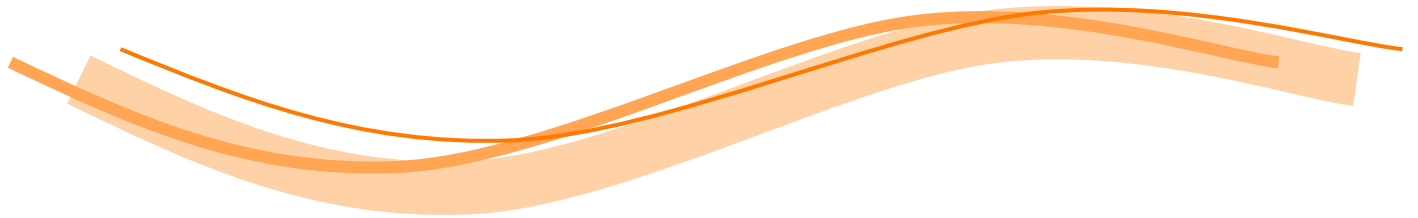




# FIDDLER LAKE RESORT





<p><b>FIDDLER LAKE RESORT</b></p>	<p>In the Saint-Sauveur valley in the Laurentians, just 45 minutes north of Montreal, is Fiddler Lake Resort. For a uniquely Canadian experience you can rent a luxurious log cabin home in this four seasons paradise. In fall soak up the colours from the private spa on your deck. Thanksgiving is a great time for gourmet harvest foods, Fall Festivals and events.</p> <p>In winter curl up by your fireplace - then play in the snow with dog sled trails, snow shoeing and 150 km. of cross country skiing. Just 15 minutes away are five ski hills and the largest night ski area in the world. Fiddler Lake is great for families – rental homes have up to six bedrooms and the resort has an indoor pool. And it's a haven for couples with private saunas and hot tubs, concierge services and options to hire a Personal chef and spa and massage packages.</p>
<p>Location</p>	<p>Fiddler Lake Resort is located on the shores of Fiddler Lake, in the heart of the Laurentian mountains, a short 10 minute drive from the resort town of St. Sauveur with its 8 ski centres, 10 golf courses, waterslides, restaurants, bars, theatre and famous shopping outlets. Mont-Tremblant with its 94 ski runs and 6 golf courses is a short 35-minute drive north of Fiddler Lake Resort. This central location and close proximity to so many attractions makes Fiddler Lake Resort a preferred destination. Montreal is just 45 minutes away.</p>
<p><b>The Concept</b></p>	<p>Fiddler Lake Resort is an exclusive, full-service gated resort community, with 95 luxury log homes, on the shores of beautiful Fiddler Lake. Each home has been architecturally designed for maximum comfort and they use only the highest quality building materials available. The 9-inch or 15-inch Engleman Spruce logs, from the forests of British Columbia in Western Canada, are impressive as are the stone fireplaces and large screened porches. The huge bedrooms feature King size beds for your comfort. Some of the homes feature a six person Jacuzzi as well as a six person barrel sauna.</p>
<p><b>Facilities</b></p>	<p>Fiddler Lake has everything you need to enjoy your holiday. Together with a wealth of activities on your doorstep, Fiddler Lake Resort is blessed by natural beauty. The resort benefits from Fiddler Lake itself; perfect for fishing, swimming and non-motorized water sports. Vast acres of mixed forest have been left virtually untouched for you to enjoy and explore with the hiking, snowshoeing and cross country trails. Other amenities include tennis courts, indoor swimming pools, in-house spa treatments and a beautiful log constructed gym and spa that will also include a clubhouse and games room for the kids, as well as conference facilities, reception hall and on site restaurant. Fiddler Lake Resort residences will also benefit from a concierge service, high-speed wireless internet in each home and shuttle services to surrounding</p>

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	<p>activities. Using this service, you can order your next day's groceries, book a tennis court, organize a round of golf or treat yourself to a massage. Everything that your heart desires is just a call away. It's that easy.</p>
<p><b>Activities</b></p>	<p>Just about everything you can imagine. In winter, St. Sauveur, with its 8 ski centres, offers 145 runs of which 89 runs are lit, making it the #1 night skiing destination in Canada. Morin Heights Cross-Country Ski Club offers 150 km of groomed trails and is just 5 minutes from Fiddler Lake Resort. If you don't feel like leaving the resort, simply walk out your front door and ski, walk, snowshoe or run the 5 kilometers of trails. Each year, St. Sauveur hosts a dog-sledding race with thousands of people attending. If snowmobiling is more your idea of fun, Quebec offers the most extensive network of trails in the world and you will be able to leave directly from Fiddler Lake Resort. Reserve your snowmobile, equipment and guide online through our concierge service.</p> <p>Winter Activities: Snowshoeing, Cross-country skiing, Dog sledding, Plane Tours, Horseback Riding, Sleigh rides, Ice Climbing, Snowmobiling, Park Gravity, Tubing, Spa.</p> <p>In the summer, you can choose from several championship golf courses within a 15-minute drive or from one of the other 20 courses in the area. Renowned Balmoral golf course is only 5 minutes away. TravelGolf.com calls golfing in the region "Mountain golf at its best" while Golf Business Magazine called it "Best vacation value of the year". Right on your doorstep, you will find Fiddler Lake, perfect for swimming, fishing and non-motorized water sports. In the summer, the mountains of the St. Sauveur area transform into a hiker's dream and the lifts continue to operate to take mountain bikers to the summit or those who just want to take in the breathtaking views. For those who prefer their cycling a little more sedate, the dedicated network of cycle paths will take you through stunning countryside undisturbed by traffic.</p> <p>Summer Activities: Golf, Fishing, Whitewater Rafting, Kayaking, Hiking, Rock Climbing, Cycling and Downhill Mountain Biking, Horseback Riding, Luge, ATV Tours, Sea Plane Tours, Spa, Water slides.</p>
<p><b>Accommodation</b></p>	<p>All the log homes have the following: Cathedral ceiling Luxury furniture Stone fireplace High definition TV with satellite Wireless high speed internet in some homes</p>

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	<p>Kitchen accessories  Washer and dryer  Clothes iron and hair dryer  Beddings  Balcony  BBQ and patio furniture  Sauna and spa</p>
<b>Range and Prices</b>	<p>There is a full range of log home size from two bedrooms to five bedrooms. Here's some examples:</p> <p><b>BEAVER (2 Bedrooms)</b>  The smallest residence with 2 bedrooms which offer lots of windows to keep in harmony with the nature and a large open space with the dining room, living room and fireplace.  <b>RENTAL PRICES</b>  Low Season Nov. 1st to Dec 20th / Apr. 1st to June 19th  Price: \$225 per night</p> <p><b>MOOSE (4/5 Bedrooms)</b>  Gigantic residence with 4 to 5 bedrooms offering maximum space and an impressive view from a mezzanine. Built with 15 inch logs giving the effect of largeness and warmth. Large screened veranda with an outside sauna and a spa for six persons.  <b>RENTAL PRICES</b>  Low Season Nov. 1st to Dec 20th / Apr. 1st to June 21th  Price: \$450 per night</p>
<b>Events and Festivals</b>	<p>Sept 6 Duathlon in Saint Sauveur  Sept 11-14 Sculptures Event in Saint Sauveur  Sept 21 Antique Cars in Saint Sauveur  Sept 25-27 Large Sculptures in Parc Georges-Filion Saint Sauveur  Oct 11-13 Thanksgiving in St Sauveur Parc Georges-Filion Saint Sauveur</p>
<b>Pool</b>	<p>This summer a brand new pool has been completed. Rent a luxury log home at Fiddler and you can use this new heated outdoor salt-water pool.</p>
<b>Tennis</b>	<p>There is an outdoor, lighted, double tennis court available for guests</p>
<b>Directions</b>	<p>From Montreal:  Highway 15 North, exit 60 (Saint-Sauveur), route 364 West to Morin-Heights; turn left on route 329 South. Fiddler Lake Resort is 10 km away, on your left.</p> <p>From Ottawa:  Highway 50 to 148 to Lachute. Highway 158 to 329 North. Fiddler Lake Resort is 20 km away, on your right.</p>

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<b>To Book</b>	Booking a stay at Fiddler Lake couldn't be easier: you can book online at: <a href="http://www.fiddlerlakeresort.com/reservation.jsp">http://www.fiddlerlakeresort.com/reservation.jsp</a> Or telephone: 1-888-891-8687
<b>Special Offer for Travel Show Listeners</b>	Travel Show listeners can save 10% off on a 2 night weekend stay and with stays longer than 2 nights get 1 night free! For further information or to book by phone call 1- 800-567-6763 but you must mention the Chris Robinson Travel Show to get your discount. <b>* Valid on all bookings made by phone if you mention the Chris Robinson Travel Show. Offer valid for stays from Sept 6th 2008 to December 21st 2008. Discount applies to room rate per night and is not combinable with any other offer. Blackout dates may apply.</b>
<b>Meet the Fiddler Lake Team</b>	Come find out more about Fiddler Lake Resort: September 19-21 at the Capital Fall Home Show October 16-19 at the Toronto Ski, Snowboard and Travel Show October 24-26 at the Ottawa Ski, Snowboard and Travel show Or at their Open house every weekend - people are welcome and encouraged to come and visit the resort homes every weekend from 8am-4pm

<b>ADD INFO</b>	
<b>Excursions</b>	Fiddler Lake Resort is a partner of the minibus company Nord-Sud who offer different packages such as:guided helicopter tours, watersports, horse back riding, agro-tourism, Alouettes boat cruise and fishing. Contact Fiddler Lake for more information.
<b>Golf</b>	In the summer, you can choose from several championship golf courses within a 15-minute drive or from one of the other 20 courses in the area. Renowned Balmoral golf course is only 5 minutes away. TravelGolf.com calls golfing in the region "Mountain golf at its best" while Golf Business Magazine called it "Best vacation value of the year". Fiddler Lake Resort is now associated with Group Beaudet which has different golf courses for Fiddler Lake guests. For golf packages, including Pro tuition, call Fiddler Lake.
<b>Special Offer</b>	September 5th to October 9th 2008 Book now and receive 15% off any two nights stay or receive the 3rd night at 50% off. Valid on reservations arriving between Sept. 5th to Oct. 9th 2008.
<b>Thanksgiving</b>	Free Canadian Thanksgiving special! Book now for reservations arriving between 10th and 13th of October 2008 and receive a FREE night.
<b>Women's Spa Package</b>	Women's Weekend Spa Package Two night's accommodations Bottle of wine Breakfast basket

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	<p>Sauna &amp; Spa          Access to the baths at Spa Le Baltique          Starting from \$78 before taxes per person per night based on 6 people in a 3 bedroom Rabbit          Valid for arrivals Sept 8th to Oct 31st 2008</p>
<b>Massage and Baths Package</b>	<p>Massage &amp; Baths          Two night's accommodations          Bottle of wine          Breakfast basket          Sauna &amp; Spa          Access to the baths at Spa Le Baltique          Plus 60 min massage at Spa Le Baltique          Starting from \$108 before tax per person per night based on 6 people in a 3 bedroom Rabbit          Valid for arrivals Sept 8th to Oct 31st 2008</p>
<b>Mont Saint-Sauveur</b>	<p>Mont Saint-Sauveur is in a class apart. Daytime, its out-of-this-world ski conditions; at night, it shimmers and sparkles in the snow. This is the largest night-skiing resort anywhere. Its state-of-the-art lifts, grooming and lodge provide skiers with unparalleled performance and comfort. This really is the in place for ski lovers. The magic goes on for 7 months - the longest ski season anywhere in Quebec.          Mont Saint-Sauveur is known for...          Its world class night skiing;          Quebec's longest ski season with more than 140 days of operation;          An unbeatable calendar of events and a variety of themes;          One of the most sophisticated snowmaking systems in the industry;          Incomparable ski conditions</p>
<b>Saint-Sauveur</b>	<p>Saint-Sauveur is a small town within the Les Pays-d'en-Haut Regional County Municipality, Quebec with a population of 9,000. It is in the administrative region of Laurentides in the Laurentian mountains about 45 minutes north of Montreal. On September 11, 2002 the city was created from the merger of Village de St-Sauveur-des-monts and Paroisse de St-Sauveur.          St-Sauveur is well known for its local ski areas, the biggest one of which is Mont Saint-Sauveur. The ski areas market themselves jointly under the name of "Valley of Saint-Sauveur". Its close proximity to Montreal, the snow-making capability, night-time skiing, and the après-ski establishments make St-Sauveur a popular destination for skiers.          The town is also the birthplace of Canadian musicians Kate and Anna McGarrigle.</p>

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<b>DESTINATION INFO</b>	<b>Tremblant Resort</b>
<b>Location</b>	130 km north of Montreal
<b>Geography</b>	In the rolling hills and mountains of the Laurentians, Quebec
<b>Overview of Tremblant</b>	<p>During summer season, Tremblant makes sure its guests experiment "Joie de vivre" at 360 degrees. With its large choice of activities like the panoramic gondola, the golf, the luge, the beach, cycling or rollerblading, the whole family will be enchanted. Summer is also the season of outdoor shows and events. From June to October, the pedestrian village lives to the rhythm of Tremblant's Summer Festival : Rythmes Tremblant, the Blues Festival and Music in the Mountain are as many occasion to attend music shows of all kind. There are many events as well so that the visitors and guests will never get bored: the Beachfest in July, Tremblant beneath the stars in August and Symphony of Colours in September...</p> <p>Named "# 1 Ski Resort in the North American East," for ten consecutive years by the readers of Ski Magazine, the Tremblant continues to be ranked at the head of the Quebec line-up for sports and the outdoors, in summer as well as in winter.</p> <p>A visit to Mont Tremblant resort offers you an unbeatable opportunity to reconnect with the joys of winter. Mont Tremblant resort is the pleasures of the mountain, but it is also a uniquely charming pedestrian-only village, an unequalled service to its guests, and a host of extraordinary activities and events that will make your stay with us an unforgettable experience</p>
<b>Language</b>	French and English

<b>CLIMATE</b>	
<b>General climate</b>	As for Montreal, but temperatures decrease with altitude; average summer temperatures at Tremblant Resort are around 27 degrees Centigrade
<b>Today's weather</b>	23 Centigrade and mostly sunny (19 July 2008)
<b>Best time to visit</b>	Mont-Tremblant is very much a four season destination

<b>GETTING THERE</b>	
<b>Driving</b>	<p>From Montréal:          Take autoroute 15 North to Sainte-Agathe. After Sainte-Agathe, the 15 North merges with 117. Continue on the 117 North past Saint-Jovite. Take exit 119 (Montée Ryan) to Chemin Duplessis and follow indications for Tremblant Resort. 1 1/2 hour.</p>
<b>Visitors</b>	2.3 million per year
<b>Distances</b>	<p>Less than 130 km north of Montreal          Number of restaurants: 38</p>

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	Including bars, bistros, cafés and sweetshops Number of shops: 43
<b>Car Rental</b>	Avis and Hertz give you the opportunity to pick up a car near Mont Tremblant for your own convenience.
<b>Buses</b>	To Ville Mont-Tremblant is just \$1 Route : Centre de villégiature / Tremblant Resort / Village / Saint-Jovite Hourly service. To Parc national du Mont-Tremblant Shuttle Fare: \$19 per person with admission included

<b>ACCOMMODATION</b>	Lots of choices, but Tremblant Elysium is particularly recommended – see above for more details
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<b>TARGET GROUPS</b>	
<b>Kids</b>	<b>Captain's harbor on Lac Miroir</b> - Hey kids! Drive your own little boat and take a trip around the Mirror Make, located near the Parc Pirate at Mont-Tremblant resort. Aboard the motorised, miniature replicas of the boats from Mississippi (2 to 4 places), children of all ages will have a blast mastering the water! The captain awaits!
<b>Teens</b>	<b>Paintball</b> - One of the fastest growing sports in the world. The paintball centre offers more than 10 different playgrounds such as The Bus, The Sniper and The Fort, providing variety of matches and constant action. The location includes high quality equipment, restaurant, qualified staff, large reception area and showers. 3rd year of activity. Start with a briefing covering safety, game rules, and use of equipment, then head to the first playground. The goal of the game will be explained. Playgrounds have different game scenarios. All packages include all equipment; face mask, suit, precision paintball gun, unlimited co2, neck protector, gloves, ammunition belt and hat. Location: 25 minutes from Tremblant
<b>Romance</b>	Fresh air in the mountains, fine food and relaxing in-room massages...What more do you need?
<b>Seniors</b>	<b>Caleche ride</b> - This beautiful and comfortable 1 horse caleche is operated by a local farm. Two percheron horses, Lyndsay and Dan, share the work. The caleche is also available for weddings or other special events. 20 minute: A quick tour through and around the resort. Good photo opportunities. 40 minute: This caleche ride will bring you to the Parc des Chutes, where you can visit the waterfalls and admire the view of Tremblant from the opposite side of the lake.

<b>UNIQUES</b>	
<b>Surprising</b>	<b>Tremblant Activity Centre Inc.</b> - Acrobranche Come and play "TARZAN" in the forest canopy, 30 feet in the air. The 6 Acrobranche courses guarantee adrenaline and emotion, all set against

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	<p>the backdrop of waterfalls and lush Quebec forests. The Tremblant Activity Centre can arrange it all.</p>
<p><b>History of Tremblant Resort</b></p>	<p>From the installation of the first chair-lift in 1939 until today, Mont Tremblant resort has been able to develop its potential to become the largest and most varied skiable terrain in Eastern North America. Today, Tremblant is no longer just a ski resort: year round, it offers plenty of activities and it's always an extraordinary holiday destination. Mont Tremblant resort distinguishes itself not only by the first class resort experience that it provides, and by its accommodation, but also by the harmonious mixture of cultural offerings, sporting events and family activities that it offers its guests.</p>
<p><b>History of Tremblant Area</b></p>	<p>The Laurentians were not colonized until late during the 19th century, when Father Antoine Labelle decided to populate the North with French Canadians in reaction to the threat of protestant expansion. He chose the sites based on the richness and fertility of the soil, on access to water ways and on the layout of the railway line he planned to build. These brave settlers faced a difficult beginning, initially fighting poverty and surviving on meagre crops, but eventually thrived and benefited from the Father's generosity and vision.</p> <p>He sensed that one day tourism would be an important resource for the region, and worked arduously for the inauguration of the Montreal-Saint-Jerome railway line in 1879. This was an important contribution to the development of the region and eventual growth of tourism. In December 1892, the whistle of the locomotive was heard for the first time by the residents of Saint-Jovite, putting an end to the isolation.</p> <p>In 1938, Joseph Bondurant Ryan, a young wealthy American from Philadelphia who had come to the North to do some gold prospecting, he was taken by the beauty of the majestic "mountain of the spirits". He had climbed to the summit, and upon seeing the breath-taking view of the snow-covered landscape, Jo Ryan vowed to transform the wilderness at the foot of the mountain into a world-class alpine village. Just on year later, in February 1939, his dream was realised, when the Mont-Tremblant Lodge, with its architecture reminiscent of Old Quebec, opened.</p> <p>In 1991, as the alpine village teetered on the edge of bankruptcy, the biggest promoter of alpine resorts announced that it would buy the Mont-Tremblant Lodge and promised to pursue Jo Ryan's dream...to make Mont-Tremblant one of the best leisure destinations in the world. Ten years later, the Mont-Tremblant Lodge has been transformed at a cost of \$850 million into the magnificent pedestrian village of Tremblant. And in the next ten years, Intrawest has plans to build two more alpine villages on the North side and on the versant Soleil of the mountain.</p>

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<p><b>Must Sees</b></p>	<p><b>Panoramic gondola</b>  Ride the panoramic gondola to the top of the highest peak in the Laurentians and discover spectacular views and a wide range of activities. Travel the many hiking trails and discover the awesome displays of nature at Tremblant. From July 6 to August 12, watch the sunset from the Summit!  Top things to do at the Summit :  - Hiking and interpretative nature trails  - 360° observation tower  - Mountain top sunset  - Centre de randonnée shop  - Birds of prey show</p>
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<p><b>SPORTS ACTIVITIES</b></p>	<p>Winter sports abound - extreme and otherwise, there are all kinds of activities right at your door besides the renowned ski slopes and snowparks: snowmobiling, dogsledding, cross-country skiing, tubing, skating, snowshoeing and so much more!</p> <p>And in summer, the range is even greater...Here's some of the things you can enjoy at Tremblant:</p> <p><b>RAFTING</b>  For thrill seekers or a family expedition on the Rouge River, rated one of the top ten rivers in North America for rafting.</p> <p><b>CLIMBING</b>  Discover the thrill of climbing in full security right on Tremblant Resort on a natural cliff or on a 30-feet high climbing tower.</p> <p><b>CANOEING</b>  Discover the scenery and beaches of the Mont-Tremblant region on a canoe descent of a quiet part of the Rouge River or the winding Diable River.</p> <p><b>FLY-FISHING</b>  Discover the art of fly-fishing on the beautiful rivers and lakes.</p> <p><b>LAKE FISHING EXCURSIONS</b>  Guided fishing tour on Lake Tremblant with boat and equipment included.</p> <p><b>SPA &amp; MASSAGES</b>  Treat yourself with spa treatment of all sorts. Spend a few hours in a nature spa or get anything from a hot-stone massage to a maple body scrub. In-room services are also available.</p> <p><b>PLANE AND HELICOPTER TOURS</b>  Discover Tremblant from the sky and get to see the whole thing from above.</p> <p><b>OFF-ROAD LAND ROVER</b>  2-hour driver training at the obstacle course and an off-road ride. Drive</p>
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	<p>a 4x4 Land Rover up steep hills, over log bridges, along rugged backwoods trails and out of the mud.</p> <p><b>ACROBRANCHE</b> The five Acrobranche courses are located 30 feet in the air, all set against the backdrop of waterfalls and lush forest. An unforgettable experience even for the little ones with a course designed for them!</p> <p><b>HORSEBACK RIDING AND CATTLE ROUND-UP</b> You can take a hold-on-tight ride through fields, streams and forests with experienced guides. Cowboys are also wanted for a cattle round-up experience!</p> <p><b>ATV TOURS</b> Ride the backcountry trails on an all terrain vehicle (ATV). Bump over rocks and through river beds, then ride to a mountain lake, swim and enjoy the views.</p>
<p><b>Golf</b></p>	<p>Designed by renowned master architects, Le Diable and Le Géant golf courses are masterpieces and have proudly taken their place among the best in golf: superior course conditions, exceptional service and breathtaking mountain majesty.</p> <p><b>LE DIABLE</b> Designed by master architects Michael Hurdzan and Dana Fry, this course is a masterpiece that offers a unique golfing experience on 7,056-yards of impeccable greens, with imposing red sand waste bunkers and long narrow fairways. With its Golf Academy offering one of the best facilities in Canada and its unmatched personalized service, Le Diable has established itself as the best public golf course to play in Quebec (Score Golf, 2002). Now a member of the prestigious and select RAVEN family of golf courses, Le Diable will certainly exceed your expectations. Being the first golf course in Quebec, and the 7th in North America to achieve Raven status, this renowned championship course and host of the 1999 Canadian Skins Game, Le Diable had to surpass all standard requirements by proving to be a memorable, playable and pleasing place to golf, while also presenting a challenge to players. To achieve Raven status among Intrawest's most beautiful courses, Le Diable is now offering superior personalized service, more frequent Players' assistance, access to the practice facilities with supervision and tips from a CPGA pro, new generation electric carts, use of improved GPS, breakfast for tee-times before 11 a.m. and so much more.</p> <p><b>LE GÉANT</b> This golf course welcomes its players in a breathtaking setting, where keeping your eye on the ball presents quite a challenge. Harmonious with its natural surroundings with its plateaux sculpted right into the mountainside, fast greens, rolling fairways, this course, created by</p>

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	<p>architect Thomas McBroom, is the perfect blend of a challenging mountainous course with 2 lakes and 52 white-sand traps, and amazing views of the Laurentians, throughout its 6,836 yards.</p> <p><b>LEARN WITH THE PROS</b></p> <p>Tremblant Golf Academy ranks among the best in North America with staff of certified teaching professionals and top-notch facilities unique in Canada.</p> <ul style="list-style-type: none"> <li>- Golf shelter that can welcome 22 golfers (6 on a grass surface)</li> <li>- State-of-the-art “V1” digital video technology</li> <li>- Practice facilities: space for 65 golfers</li> <li>- High quality installations of 7 bent grass target greens and 3 sand traps</li> <li>- Practice green surface of 400 sq m.</li> <li>- A special time for young players</li> </ul> <p>All season long, children 15 years and under play for free after 4 PM when accompanied by an adult.</p>
<b>Fishing</b>	<ul style="list-style-type: none"> <li>- <b>Fly fishing:</b> Learn all about fly fishing with experienced, certified and passionate guides. From a central location in the village of Mont-Tremblant, you can easily access some of the best fishing rivers, streams and lakes in the area. These offer excellent light tackle and fly fishing opportunities throughout the trout, bass, pike or muskie seasons.</li> <li>- <b>Family discovery:</b> This activity starts with a walk along a short interpretative trail to our fishing ponds where you will tie a fly and learn how to fly fish for feisty rainbow trout. Your instructor will show you how to tie a fly and teach you the basic fly cast or light tackle techniques.</li> <li>- <b>River wading excursions:</b> Suited to more experienced anglers, their guides will show you the best spots along the Diable River fishing sector where you will be casting to feisty brown and brook trout. Depending on the time of year and water levels, the Diable River offers a wide range of fishing opportunities using a variety of techniques from light tackle to fly fishing using dry flies or weighted nymphs and streamers on sink-tip lines.</li> </ul>
<b>Tennis</b>	<p>André Lemaire is Director of the Tennis Academy, with over 25 years of teaching experience, he is the only coach in Canada who brought athletes to win at Wimbledon and Roland-Garros. Discover a superb complex of 13 world class clay courts (6 lighted).</p>
<b>Hiking</b>	<p>Discover the highest peak in the Laurentians on 12 trails (from 1 km to 20 km round trip) for hikers of all levels. Enjoy spectacular views at every turn. Join family and friends on a network of hiking trails with something for everyone. Trails are limited to pedestrians. Trail map included in the Activity Guide available at the Information Centre and ticket offices. Once at the top, you'll be able to come back down on the</p>

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	panoramic gondola for only \$7
<b>Mountain Biking</b>	<p>The Tremblant area is filled with interesting mountain biking trails for all levels. Bring your bike and... discover! Simplify your arrival at Tremblant and rent your bike on-site. A friendly service awaits you so that you can enjoy the best that Tremblant has to offer.</p> <p>Guided mountain biking tours will allow you to discover local cross-country trails, and learn more about the local ecology in Mont Tremblant. Try the Vélo Écolo tour, a guided trip along of the Linear park, where you will visit an ecological garden and a traditional tee-pee or the Initiation to Mountain Biking in the Domain Saint Bernard cross country trails. Schedule: Vélo-écolo tour is offered Wednesdays and Sundays at 9:00am</p>
<b>Luge</b>	<p><b>Alpine Luge Tremblant</b></p> <p>Once is never enough! Summer fun starts here with the ride everyone's talking about. An unforgettable outing with thrills for young and old alike. A fun-filled gravity ride on a 3-wheel-cart using a unique breaking and steering system that gives the rider complete control.</p>

<b>CULTURE</b>	
<b>Art Galleries</b>	<ul style="list-style-type: none"> <li>- Galerie Côté Créations Promenade Deslauriers (819) 421-1888 et (819) 425-3660 <a href="http://www.cotecreations.com">www.cotecreations.com</a> Mont-Tremblant artist Yan-Éric Côté produces and exhibits his paintings on site. Production of commercial, residential and antique signs.</li> <li>- Galerie L'Envol du Huart Loondance Gallery Promenade Deslauriers (819) 681-4884 <a href="http://www.loondance.ca">www.loondance.ca</a> Original Inuit sculptures, prints from Cape Dorset, "objets d'art" from Québec, and Nova Scotian folk art.</li> <li>- Galerie Soutana Rue des Remparts (819) 681-4550 <a href="mailto:soutana@cgocable.ca">soutana@cgocable.ca</a> Exclusive collection of native North and South American art and crafts.</li> <li>- Galerie d'art Suzanne Robert Fairmont Tremblant 819 425-5300 <a href="http://www.art-tremblant.com">www.art-tremblant.com</a> Come discover our impressive collection of paintings and sculptures by renowned Quebec artists.</li> </ul>
<b>Music</b>	<p>Music festivals abound at Mont Tremblant in the summer months; here's just the events for August 2008:</p> <p>LES RYTHMES TREMBLANT / POP ROCK 2-3 Aug From the Beatles to Prince, a whole weekend of great tunes awaits you.</p> <p>TREMBLANT UNDER THE STARS 8-9 Aug Admire the starry sky in all its splendour and immensity at the summit of</p>

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	<p>Mont Tremblant. Meet qualified astronomers who will unravel the mysteries of the stars and planets. An interesting activity for all ages.</p> <p>LES RYTHME TREMBLANT / FOLK 9-10 Aug Return to the 1960s and 1970s, from Neil Young to Simon &amp; Garfunkel.</p> <p>LES RYTHME TREMBLANT / WORLD BEAT 16-17 Aug A world tour of exciting and multi-faceted musical discoveries from around the globe.</p> <p>LES RYTHME TREMBLANT / R&amp;B 23-24 Aug Famous record label Motown gave us so many unforgettable hits by great American performers. Relive an era of exciting music.</p>
<b>Cinema</b>	<p>Cinema Pine at Le Johannsen Movies schedule: (819) 429.6111 In the resort village, on Rue des Remparts. Two screen theatre with the latest releases.</p>

<b>ATTRACTIONS</b>	
<b>Beaches</b>	<p>Discover the golden sands of the Beach and Tennis Club and all its outdoor activities. Located just next to the award-winning pedestrian village, it offers incredible views of the glorious mountain and the always beautiful Lake Tremblant</p>
<b>Nature</b>	<p><b>Nature Under the Stars</b> - Monday, Tuesday &amp; Wednesday evenings, attend lectures by a park ranger from the Parc national du Mont-Tremblant. Using videos, he will introduce you to various topics related to the park's flora and fauna.</p> <p><b>Birds of prey Free Flight Show:</b> "Evolution: From Dinososaurs to Raptors!" Life has been evolving for hundreds of millions of years since the formation of the Earth. From dinosaurs to recent species, the process of evolution has created the most skilled and specialised of predators: the birds of prey. Learn all about these spectacular birds and marvel at their agility as they brush right past you and fly right above your head! Come and see North America's smallest raptor: the Kestrel. Observe a Bald Eagle soaring in the sky of the Laurentians. Watch as the stunning Harris Hawk spreads its wings right beside you. Get a glimpse at a majestic nocturnal hunter, the Great-horned Owl. And discover a charming scavenger of the desert...the Black Vulture</p>
<b>Tremblant National Park</b>	<p>Just 145 km from Montreal, a vast universe of lakes and rivers set against a mountain backdrop, this park offers you freedom and the chance to get away from it all. Parc national du Mont-Tremblant provides a rich mixture of Québec's natural and historical heritages. It is the biggest park in the network and the first national park to have been</p>

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created in Québec. It features a variety of activities and discoveries that are sure to please. By canoe or on foot, skis or snowshoes, you will be surprised by the immensity of the territory. Offering nature at its best, Parc national du Mont-Tremblant is open year round and is bound to make an unforgettable impression on you.

- **Enchanted Forests:** Let yourself be captivated by the charm of the forest landscapes where nature has retained all its rights. With its 1,510 km<sup>2</sup> of territory and 163 km of hiking trails, Parc national du Mont-Tremblant is the largest park in Québec.

- **A Realm of Lakes and Rivers:** Four hundred lakes, some small and intimate, others vast and windswept, six rivers dotted with waterfalls and cascades, and a multitude of streams, help to create a magnificent natural realm.

- **Rivière L'Assomption:** With a varied course that combines calm sections and rapids ranging in difficulty from Level I to IV, Rivière L'Assomption, which runs for 15 km through the park, is considered one of Québec's best teaching rivers. Three campgrounds are available for canoeing enthusiasts.

- **The Meandering Diable:** The spectacular character of the course is attributable to the peaceful bends and backwaters that the river has traced along the rocky face of Mont de la Vache Noire. Duration: the outing lasts 3 to 4 hours, including transportation. A canoe and passenger transportation service is available.

- **Birds and Other Wildlife Wonders:** Birdwatchers will be right at home in the park: to date, 196 species of birds have been surveyed. In addition, the park is home to a highly diverse wildlife population. Bears, hares, wolves and beavers invite you to discover their environment.

- **The Totem Poles at Place Centenaire:** Three professional sculptors from the region, have each created an immense totem pole made out of white pine. Totem poles, which are an ancient means of communication, convey different messages that are accessible to everyone. Each totem pole represents a different facet of the park, whether it be its economic history, its recreational-tourism vocation or its flora and fauna.

- **Camping,** experiencing nature the way it was meant to be: Whether you are looking for the comfort of a full-service campground or the charm of more rustic sites, a camping stay in the park will allow you to experience nature the way it was meant to be.

- **Breathtaking Waterfalls:** Spend a few minutes, or a couple hours for that matter, at the Chute Croches, Chute du Diable and Chute Aux Rats waterfalls. They contribute to the great splendour of the land and soundscapes.

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<b>OTHER ACTIVITIES</b>	
<b>Shopping</b>	Shoppers will find that they are in the right place, with more than 40 merchants to choose from in the pedestrian-only village. There's a range of shops from sports stores to ready-to-wear by way of a pastry shop or even a movie theatre!
<b>Nightlife</b>	<p>When night falls and the lights come on, the pedestrians-only village of Tremblant takes on a magic glow. In Old Tremblant or Place Saint-Bernard, it is now time to sit down to delicious dining specialties. Moving from splendid French cuisine to a succulent Savoie-style fondue or a homemade crepe is easy.</p> <p>And finally, the young of heart and spirit will extend the evening to enjoy Tremblant's legendary nightlife well into the wee hours, dancing to the sounds of a DJ or listening to their friends sing Karaoke.</p> <p>- <b>Bar Café d'Époque</b>  Vieux-Tremblant (819) 681-4554 <a href="http://www.barcafedepoque.com">www.barcafedepoque.com</a>  Tremblant's best party bar offers you happy hour and DJ entertainment every day of the week. Come dance and cut loose! Open from 3 p.m. until 3 a.m.</p> <p>- <b>Le P'tit Caribou</b>  Vieux-Tremblant (819) 681-4500 <a href="http://www.ptitcaribou.com">www.ptitcaribou.com</a>  Voted the "Best Bar in Eastern Canada" by Ski Canada Magazine.</p> <p>- <b>Octobar Rock</b>  Chalet des Voyageurs (819) 681-3000 ext 46512  Rock bar.</p> <p>- <b>Le Shack</b>  Le Saint-Bernard  (819) 681-4700 <a href="http://www.leshack.com">www.leshack.com</a>  Sports bar (big screen TV) and casual family dining. Spacious terrace located on Place Saint-Bernard. Breakfast available during the peak season.</p>

<b>CUISINE</b>	
<b>Food</b>	Superb food from light snacks to gastronomical feasts! Vieux Tremblant, Place St-Bernard, Le Manitou, wherever you are at Tremblant, you'll have as much fun sampling Italian specialties as you will carving up perfectly groomed runs. Enjoy fine French cuisine one day and a spicy fajita the next. It's as easy as slaloming. Savour a rich fondue, treat yourself to a queue de castor (Beavertail snack) or recall your childhood with a candy apple or a handful of homemade sweets
<b>Restaurants</b>	There are 38 restaurants in Tremblant Resort!
<b>MORE INFO</b>	
<b>Brochures</b>	PHONE: 1-866-783-5630
<b>Website</b>	<a href="http://www.tremblant.ca">www.tremblant.ca</a>

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