobinsontravelshow.ca/Win/WinnersStories.aspx#53">http://www.chrisrobinsontravelshow.ca/Win/WinnersStories.aspx#53</a></p>

<b>CURRENT DEALS</b>	<p>Both Air Canada and Westjet have some very low fares on their domestic routes currently.</p> <p>VIA Rail also has some great deals for the summer.</p>
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<b>PERSONAL EXPERIENCES</b>	<p>Moncton: Magnetic Hill, Crystal Palace, Tidal Bore, Delta Beausejour</p> <p>Le Pays de Sagouine: Albert Maillet, Acadian joie de vivre          Les Dunes de Bouctouche: Irving Eco-Centre, 2km boardwalk          Kouchibouguac National Park: Kelly's Beach, salt marsh boardwalk</p> <p>Miramichi: Rodd River Lodge, canoe 2hrs downstream at Upper Oxbow Outdoor Adventures</p> <p>Shippagen: Aquarium and Marine Centre, touch tanks, Acadian Historical Village at Caraquet</p> <p>Baie de Chaleur: beach at end of track, coal seams, dino footprints</p> <p>Campbellton: Howard Johnston, Sugarloaf Mountain, 25ft steel salmon</p> <p>Mount Carleton Prov Park: 2700 ft, highest point in the Maritimes, 10km hike, Tim youngest at 5yrs</p>
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Grand Falls Gorge, Hartland Covered Bridge (1282ft), Saint John River Valley

Kings Landing: 19th century Loyalist settlement 35km from Fredericton

Fredericton: King, Queen Streets, Calithumpian Ghost Walk, historic Garrison District

St Stephen: St Croix River, Ganong Chocolate Museum

St Andrews: Passamaquoddy Bay, Fundy Tide Runners- whale watching by zodiac, finback mother and calf; Adventure Centre- sea kayak trip; Atlantic Salmon Museum- stream and tanks; Fairmont Algonquin Hotel; Lighthouse Restaurant, Minister's Island

New River Beach Provincial Park – cold water swimming

Saint John: NB Museum, Old City Market, Reversing Falls, Delta Brunswick Hotel

St Martin's: Fundy Parkway, Big Salmon River, Cave View Restaurant, sea caves

Hopewell Rocks: Interpretive Centre, ocean floor, sea kayak flowerpots, 35-48 ft tides

Parlee Beach: Shediac and the biggest lobster

Also: Confederation Bridge, Cape Jourimain Nature Centre; Fundy National Park; Fundy Air Tours; Caving in gypsum caves at Hillsborough: White Caves; Sackville Waterfowl Park; Inns: Florentine Manor; Marshlands Inn; Quaco Inn; Little Shemague Inn.

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