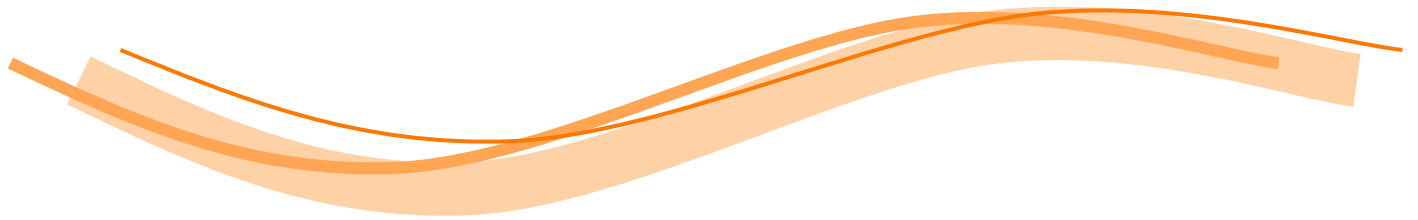




MAINE





<p>MAINE</p>	<p>Explore a Two Nation Vacation and great road trips through The Province of New Brunswick and the State of Maine. Explore the east coast, where neighboring nations are connected through their heritage, culture, and natural wonders.</p> <p>New Brunswick and Maine share not only a common border, but also rugged coastlines and natural wonders, as well as roots in French, British, Native, and American traditions. Blessed with cultural riches, the region offers a rare and special exploration of the past and present.</p> <p>Your road trip can visit the awe inspiring wonders of the Bay of Fundy with the highest tides in the world. And Campobello, the summer estate of Franklin D. Roosevelt. There's outdoor adventure such as sea kayaking or hiking in the National and State Parks. Plus the legendary maritime hospitality, artists and craftspeople, fabulous seafood and delicious local cuisine that includes organic produce and locally made cheeses and wine.</p> <p>For more information on Maine: Tel: 1-888-624-6345 Website: www.visitmaine.com For New Brunswick, see the separate Destination pages on this site.</p>
<p>Location</p>	<p>The State of Maine is a state in the New England region of the northeastern United States of America, bordering the Atlantic Ocean to the southeast, New Hampshire to the southwest, the Canadian provinces of Quebec to the northwest and New Brunswick to the northeast. Maine is the northernmost portion of New England and is the easternmost state in the contiguous United States.</p>
<p>Geography</p>	<p>Maine has three broad regions:</p> <p>Western Maine - This oft-overlooked region - centered on Bethel but taking in a wide swath of territory north and south of that village - is as different from nearby North Conway as could be. It's home to brawny hills, wide fast rivers, unbelievably scenic lakes, great foliage, and endless opportunities for quiet hiking and skiing. You might even see a moose.</p> <p>Coastal Maine - Maine's rocky coast is the stuff of legend, art, and poetry. The southern coast has the best beaches; to the north, the Downeast region offers rocky headlands and Acadia National Park. And the lobsters are everywhere.</p> <p>Maine's North Woods - The mostly uninhabited North Woods are almost entirely owned by timber companies, but there are still some</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	spectacular places here. Two of Maine's hidden jewels are well worth a visit: big, wild Baxter State Park, home to the state's largest peak (impressive Mount Katahdin); and giant Moosehead Lake, the province of fishing camps and luxury inns. Numerous smaller lakes and ponds, accessible only by seaplane, shine like coins in the woods, and the Allagash River is a once-in-a-lifetime paddling adventure
Name	Most people believe Maine's name evolved because of Maine's many islands: early sailors, fishermen, and explorers may have spoken of "the main" or the "main land." This became "Maine."
Population	1.2 million people
Language	English
Currency	US Dollar. Currently (2 May 2009) \$1 CDN = 84 Cents US
Tipping	In hotels, tip bellhops at least \$1 per bag (\$2-\$3 if you have a lot of luggage) and tip the chamber staff \$1 to \$2 per day. Tip the doorman or concierge only if he or she has provided you with some specific service (for example, calling a cab for you or obtaining difficult-to-get theater tickets). Tip the valet-parking attendant \$1 every time you get your car.
Government	The Maine Constitution structures Maine's state government, composed of three co-equal branches - the executive, legislative, and judicial branches
Documentation	Canadians need a Passport to enter Maine from Canada, both by air, and from 1 st June 2009 also by land and sea.
Time zone	Maine sits in the Eastern time zone (the same as Toronto and Montreal).
Health	All large and small cities in northern New England maintain good hospital facilities, and some smaller towns have them, too. The quality of service is very good here. If health is a serious issue for you, check ahead with your accommodations (or consult the phone book when you arrive) about the nearest emergency-room service or 24-hour clinic. The largest hospital in Maine is the Maine Medical Center (tel. 207/662-0111; www.mmc.org), a professional facility located on a hilltop in a residential neighborhood of Portland at 22 Bramhall St. There's also Mercy Hospital (tel. 207/879-3000; www.mercyhospital.org), a Catholic-owned hospital nearby at 144 State St. in Portland. Both are excellent. Smaller admitting hospitals are located in smaller communities such as York, Biddeford, Brunswick, Damariscotta, Ellsworth, and Bar Harbor. North of Camden, however, they thin out.
Safety tips	Moose X-ing Ahead: Driving across Maine, you'll often see MOOSE CROSSING signs, complete with silhouettes of the shaggy, gangly herbivores. These are not here to amuse the tourists. In Maine, collisions between moose and cars are increasingly common; there have been more than 30,000 documented.
State Symbols	State Capital: Augusta State Cat: Maine Coon Cat

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	State Nickname: Pine Tree State State Fish: Landlocked Salmon State Motto: Dirigo ("I lead") State Insect: Honeybee State Bird: Chickadee State Tree: White Pine State Floral Emblem: White pine cone and tassel State Animal: Moose State Gemstone: Tourmaline
--	---

CLIMATE	
General climate	Maine is recognized as one of the most healthful states in the nation with summer temperatures averaging 20° C and winter temperatures averaging -8° C.
Today's weather	Portland is 17 Centigrade and sunny (2 May 2009)
Best time to visit	From the first hint of spring through the lazy days of summer, Maine is an outdoor wonderland. You can explore the coast, mountains, woods, rivers and lakes by kayak, bike or seaplane. Enjoy a culinary experience, bird watching excursion, family outing or historic walking tour. Spring in Maine is everything you'd expect and so much more.

GETTING THERE	
Flying time	Around two hours from Montreal and Toronto
Cities	Maine has 16 counties with 22 cities, 435 towns, 33 plantations, 424 unorganized townships. The largest municipality by population, is the city of Portland (pop. 64,249).
Distances	Width is 338 km and length is 515 km
Ferries	The Cat: 877-359-3760, info@catferry.com . State of the art catamaran provides high-speed ferry service between Maine and Nova Scotia. Automobile and passenger service between Portland, Maine and Yarmouth, Nova Scotia, and Bar Harbor Maine and Yarmouth, Nova Scotia.
Trains	Amtrak (tel. 800/872-7245; www.amtrak.com) provides limited rail travel as far as Portland
Car Rental	All the major car rental firms are here in Maine and self-driving is a great way to see all the sights in this state
Buses	Express bus service into the region is quite good (from anywhere farther away than Boston, you'll almost certainly use Greyhound (tel. 800/231-2222; www.greyhound.com), but beware of trying to travel within the region by bus. Quirky schedules and routes may send you well out of your way, and what may seem a simple trip can take hours. For quick information on travel schedules and fares within northern New England, call the two major players: Vermont Transit Lines tel. 800/552-8737; www.vermonttransit.com Concord Coach (tel.

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	800/639-3317; www.concordcoachlines.com) for service in New Hampshire and Maine.
--	--

ACCOMMODATION TYPES	<p>The nice thing about Maine accommodations is that they are as varied as the Maine landscape. Consider a bed and breakfast atop a bluff overlooking one of Maine's many quiet coves, or an inn nestled among our rolling hills and scenic mountains. The family will love Maine's wonderful selection of family-friendly motels, cottages and camps just steps away from sandy beaches in the summer and miles of snowmobile trails in the winter. Full service hotels and resorts serve up extensive amenities and make for a well appointed home base as you embark upon your next Maine adventure. If camping is your thing, you'll find campgrounds along the water or in the woods. So whether you're parking your RV or pitching your tent, you're sure to find a Maine campground to meet your needs. Generations of travelers have been attracted to Maine's traditional sporting camps. Come experience the Maine wilderness while you enjoy the comforts of their cabins and delicious home-cooked meals in their lodges. Start your search here for accommodations that will help make your Maine vacation memorable: http://www.visitmaine.com/accommodations</p>
----------------------------	--

TARGET GROUPS	
Kids	Monhegan Island: Kids from 8 to 12 years old especially enjoy overnight excursions to Monhegan Island. The mail boat from Port Clyde is rustic and intriguing, the hotels are an adventure, and the 700-acre island is perfect for kids to explore.
Teens	Families have little trouble finding fun, low-key things to do with kids in northern New England. The natural world seems to hold tremendous wonder for the younger set - an afternoon exploring mossy banks and rocky streambeds can be a huge adventure. Older kids may like the challenge of climbing a mountain peak or learning to paddle a canoe in a straight line, and the beach is always good for hours of afternoon diversion.
Romance	There are some idyllic and very romantic inns to get away from it all with your loved one. You can still find beaches all to yourselves and watch the sun rise over the ocean...
Seniors	Northern New England is well suited to older travelers, with a wide array of activities for seniors and very low crime rates. Mention the fact that you're a senior whenever you make your travel reservations. Throughout the region, travelers over the age of 60 qualify for reduced or free admission to theaters, museums, ski resorts, and other attractions, as well as discounted fares on public transportation.

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



UNIQUES	Maine is the only U.S. state to have a name one syllable long; all other 49 states have at least two syllables. It also is the only state within the 48 contiguous states to border only one other state.
Surprising	Maine is the most sparsely populated state east of the Mississippi Maine has 62 lighthouses, of which more than 50 are still in use.
History	The original inhabitants of the territory that is now Maine were Algonquian-speaking peoples. The first European settlement in Maine was in 1604 by a French party. The first English settlement in Maine, the short-lived Popham Colony, was established by the Plymouth Company in 1607. A number of English settlements were established along the coast of Maine in the 1620s, although the rugged climate, deprivations, and Indian attacks wiped out many of them over the years. As Maine entered the 18th century, only a half dozen settlements still survived. American and British forces contended for Maine's territory during the American Revolution and the War of 1812. Maine was an exclave of Massachusetts until 1820, when as a result of the growing population, it became the 23rd state on March 15 under the Missouri Compromise.
Books	Frommer's Vermont, New Hampshire & Maine, 6th Edition
1000 Places to see before you die	Maine has many entries; here are some chosen highlights: Acadia National Park – the only National Park in New England Blue Hill – Charm and culture Sugarloaf – skiing and golfing in the woods of Maine The Lighthouse Trail – More than 60 dot the coastline The Kennebunks – Seaside Maine at its best Monhegan Island – 10 miles out to sea Mount Katahdin – 5267 feet high, the state's highest mountain Moosehead Lake – Gateway to the North Woods Maine Lobster Festival
Must Sees	The wonderful idea of the " Two Nation Vacation " - a touring holiday in both Maine and New Brunswick. See www.visitmaine.com or www.TourismNewBrunswick.ca for a brochure with itinerary ideas.

SPORTS ACTIVITIES	
Golf	Throughout the state you'll find golf courses with sweeping mountain vistas, spectacular ocean views and peaceful lakeside scenery. In the fall, the lush green trees that lined the fairways in the summer turn bright yellow, red and orange. You may find that you'll spend as much time taking in the scenic vistas as you do concentrating on your game. A Robert Trent Jones course located in the Western Lakes and Mountains region is as breathtaking as it is challenging. And the oceanside course at one of Maine's coastal resorts is known as the Pebble Beach of the East. Over 120 golf courses dot the Maine landscape.

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



<p>Fishing</p>	<p>Maine offers a world of difference: more wild brook trout waters than all the other states in the eastern range of the Appalachians combined; the last truly wild open spaces left in the East; the only state outside Alaska with landlocked Arctic Charr; and thousands of miles of rugged coastline. From its one thousand wild brook trout ponds managed for wild sustaining populations, its astounding catch rates of good-sized small mouth bass in that underutilized fishery, to fabled landlocked salmon water, a hot striped bass fishery, blue fin tuna, and shark, fishing in Maine is a way of life and an obsession common to thousands who travel to experience the hospitality of Maine outdoors.</p>
<p>Horse riding</p>	<p>There are many stables and horse riding establishments in the state. Here's just one example: Ledgewood Riding Stable, Wiscasset: enjoy trail riding in the woods</p>
<p>Hiking</p>	<p>Whether conquering Katahdin, backpacking through the woods or just strolling along, Maine offers a spectacular variety of hiking opportunities throughout the state. Seasoned hikers seek out tougher hiking trails that may include overnight camping along the way, while light hikers can find simple hiking trails or walking trails to just idle away a few hours. The state's vast network of state parks and public lands provide many hiking trails that are managed by the Maine Bureau of Parks and Lands. Go to the State Park search page for plenty of information, including hiking maps for state parks.</p> <p>Located on Mt. Desert Island, Acadia National Park encompasses over 47,000 acres of granite-domed mountains, woodlands, lakes and ponds, and ocean shoreline. Acadia offers 120 miles of hiking trails ranging in difficulty from easy to strenuous. Terrain varies from rugged shoreline and deep woods, to open mountain summits with views of the ocean and outer islands. Hike to the top of Cadillac Mountain to enjoy a spectacular sunrise over Frenchman's Bay (the first place in the United States to see the sunrise) or explore some of the quieter, more secluded mountain paths.</p> <p>The Maine chapter of The Nature Conservancy oversees jurisdiction of dozens of spectacular hiking sites, part of its role in protecting more than 870,000 acres throughout the state.</p> <p>The Maine Audubon Society is known for its schedule of moderately priced, spectacular Maine field trips.</p> <p>The Appalachian Trail winds 276 miles through Maine, and offers 40 campsites along the way, each about a day's hike apart. The Maine Appalachian Trail Club, produces the essential Guide to the Appalachian Trail in Maine, which includes seven trail maps.</p>
<p>Cycling</p>	<p>Bicycling opportunities abound in Maine from mountain biking down a ski trail, to leisurely pedaling along a country lane. Take a week-long guided bicycle tour of rural Maine or rent a bike and explore Acadia</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>National Park with its 57 miles of carriage trails and the less-traveled roads of the Schoodic Peninsula. Pedal along the rocky coastline and enjoy a picnic lunch in the shadow of an historic lighthouse. Get off the beaten path on a secluded logging trail or a quiet coastal village lane. Board a ferry and spend the day riding around one of Maine's many islands in Casco or Penobscot Bays. Bicycle rentals are available throughout the state by the hour or by the day</p>
Canoeing	<p>The canoe is the perfect craft for exploring Maine. Canoeists can paddle lakes, ponds, and bogs throughout the state, or venture into the protected bays, marshes, and estuaries along the coast. Forests, mountains and lowlands are laced with a vast network of watersheds, offering paddlers a wide range of choices, from gentle current to raging whitewater. Canoe trippers can spend several days paddling and camping on the Allagash, Penobscot, St. John, Moose, St. Croix and Machias rivers without encountering towns and public roads. All these routes travel through pristine woodland rich in wildlife and history, with beautiful primitive campsites along the way. Canoe outfitting, rentals, shuttle services, instruction, and guided trips are available throughout the state. Whatever your interest or ability, you will find a paddler's paradise in Maine.</p>

CULTURE	
Arts	<p>The splendor of Maine has inspired generations of artists since the time when Frederic Edwin Church, Fitz Hugh Lane, Thomas Cole and others first came here in the mid-nineteenth century. Over the years, Maine has become a haven for such renowned artists as Winslow Homer, Edward Hopper, George Bellows, Marguerite Zorach, Berenice Abbott, Georgia O'Keeffe, and three generations of the Wyeth family.</p> <p>The Maine Art Museum Trail includes Maine's seven leading art museums: the Bates College Museum of Art (Lewiston), the Bowdoin College Museum of Art (Brunswick), the Colby College Museum of Art (Waterville), the Farnsworth Art Museum (Rockland), the Ogunquit Museum of American Art (Ogunquit), the Portland Museum of Art (Portland), and the University of Maine Museum of Art (Bangor).</p>
Music	<p>Maine State Music Theatre, Brunswick MSMT has been bringing professional musical theatre to Maine since 1959. The Theatre currently offers new works and rediscovered musical plays in addition to the repertoire of familiar classics each summer.</p> <p>The Portland Chamber Music Festival celebrates its fourteenth season August 16 - 25 with performers from such ensembles as the New York Philharmonic and the Chicago and St.Louis Symphonies. PCMF debuts this summer at its new home at the beautiful Abromson</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	Community Education Center on the Portland Campus of the University of Southern Maine.
Films	<p>A number of major films have been set and filmed in the state:</p> <ul style="list-style-type: none"> - The Man Without a Face, a 1993 film starring Mel Gibson, was shot throughout mid-coast Maine. - The Shawshank Redemption, an award-winning 1993 movie, was set in Maine. - Storm of the Century, a miniseries based on the Stephen King novel, takes place in Maine, along with many other adaptations of his books. - Welcome to Mooseport was a 2004 movie set in the fictional city of Mooseport, Maine. - The Mist, a Stephen King movie, is set in Maine. - Peyton Place, filmed in 1957, was set in New Hampshire but filmed in Camden region of Maine. - On Golden Pond was set at Great Pond, Maine, but filmed at Squam Pond, New Hampshire.
Museums	<p>The Maine State Museum, Augusta Shaped by the forces of geology, and smoothed by ice age glaciers, Maine's natural environment is beautiful and complex. As the point of contact between New England, Maritime Canada and the sea, Maine has been the scene of human occupation, struggle, and enterprise for some 11,000 years. This human history extends from the first Paleo Indian hunters following the woolly mammoths, to vacationers today seeking fun and adventure. The Maine State Museum provides an excellent overview for first time visitors and a place for life-long residents to refresh their memories. http://www.state.me.us/museum</p> <p>The Abbe Museum 26 Mount Desert St. Bar Harbor (tel. 207/288-3519; www.abbemuseum.org), opened in 2001 as an in-town extension of the smaller, simpler museum at the Sieur de Monts spring in the national park showcasing a top-rate collection of Native American artifacts. A 17,000-square-foot gallery, this downtown branch has an orientation center and a glass-walled lab where visitors can see archaeologists at work preserving recently recovered artifacts, along with changing exhibits and videos that focus largely on tribes from Maine and other parts of New England. From late May through October</p>
Festivals	<p>Maine Lobster Festival 29 Jul - 2 Aug 2009 Harbor Park, Rockland The Maine Lobster Festival at the picturesque Harbor Park in Rockland has all the makings of a great party, especially for seafood lovers</p> <p>Maine Boats and Harbors Show Aug 2009 Harbor Park, Rockland</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>The Maine Boats and Harbors Show at Harbor Park in Rockland presents the work of the region's best boatbuilders and promotes life on the Maine coast.</p> <p>The Great Falls Balloon Festival Aug 2009 Lewiston The Great Falls Balloon Festival, going strong since 1993, takes to the skies above Lewiston. One of the largest such festivals in New England it attracts 100,000 visitors over the weekend</p>
--	---

ATTRACTIONS	
Beaches	<p>Maine beaches come in many sizes and shapes. White sand ocean beaches cover much of the southern Maine coast and dot the rest of the 5,500 miles of Maine coastline. By day, beaches are teeming with people building sandcastles, body surfing, searching for seashells and just soaking in the sun. In the evening, the low rumble of the surf crashing upon the shore offers a soothing backdrop for a romantic stroll.</p> <p>However, saltwater beaches only present half of the beach-going opportunities in Maine. With 6,000 lakes and ponds, fresh water beaches abound. Maine's municipalities and state parks boast a variety of beaches where families can refresh themselves in crystal clear lakes surrounded by lush green forests. Many of the state parks provide additional amenities such as grills, picnic tables, playgrounds, restrooms, snack bars, campsites and nature trails, making them the perfect place to spend one or more days.</p>
Wildlife	<p>The Maine Wildlife Park in Gray is a great place to view and learn more about wildlife. The 200-acre park has moose, black bear, lynx, mountain lions, wild turkeys, bald eagles, owls, a show fish pool and more on display.</p> <p>Rachel Carson National Wildlife Refuge The 5000-acre refuge protects coastal wetlands from Cape Elizabeth to Kittery. Over 350 species of birds, mammals, reptiles, and amphibians have been observed on the refuge. Interpreted trail at HQ. Information is available in the office from 8:00 a.m. until 4:30 p.m. Monday through Friday; limited hours on weekends in the summer. http://rachelcarson.fws.gov</p>
Parks	<p>Acadia National Park It's not hard to understand why Acadia is one of the crown jewels of the U.S. national park system. (It draws the second-most visitors annually of any national park.) The landscape here is a rich tapestry of rugged cliffs, pounding ocean surf, fishing and leisure boats lolling in harbors, and quiet forest paths.</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>Acadia's terrain, like so much of the rest of northern New England, was shaped by the cutting action of the last great glaciers moving into and then out of the region about 18,000 years ago. A mile-high ice sheet rumbled slowly over the land, scouring valleys into deep U shapes, rounding many once-jagged peaks, and depositing boulders at odd places in the landscape - including the famous 10-foot-tall Bubble Rock, which appears perched precariously on the side of South Bubble Mountain.</p>
Gardens	<p>Coastal Maine Botanical Gardens, Boothbay, is Maine's first and only botanical garden, and at 248 acres, it's also New England's largest. Occupying a stunning landscape with nearly a mile of waterfront, the property features exceptional ornamental gardens, impressive stonework and waterfalls, shorefront and woodland trails, native plants and wildflowers, and massive fern-covered ledges in quintessential Maine forest. Coastal Maine Botanical Gardens opened officially in 2007, after 16 years of planning, building, and planting. In 2008, we welcomed more than 60,000 visitors, who delighted in plantings in our rose, kitchen, meditation, rhododendron, pond, hillside, and woodland gardens. The new Lerner Garden of the Five Senses - a world-class sensory</p>
Castles/Forts	<p>Fort O'Brien (Fort Machias) was built in 1775 and destroyed by the British in the same year. This state historic site is one of few Maine forts active during three wars - the American Revolution, War of 1812 and Civil War.</p> <p>Fort Popham, Phippsburg, is a semi-circular granite fort built in 1861 for use during the Civil War. Modifications were made and the fort used again in the Spanish American War and World War 1. Open Memorial Day to Sept. 30</p>

OTHER ACTIVITIES	
Shopping	<p>Freeport: L.L.Bean is the anchor store for this thriving town of outlets, but you'll also find Patagonia, J. Crew, Dansk, Brooks Brothers, Levi's, and about 100 others. This is the most aesthetically pleasing of the several outlet centers in northern New England</p>
Markets	<p>Maine farmers markets offer high quality delicious foods and agricultural products, harvested fresh and sold direct to you by the farmers, your neighbors. Markets are located throughout the State, and each offers a unique blend of personalities and products. Visit more than one to enjoy all the flavors of Maine plan via their website at www.getrealmaine.com</p>
Nightlife	<p>The Great Lost Bear (540 Forest Ave., Portland; tel. 207/772-0300) has the best brew selection in all of northern New England, 50 to 60 on offer at any given moment, including most of the numerous local brews crafted in Maine. Some of the choicest ales are even dispensed from one of three cask-conditioned hand pumps. As if that weren't enough,</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	every Thursday the bartender showcases a particular brewer or style - a good way to get educated about the nuances of good beer.
Casinos	Hollywood Slots at Bangor, Bangor's first and only casino has 475 sensational slot machines including video poker and video Blackjack

CUISINE	
Food	<p>Visitors should be warned that a Maine meal, wherever and however you have it, may be habit-forming. Maine chefs are hot—not just popular but drawing heavy-duty national acclaim. The state's seafood is sought by fish and lobster lovers around the globe. Its farmers markets are booming, with more markets, more farmers per market and a wider range of produce than ever before. All sorts of specialty foods, microbrews, and beverages, often made by small businesses or even in home kitchens, are winning national and regional awards. And foragers are finding an array of wild edibles that offer new taste sensations to adventurous eaters.</p> <p>There is no question that lobsters highlight the menus in many Maine restaurants and these tasty crustaceans are a delicacy that should not be missed, but Maine offers fine dining options throughout the state. Seafood restaurants dot the coastline and provide food so fresh, it probably came from the ocean just a few hours earlier. Fine dining restaurants, country inns and resorts serve up elegant culinary delights for the sophisticated palate, while small town restaurants and sporting camps pile your plate high with delicious home-cooked meals.</p>
Wine	<p>Bartlett Maine Estate Winery A detour off the fabled road to Acadia National Park and Bar Harbor takes you to another world - one more reminiscent of Napa Valley than Maine. Their distinctive granite sculpture marks the turn-off to Bartlett Maine Estate Winery - home to the best, most sophisticated fruit wines in the country for more than twenty years. In addition to viewing the facility and enjoying a sample you're also able to choose your favorite Bartlett wines and other wine related gift items www.bartlettwinery.com</p>
Restaurants	<p>Maggie's Restaurant, Bar Harbour The slogan for Maggie's is "Notably fresh seafood," and the place invariably delivers on that understated promise. (Only locally caught fish is used.) It's a casually elegant spot, good for a romantic evening while you enjoy the soothing music, attentive service, and excellent seafood. Appetizers could include grilled cherrystone clams in white-wine sauce or lobster stew; main courses might be bronzed cod with a lime-tartar sauce, lobster crepes, Gulf shrimp with feta and olives over rice, pan-seared scallops, or salmon seared in Indian spices and served with cucumber-mint salsa. They also do nice steaks and chicken, but that's not why you dine here. Desserts are homemade and it's worth leaving room for them: blueberry pie, lemon curd, and dark chocolate pudding</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>cakes, and a delicious menu of sundaes - the island's best.</p> <p>Arrows (Ogunquit; tel. 207/361-1100): The emphasis at this elegant spot is local products -- often many ingredients from nearby organic vegetable gardens. Prices are not for the fainthearted (it's expensive by New York City standards), but the experience is top-rate, from the cordial service to the silver and linens. Expect New American fare informed by an Asian sensibility.</p> <p>White Barn Inn (Kennebunkport; tel. 207/967-2321): The setting in an ancient, rustic barn is magical. The tables are draped with floor-length tablecloths, and the chairs have Italian upholstery. The food is to die for. Enjoy entrees such as grilled duckling breast with ginger and sun-dried cherry sauce, or rack of lamb with pecans and homemade barbecue sauce.</p> <p>Fore Street (Portland; tel. 207/775-2717): Fore Street is one of New England's most celebrated restaurants - listed as one of Gourmet magazine's 100 best restaurants in 2001 - and the chef has been getting lots of press elsewhere. His secret? Simplicity, and lots of it. Some of the most memorable meals are prepared over an applewood grill.</p>
--	---

MORE INFO	
Brochures	Maine Office of Tourism , #59 State House Station, Augusta, ME 04333 (tel. 888/624-6345 or 207/287-5711)
Website	www.visitmaine.com

HOTEL PRIZE PARTNER	<p>Bar Harbor Hotel~Bluenose Inn VisitUs@BarHarborHotel.com 90 Eden Street Bar Harbor Maine 04609 Tel 800.445.4077 or 207.288.3348 Fax 207.288.2183</p>
Location	<p>With sweeping views of Frenchman Bay, the AAA 4-diamond Bluenose Inn is the perfect hotel accommodation choice for a memorable vacation on Maine's famed Mount Desert Island, home of Acadia National Park. Here, atop a granite terraced hillside, you will quickly discover the allure of Maine's rockbound coast. The ideal location of the hotel places you just minutes away from the host of attractions that continue to make this corner of Maine one of the USA's most popular retreats.</p>
Facilities	<p>The grounds feature an outdoor heated pool, garden paths and panoramic views of Frenchman Bay. With its classic columns, arched windows, and elegant decor, you won't find a more beautiful indoor, heated pool in all of New England. To really</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



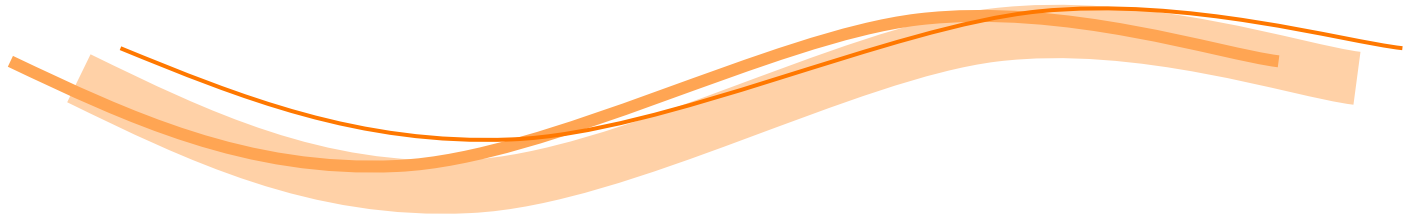
	relax, enjoy the oversized Jacuzzi and steam room, or schedule a massage with a certified massage therapist.
Accommodation	Accommodation in today's luxury resort is defined by two elegant guest buildings: the luxurious 52-room Mizzentop which also houses our registration office, the inviting Great Room and Bar, Raspbeary's Gift Shop and our Vista Room meeting facility; and Stenna Nordica, featuring 45 tastefully decorated hotel rooms and a glass front elevator. A third building houses our indoor heated pool, jacuzzi, fitness center, and new Eden Spa (opening in Spring 2009)
Restaurants	Looking Glass Restaurant Executive Chef Montes' experience is extensive and his cuisine exceptional beginning 29 years ago in some of the finest restaurants in greater Chicago. Before moving to Maine in 1993, he excelled through the culinary ranks culminating with the executive chef position at prestigious Blushes Restaurant in Northfield, Illinois. In Maine, he expanded his culinary repertoire, and with his wife, established the only catering service in the state specializing in authentic international and fine cuisine.

PERSONAL EXPERIENCES	Northern Maine Coastline Calais
-----------------------------	--

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



NEW BRUNSWICK



Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



<p>NEW BRUNSWICK</p>	<p>New Brunswick. It's only 90 minutes away from Ontario and Quebec and it's a place of Natural Wonder, with ancient mountains, legendary rivers and endless beaches. Be forever changed in New Brunswick - it's Maritime Magnifique!</p> <p>You can leave your footprints on the ocean floor at the Bay of Fundy. It is home of the World's Highest Tides where 100 billion tons of water move for you. Then six hours later, kayak above the very same spot.</p> <p>New Brunswick's Acadian Historical Village is on The Bay of Chaleur - one of the world's most beautiful bays. It celebrates the joie de vivre of the Acadian heritage, set against dramatic east coast scenery! The villages offer unique charm, entertainment and events. And be sure and sample some Acadian dishes as well as the seafood!</p> <p>Discover vibrant cities, festivals and fabulous cuisine. Whale watch from a sailing vessel, experience rivers that stretch from breathtaking to beautiful, and enjoy the warm hospitality of the people in the cultural collage that is New Brunswick... Visit www.tourismnewbrunswick.ca to start planning your vacation.</p>
<p>Location</p>	<p>New Brunswick is one of Canada's three Maritime provinces, and the only constitutionally bilingual province (French and English) in the country.</p>
<p>Geography</p>	<p>New Brunswick is bounded on the north by Quebec's Gaspé Peninsula and Chaleur Bay. Along the east coast, the Gulf of Saint Lawrence and Northumberland Strait are found. In the south-east corner of the province, the narrow Isthmus of Chignecto connects New Brunswick to the Nova Scotia peninsula. The south of the province is bounded by the Bay of Fundy. On the west, the province borders the American state of Maine.</p> <p>The climate tends to be more continental than maritime. The settlement patterns and the economy of New Brunswick are also more based on its river systems than on its seacoasts.</p> <p>The major river systems in the province include the St. John River, Petitcodiac River, Miramichi River, St. Croix River, Kennebecasis River and the Restigouche River. New Brunswick lies entirely within the Appalachian Mountain range. The eastern and central part of the province consists of the New Brunswick Lowland. The Caledonia Highlands and St. Croix Highlands extend along the Bay of Fundy coast, reaching elevations of 300 metres. The northwestern part of the province is comprised of the remote and more rugged Miramichi Highlands, as well as the Chaleur Uplands and the Notre Dame Mountains with a maximum elevation at Mount Carleton of 820 metres.</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	The total land and water area is 72, 908 kms ² , 80% of which is forested.
Name	The province's name comes from the archaic English name of Braunschweig, a city in northern Germany.
Population	The province's population is approximately 748,000
Language	The majority is English-speaking, but a large minority (35%, chiefly of Acadian origin) is French-speaking.
Currency	Canadian Dollars
Government	On September 18, 2006, the Liberals won a majority with 29 out of 55 seats, making Shawn Graham the current Premier of New Brunswick.
Time zone	New Brunswick is located in the Atlantic Standard Time zone, which is one hour later than the Eastern Standard Time.
Health	Remember out of province travel insurance
Safety tips	Don't get too carried away with all the soft adventure options available in New Brunswick!

CLIMATE	
General climate	<p>Summer: Typical lightweight clothing such as bathing suit, shorts, sandals... you'll want to enjoy warm weather! New Brunswick boasts the hottest summers in the country with an average daytime temperature of 23.3° C.</p> <p>Fall: Light jacket or outdoor sweater, slacks... and walking shoes to enjoy a stroll amid the dramatic fall colours.</p> <p>Winter: Heavy coat, scarf, mittens, toque, boots... be prepared for lots of snow.</p> <p>Spring: Light jacket or outdoor sweater, slacks... and boots for fiddle heading.</p>
Today's weather	This weekend's weather (2/3 May 2009) is up to 17 Centigrade and sunny with showers
Best time to visit	Vacationing is truly a FOUR SEASON experience in New Brunswick as every day in the calendar offers another unique travelling escapade. The SUMMER is the warmest in Canada, where long days present endless choices - take a luxurious swim in the warmest salt water north of Virginia, wait for the tides and walk along the ocean floor or join in the noisy parade of a Tintamarre. AUTUMN is certain to delight with forests bursting into colour, local farmers markets abounding with delicious offerings and some of the best whale-watching of the year. WINTER is the season of invigorating outdoor pursuits in exhilarating snowy backdrops. The provincial and national parks are the perfect place to begin, or stay in town and warm up for the skating parties and foot-stomping fiddle music at the winter festivals. SPRING blossoms into award-winning gardens and satisfies every sweet craving at the old-fashion sugar camps.

GETTING THERE	
----------------------	--

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



Flying time	From Montreal: 90 minutes; from Toronto: 105 minutes
Cities	<p>Metropolitan Moncton (Moncton, Riverview, Dieppe) with a population of 126,424 (Canada 2006 census) is the largest urban centre in the province.</p> <p>Metropolitan Saint John (Saint John, Quispamsis, Rothesay) is a close second at 122,389.</p> <p>Greater Fredericton, the capital, has a population of 85,000.</p> <p>2009 Cultural Capitals of Canada The City of Fredericton and the Town of Caraquet have been designated one of the 2009 Cultural Capitals of Canada by the Department of Canadian Heritage. Fredericton's project will focus on youth, First Nations and Francophones and will have a program containing more than 16 activities. 'Caraquet, 2009 City of Light', while promoting its Acadian heritage, will support various forms of art, including poetry, performing and visual arts, film, and theatre. This is the second time that Caraquet has been designated a Cultural Capital; the first was in 2003.</p>
Distances	<p>Montreal to Campbellton - 744 km Toronto to Edmundston - 1,090 km Moncton to Saint John: 150km; to Fredericton: 170km</p> <p>The Trans-Canada Highway bisects the province, entering from Québec at St. Jacques. It follows the Saint John River Valley before veering through Moncton and exiting into Nova Scotia at Aulac. The entire distance is about 530km</p>
Ferries	Bay Ferries (tel. 888/249-7245; www.nfl-bay.com) operates a 3-hour ferry that links Saint John with Digby, Nova Scotia. The ferry sails year-round, with as many as three crossings daily each way in summer. Summer fares are C\$35 for adults, C\$25 for seniors, C\$20 for children ages 6 to 17, and C\$75 and up per vehicle
Trains	VIA Rail (tel. 888/842-7245; www.viarail.com) offers train service through the province (en route from Montréal to Halifax) 6 days per week. The train follows a northerly route, with stops in Campbellton, Miramichi, and Moncton. Check out the website www.viarail.ca for more details on routes, schedules, and online booking
Car Rental	Most major car rentals are represented in the 8 cities and 3 major airports
Buses	There is excellent regional bus service throughout the province
ACCOMMODATION TYPES	<p>Everything from cosy B & B's to five star resorts. Here are some suggestions from my personal experience:</p> <p>Hotel Paulin in Caraquet - a classic Victorian Hotel, built in 1891, is a rare Canadian gem, a one-of-a-kind historical boutique-style hotel, still owned and operated by the Paulin family. It is situated on the Bay of</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>Chaleur, along the Acadian Peninsula. This premier New Brunswick waterfront property is rated a 4-star Country Inn by Canada Select. The newly renovated 3rd floor offers breathtaking views of the water and offers 4 new beautifully appointed 5-star luxury suites. It has a long-time standing reputation as a travel destination and has been written up by the New York Times, Montreal Gazette, La Presse, Paris Match Magazine, Michelin Guide, France's Routard, Fodor's, Frommers and countless other prestigious travel publications. 143 Boulevard St-Pierre West, Caraquet, New Brunswick E1W 1B6 Tel: 1 866 727 9981 Web: www.hotelpaulin.com</p> <p>Dufferin Inn, Saint John - This handsome Queen Anne house, across the harbor from downtown near the Digby ferry, was once home to a former premier of New Brunswick, and it has fine architectural touches like a wood-lined library and splashes of stained glass.</p> <p>The downtown Delta Beauséjour in Moncton, is well maintained, with rooms and public areas recently renovated. The third-floor indoor pool offers year-round swimming. (There's also a pleasant outdoor deck overlooking the distant marshes of the Petitcodiac River.)</p> <p>The Fairmont Algonquin, St Andrews - The Algonquin's distinguished pedigree dates from 1889, when it first opened its doors to wealthy vacationers seeking respite from city heat. The original structure was destroyed by fire in 1914, but the surviving annexes were rebuilt in sumptuous Tudor style. The red tile roofed resort commands one's attention through its sheer size and aristocratic bearing (not to mention through its kilt-wearing, bagpipe-playing staff). The inn is several long blocks from the water's edge, but it perches on the brow of a hill and affords panoramic bay views from the second-floor roof garden and many guest rooms.</p>
--	---

TARGET GROUPS	
Kids	<p>Kings Landing, on the bank of the St. John River, is 34km and about 150 years from Fredericton. The authentic re-creation brings to life New Brunswick from 1790 to 1910, with 10 historic houses and nine other buildings relocated here and saved from destruction by the flooding during the Mactaquac hydro project. The aroma of freshly baked bread mixes with the smell of horses and livestock, and the sound of the blacksmith's hammer alternates with that of the church bell. More than 160 costumed "early settlers" chat about their lives.</p> <p>The indoor amusement park at Crystal Palace in Moncton will make an otherwise endless rainy day go by quickly. The spacious enclosed park</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	includes a four-screen cinema, shooting arcades, numerous games (ranging from old-fashioned Skee-Ball to cutting-edge video games), a medium-size roller coaster, a carousel, a swing ride, laser tag, bumper cars, mini-airplane and miniature semi-truck rides, mini-golf, batting cages, and a virtual-reality ride.
Teens	Departing from a narrow cove at Fallsview Park in Saint John are the Reversing Falls Jet Boat Rides (tel. 888/634-8987), which offer fun, fast boat trips through the falls at all tides. The always-breezy, sometimes-damp trip takes 20 minutes and costs \$30 adults, \$25 children, \$100 family, all of which include use of raincoats. Two specially designed boats - one offering a more heart-pounding "thrill ride" - depart several times daily.
Romance	There are many wonderful inns and romantic accommodations, several of which feature couples only romance packages.
Seniors	The Dunes de Bouctouche is a striking, white sand dune stretches an impressive 12km across Bouctouche Bay, and is home to the endangered piping plover, a unique butterfly species, and some rare plants. The sensitive dune area itself can be viewed from a wheelchair-accessible, 2km boardwalk that snakes along its length. On a sunny day, the sand beach is a lovely spot to while away a couple hours, or even to take a dip in the warm seawater.

UNIQUES	The seawater in the Bay of Fundy rises to the height of a four-storey building, an incredible 16 m or 52 ft, the highest in the world. Created by the gravitational pull of the sun and moon, tidal waters flow in and out of the bay's funnel-like opening. So: twice daily, 200 billion tonnes of water enter and leave the bay – equal to all the rivers on the planet. Making it "One of the Marine Wonders of the World".
Surprising	Magnetic Hill , located on Moncton's northwest outskirts a few miles from downtown, began as a simple quirk of geography. Cars that stopped at the bottom of a short stretch of downhill started to roll back uphill! Or at least what appeared to be uphill. It's a nifty illusion - it works because the slope is on the side of a far larger hill, which tilts the whole countryside and effectively skews one's perspective.
History	The indigenous peoples of New Brunswick include the Mi'kmaq (Micmac), Maliseet (Wolastoqiyik - "people of the good river" or St. John) and Passamaquoddy (Panwapskewiyik). The Mi'kmaq territories are mostly in the east of the province. The Maliseets are situated along the Wolastoq (St. John River) and the Passamaquoddy nation in the southwest, around Passamaquoddy Bay. American Indians have occupied New Brunswick since about 4000 BC The first known exploration of New Brunswick was by French explorer Jacques Cartier in 1534. The next French contact was in 1604, when a

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>party led by Pierre Dugua (Sieur de Monts) and Samuel de Champlain set up a camp for the winter on St.Croix Island between New Brunswick and Maine. The colony was relocated the following year across the Bay of Fundy to Port Royal. Over the next 150 years, other French settlements and seigneuries were founded along the St. John River, the upper Bay of Fundy region and in the Tantramar Marshes at Beaubassin, and finally at St. Pierre (the site of present day Bathurst). The whole Maritime region (as well as parts of Maine) were at that time proclaimed to be part of the French colony Acadia.</p> <p>One of the provisions of the Treaty of Utrecht of 1713 was the surrender of peninsular Nova Scotia to the British. The bulk of the Acadian population now found themselves residing in the new British colony of Nova Scotia. The remainder of Acadia (including the New Brunswick region) was only lightly populated and poorly defended. To protect their territorial interests in what remained of Acadia, France, in 1750, built two forts (Fort Beausejour and Fort Gaspareaux) along the frontier with Nova Scotia at either end of the Isthmus of Chignecto. A major French fortification (Fortress Louisbourg) was also built on Ile Royale, but the function of this fort was mostly to defend the approaches to the colony of Canada, and not Acadia.</p> <p>As part of the Seven Years' War (1756-63), the British extended their control to include all of New Brunswick. Fort Beausejour (near Sackville) was captured by a British force commanded by Lt. Col. Robert Monckton in 1755. Acadians of the nearby Beaubassin and Petitcodiac regions were subsequently expelled in the Great Upheaval. Some of the Acadians in the Petitcodiac and Memramcook region escaped and under the leadership of Joseph Broussard continued to conduct guerrilla action against the British forces for a couple of years. Other actions in the war included British expeditions up the St. John River in both 1758 and 1759. Fort Anne (Fredericton) fell during the 1759 campaign and following this, all of present day New Brunswick came under British control.</p>
<p>Books</p>	<p>Frommer's Nova Scotia, New Brunswick and PEI Frommer's Canada lists: Best luxury hotels: Kingsbrae Arms, St Andrews Best Canadian culinary experience: #1 - lobster in New Brunswick Best views in Canada: Cape Enrage Best Family vacations in Canada: in and around Fundy National Park</p> <p>A Hiking Guide to New Brunswick: Marianne & H.A. Eiselt – comprehensive 270pp trails guide New Brunswick: Colour Guides, Eiselts – easy access, well-illustrated</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	planning tool
1000 Places to see before you die	Bay of Fundy (100 billion tons of water rush in daily!)
Must Sees	<p>The 5 Scenic Routes: River Valley Scenic Drive; Fundy Coastal Drive; Acadian Coastal Drive; Miramichi River Route; Appalachian Range Route</p> <p>Lighthouses: Head Harbour Lightstation on Campobello Island - kayak, birding, sunsets; Miscou Island Lighthouse, built 1856.</p> <p>Tides: Moncton bore, Reversing Falls, Hopewell Rocks</p> <p>Grand Manan: "Island in the Sea", fishing, dulse gathering, lighthouses,</p> <p>Village Historique Acadien: www.villagehistoriqueacadien.com A remarkably authentic historical site in North America, the Village Historique Acadien strives to portray the lives of Acadians between 1770 and 1939. More than 40 complexes are staffed by interpreters in period costume who bring ancestral customs and traditional trades back. Each of them has a story to tell. Open June 8 to Sept 27 2008 The Village Historique Acadien is located near Caraquet, in NE New Brunswick, 50 km east of Bathurst and 130 km north of Miramichi. (14 311, route 11, Caraquet NB E1W 1B7 (506) 726.2600)</p>

SPORTS ACTIVITIES	Visit the outdoor center at Cape Enrage , where you can canoe, rappel, rock climb, and kayak in a dramatic coastal setting.
Golf	In St. Andrews, the Algonquin hotel's newly expanded golf course is a beauty - easily among Eastern Canada's top ten, right behind the bigger-name stars on Cape Breton Island and Prince Edward Island. It features nine newer inland holes (the front nine), and then nine older seaside holes that become increasingly spectacular as you approach the point of land separating New Brunswick from Maine. (All 18 of them are challenging, so bring your "A" game.) Service and upkeep are impeccable here, and there's both a snack bar on premises and a roving club car with sandwiches and drinks. Greens fees are \$105 to \$125 for 18 holes, lessons are offered, and there's a short-game practice area in addition to a driving range; call tel. 888/460-8999 for tee times. In Fredericton, Kingswood was recognized by Golf Digest as the best new Canadian golf course in 2003. It features 27 holes, a par-3 course, and a double-ended driving range.
Fishing	The Miramichi River has long attracted anglers both famous and obscure, lured by the wily Atlantic salmon. In some considered opinions, this ranks among the best salmon rivers in the world. Salmon must be caught on flies, and nonresidents need to hire a guide to go after

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	salmon. For other freshwater species, including bass, and saltwater angling, the restrictions are less onerous. Get up to date on the rules and regulations by requesting copies of two brochures: "Sport Fishing Summary" and "Atlantic Salmon Angling." These are available from Fish and Wildlife, P.O. Box 6000, Fredericton, NB E3B 5H1
Horse riding	Broadleaf Guest Ranch , Hopewell Hill, offers a variety of horse riding adventures as well as log cabin accommodations – go to www.broadleafranch.com
Hiking	The province's highest point is in the center of the woodlands region, at Mount Carleton Provincial Park. Several demanding hikes in the park yield glorious views. There's also superb hiking at Fundy National Park, with a mix of coastal and woodland hikes on well-marked trails. The multiuse, 11km Fundy Trail Parkway has terrific views of the coast and is wheelchair accessible. Grand Manan is a good destination for independent-minded hikers who enjoy the challenge of finding the trail as much as the hike itself. An excellent resource is A Hiking Guide to New Brunswick, published by Goose Lane Editions New this year: The Fundy Trail has been extended with a \$11 million bridge over the Big Salmon River: see www.fundytrailparkway.com
Cycling	The islands and peninsulas of Passamaquoddy Bay lend themselves nicely to cruising in the slow lane - especially Campobello, which also has good dirt roads for mountain biking. Grand Manan holds appeal for cyclists, although the main road (Rte. 776) has narrow shoulders and fast cars. Some of the best coastal biking is around Fundy National Park - especially the back roads to Cape Enrage, and the Fundy Trail Parkway, an 11km multiuse trail that hugs the coast west of the national park. Along the Acadian Coast, Kouchibouguac National Park has limited but unusually nice biking trails through mixed terrain (rentals available).
Sea Kayaking	Among the most extraordinary places to explore is Hopewell Rocks. The rocks stand like sentinels on the ocean floor at low tide but offer sea caves and narrow channels to explore at high tide. Baymount Outdoor Adventures (tel. 877/601-2660) offers 90-minute sea kayak tours of Hopewell Rocks for \$55 adults, \$45 children. Other kayak outfitters along the Fundy Coast include FreshAir Adventure (tel. 800/545-0020) in Alma, and Seascape (tel. 866/747-1884) in Deer Island.

CULTURE	New Brunswick is rich in Mi'qmaq, Maliseet, Acadian, Scottish, Loyalist, Irish and Brayonne cultures
Arts	The Atlantic Ballet Theatre of Canada , based in Moncton, has recently flourished, features Russian and European trained dancers, and has started touring both nationally and internationally. Symphony New Brunswick, based in Saint John, also tours extensively in the

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>province.</p> <p>The Beaverbrook Art Gallery in Fredericton is a surprisingly good museum overlooking the waterfront and is home to an impressive collection of British paintings, including works by Reynolds, Gainsborough, Constable, and Turner. Antiques buffs gravitate to the rooms with period furnishings and early decorative arts. Most visitors find themselves drawn to Salvador Dali's massive Santiago El Grande.</p>
Music	<p>Try a Kitchen Party in Miramichi or one of the many music festivals in which this province abounds.</p>
Museums	<p>The New Brunswick Museum in Saint John is an excellent stop for anyone in the least bit curious about the province's natural or cultural history. The collections are displayed on three open floors, and they offer a nice mix of traditional artifacts and quirky objects. (Among the more memorable items is a frightful looking "permanent wave" machine from a 1930s beauty parlor.) The exhaustive exhibits include the complete interior of Sullivan's Bar (where longshoremen used to slake their thirst a few blocks away), a massive section of a ship frame, a wonderful geological exhibit, and even a sporty white Bricklin from a failed New Brunswick automobile manufacturing venture in the mid-1970s. The Wind, Wood and Sail exhibit describes 19th-century shipbuilding in the province.</p>
Festivals	<ul style="list-style-type: none"> - World Acadian Congress: 7 – 23 August 2009 The Fourth Congress is being held in New Brunswick and will be a wonderful celebration of everything Acadian. See www.cma2009.ca - Edmundston Jazz and Blues Festival: 17 - 21 June 2009 The Edmundston Jazz and Blues Festival presents a packed programme each year, with up to 50 acts performing on an outdoor stage over the four days. - Chocolate Fest 3 - 7 Aug 2009 St Stephen Celebrate the delights of all things chocolatey at St Stephen's annual Chocolate Fest. Thanks to the Ganong brothers, who have been at the heart of chocolate-making in the region for more than 130 years, visitors can take a look through the factory doors and see (and taste) how chocolate is made and learn about the history of the brothers' sweet success. Visitors can sample the chocolate "chicken bone", see the heart-shaped Valentine's boxes and the five-cent chocolate and nut bar, all of which the brothers pioneered. http://www.chocolate-fest.ca - Atlantic Seafood Festival 20 – 23 Aug 2009 Moncton A number of venues and restaurants around Moncton play host to the Atlantic Seafood Festival, featuring a street party and the Seafood Olympics, where top cooks battle it out in categories including Best Seafood Chowder and Best Homemade Fish Cakes. Competition is

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>fierce. Celebrity chefs and master classes are on hand for professionals and enthusiastic amateurs, while a street party and childrens events cater to families. http://www.atlanticseafoodfestival.com</p> <p>- Shediac Lobster Festival July 2009 The lowly lobster gets the biggest tribute at this premier event. Come to the Lobster Capital of the World for five days of fantastic seafood and world-class entertainment! Started in 1949, the Shediac Lobster Festival draws visitors from all over the world to feast on succulent lobster and soak up Acadian and Maritime culture. Ride the midway, join in the kids' parade and don't miss the daily performances by some of the best musicians around.</p> <p>- La Foire Brayonne 29 July – 2 August 2009 La Foire Brayonne is the foremost summer activity for celebrating the northwest New Brunswick heritage, culture, and joie de vivre. La Foire Brayonne gives everyone a great opportunity to live a unique and gigantic cultural experience. http://www.foirebrayonne.com</p>
--	--

<p>ATTRACTIONS</p>	<p>The province has a number of other outstanding tourist attractions. These include the New Brunswick Museum, Kouchibouguac National Park, Mactaquac Provincial Park, the Beaverbrook Art Gallery, King's Landing Historical Settlement, Village Historique Acadien, Les Jardins de la Republique, Parlee Beach, Hopewell Rocks, La Dune de Bouctouche, Saint John Reversing Falls, Magnetic Hill Zoo, Crystal Palace, Cape Jourmain National Wildlife Preserve, Sackville Waterfowl Park, Fundy National Park and the 41 km Fundy Hiking Trail.</p>
<p>Beaches</p>	<p>The beach at Kouchibouguac National Park of Canada can reach temperatures up to 30 Celcius and New Brunswick has some of the warmest saltwater beaches north of Virginia - there are 40 of them.</p>
<p>Wildlife</p>	<p>In NB, you will see more whales more often then anywhere else in the world - The Bay of Fundy is rich with plankton, and therefore rich with whales. Some 15 types of whales can be spotted in the bay, including finback, minke, humpback, the infrequent orca, and the endangered right whale. Whale-watching expeditions sail throughout the summer from Campobello Island, Deer Island, Grand Manan, St. Andrews, and St. George; the province's travel guide also lists many of the tours, which typically cost around \$40 to \$50 for 2 to 4 hours of whale-watching by boat, zodiac, catamaran, sailboat, 72 ft tallship. The season is mid July to Sept when the plankton blooms, but earlier too (June finbacks).</p> <p>Wildlife is aplenty: moose, eagle, puffin, 2.5million semi-palmated sandpipers in summer on mudflats</p> <p>Irving Nature Park, Saint John has 600 acres and 350 bird species</p>

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>Bird-Watching - Grand Manan is among the province's most noted destinations for birders, located smack on the Atlantic flyway. (John James Audubon lodged here when studying local bird life more than 150 years ago.) Over the course of a year, as many as 275 species are observed on the island, with September typically the best month for sightings. It's not hard to swap information with other birders. On the ferry, look for excitable folks with binoculars and Tilley hats dashing from port to starboard and back, and talk to them. Boat tours from Grand Manan will bring you to Machias Seal Island, with its colonies of puffins, Arctic terns, and razorbills.</p>
<p>Parks</p>	<p>There are two National Parks: Fundy and Kouchibouguac The Fundy Coast between Saint John and Alma is for the most part wild, remote, and unpopulated. It's plumbed by few roads other than the new Fundy Drive, making it difficult to explore unless you have a boat. The best access to the wild coast is through Fundy National Park, a gem of a destination that's hugely popular with travelers with an outdoor bent. Families often settle in here for a week or so, filling their days with activities in and around the park that include hiking, sea kayaking, biking, and splashing around a seaside pool.</p>
<p>Gardens</p>	<p>Kingsbrae Garden in St. Andrews by the Sea is an 11-hectare public garden opened in 1998, using the former grounds of a long-gone estate. The designers incorporated the existing high hedges and trees, and have ambitiously planted open space around the mature plants. The grounds include almost 2,000 varieties of trees (including old-growth forest), shrubs, and plants. Among the notable features: a day lily collection, an extensive rose garden, a small maze, a fully functional Dutch windmill that circulates water through the two duck ponds, and a children's garden with an elaborate Victorian-mansion playhouse.</p>
<p>Castles/Forts</p>	<p>Fort Beauséjour - Fort Cumberland National Historic Site of Canada: Built by the French in 1751, the fort was taken by the British in 1755 and renamed Fort Cumberland; The Fort repelled American and local-rebel attacks in 1776. Reinforced for the War of 1812, it was abandoned in 1835 and declared a National Historic Site in 1926. Plan to spend an hour and ask the interpreters about the dike systems of the Tantramar salt marshes. Explore the stone ruins and grassy ramparts. Imagine life in the garrison by viewing interpretive exhibits, paintings and artifacts, and browse through the gift shop. Bring a picnic basket and enjoy dining alfresco at this site. Sunsets are especially beautiful. Also: Visit the Martello Tower in Saint John for a reminder of past national fears</p>

<p>OTHER ACTIVITIES</p>	<p>EdVentures in Fredericton - Vacation Learning in Craft & Culture</p>
--------------------------------	--

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>edVenturesFredericton,NB Tel:1-888-850-1333 www.edventures.ca</p> <p>Set in one of the country's most beautiful and creative communities, Fredericton's edVentures summer program is Atlantic Canada's largest and most diverse vacation learning program in craft and culture. The edVentures program is based in gentle downtown Fredericton, where you'll find the renowned New Brunswick College of Craft and Design (NBCCD) in the heart of the Historic Garrison District, a national historic site. In addition to the NBCCD, our partners include the Beaverbrook Art Gallery, the University of New Brunswick Arts Centre, Kings Landing Historical Settlement, the Fredericton Arts Alliance, the New Brunswick Crafts Council and the Charlotte Street Arts Centre (CSAC) in the St. Anne's Point Heritage Preservation Area.</p> <p>- Intensive, small-group workshops</p> <p>The edVentures summer program features intensive, small-group workshops in five-day weekday, two-day and one-day weekend courses. Workshops run six weeks from July 6 to August 14 in 2009.</p>
Shopping	<p>New Brunswick has a strong corps of talented artisans whose products are of world-class quality and craftsmanship. You'll also find farmers' markets that are full of New Brunswick produce and lots of other interesting items. You'll want to take a unique "Made-in-New Brunswick" treasure home with you.</p>
Markets	<p>Old City Market in Saint John is a spacious, bustling, and bright marketplace is crammed with vendors hawking meat, fresh seafood, cheeses, flowers, baked goods, and bountiful fresh produce. You can even sample dulse, a snack of dried seaweed from the Bay of Fundy. The market was built in 1876, and it has been a center of commerce for the city ever since. Note the construction of the roof - local lore says it resembles an inverted ship because it was made by boat builders who didn't know how to build anything else. And watch for the small, enduring traces of tradition: the handsome iron gates at either end have been in place since 1880, and the loud bell is rung daily by the Deputy Market Clerk, who signals the opening and closing of the market.</p>
Nightlife	<p>Dolan's Pub, 349 King St. Fredericton (tel. 506/454-7474), is your bet for live Maritime music, which is on tap every Thursday through Saturday. Also on tap is the city's largest selection of microbrews. Don't miss the barrel of free peanuts.</p> <p>If you're looking to catch a big-time recording act in Saint John, Harbour Station (tel. 506/632-6103) at 99 Station St. is the place to go; acts might range anywhere from Motley Crue to Willie Nelson.</p>

CUISINE	
----------------	--

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



<p>Food</p>	<p>Enjoy coastal delicacies like you've never tasted before... lobster, scallops, oysters, clams or Atlantic salmon with fiddleheads, a fiddle-shaped fern that flourishes along the river's edge during the spring freshet. And don't miss dulse - dried seaweed that makes a tasty salty treat that can also be used as a seasoning.</p> <p>New Brunswick's Acadian cuisine is another must: Poutine râpée, a mixture of grated raw and mashed potatoes wrapped around fresh pork. Try dulse (seaweed); lobster, salmon, fiddlehead (ostrich fern), scallops Fricot, chicken and potato stew.</p> <p>La râpure, a potato and salted pork dish.</p> <p>And for dessert...</p> <p>Poutine à trou, tasty apple pastries.</p> <p>Pets-de-sœur, a delicious cinnamon pastry dessert that translates literally as nuns' farts.</p> <p>Tarte au sucre – a Brayon sugar pie!</p>
<p>Restaurants</p>	<p>The Windjammer, Moncton: Tucked off the lobby of the Delta Beausejour Hotel is The Windjammer, an intimate dining room that serves the city's best meals. With its heavy wood and nautical theme, it resembles the private officer's mess of an exclusive ship. The menu is ambitious, and the dining room has garnered an excellent reputation for its seafood dishes, including an appetizer of scallops served with a truffle jus, and entree of pan-fried salmon marinated in molasses and ginger.</p> <p>Billy's Seafood Co, Saint John: Billy Grant's restaurant off King's Square boasts a congenial staff, exceptionally fresh seafood (they sell to City Market customers by day), and better prices than the waterfront seafood restaurants. The chef at this classy-yet-casual eatery knows how to prepare fish without overcooking. Specialties include cedar-planked salmon, and Billy's bouillabaisse is also good.</p>

<p>MORE INFO</p>	
<p>Brochures</p>	<p>1 800 561-0123 for New Brunswick Tourism Travel Planner 1-800-567-6666 for Maxxim Vacations</p>
<p>Websites</p>	<p>www.TourismNewBrunswick.ca</p>

<p>AIRLINES</p>	<p>The province's main airports are at Fredericton (the provincial capital), Saint John, and Moncton, all of which are served by Air Canada and WestJet www.aircanada.com www.westjet.com</p>
------------------------	---

<p>CURRENT DEALS</p>	<p>Both Air Canada and Westjet have some very low fares on their domestic routes currently.</p> <p>VIA Rail also has some great deals for the summer.</p>
-----------------------------	---

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



<p>PERSONAL EXPERIENCES</p>	<p>Moncton: Magnetic Hill, Crystal Palace, Tidal Bore, Delta Beausejour</p> <p>Le Pays de Sagouine: Albert Maillet, Acadian joie de vivre Les Dunes de Bouctouche: Irving Eco-Centre, 2km boardwalk Kouchibouguac National Park: Kelly's Beach, salt marsh boardwalk</p> <p>Miramichi: Rodd River Lodge, canoe 2hrs downstream at Upper Oxbow Outdoor Adventures</p> <p>Shippagen: Aquarium and Marine Centre, touch tanks, Acadian Historical Village at Caraquet</p> <p>Baie de Chaleur: beach at end of track, coal seams, dino footprints</p> <p>Campbellton: Howard Johnston, Sugarloaf Mountain, 25ft steel salmon</p> <p>Mount Carleton Prov Park: 2700 ft, highest point in the Maritimes, 10km hike, Tim youngest at 5yrs</p> <p>Grand Falls Gorge, Hartland Covered Bridge (1282ft), Saint John River Valley</p> <p>Kings Landing: 19th century Loyalist settlement 35km from Fredericton</p> <p>Fredericton: King, Queen Streets, Calithumpian Ghost Walk, historic Garrison District, can we live in Fredericton?</p> <p>St Stephen: St Croix River, Ganong Chocolate Museum</p> <p>St Andrews: Passamaquoddy Bay, Fundy Tide Runners- whale watching by zodiac, finback mother and calf; Adventure Cente- sea kayak trip; Atlantic Salmon Museum- stream and tanks; Fairmont Algonquin Hotel; Lighthouse Restaurant, Minister's Island (Sir William van Horne)</p> <p>New River Beach Prov Park – cold water swimming</p> <p>Saint John: NB Museum, Old City Market, Reversing Falls, Delta Brunswick Hotel</p> <p>St Martins: Fundy Parkway, Big Salmon River, Cave View Restaurant, seacaves</p> <p>Hopewell Rocks: Interpretive Centre, ocean floor, sea kayak flowerpots,</p>
------------------------------------	--

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.



	<p>35-48 ft tides</p> <p>Parlee Beach: Shediac – biggest lobster</p> <p>Also: Confederation Bridge, Cape Jourimain Nature Centre; Fundy National Park; Fundy Air Tours; Caving in gypsum caves at Hillsborough: White Caves; Sackville Waterfowl Park; Inns: Florentine Manor; Marshlands Inn; Quaco Inn; Little Shemague Inn.</p>
--	--

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.