



## Chris' Favourite Places:

*Chris' personal picks from places in the world that he has visited.*

### Top 10 Beaches

**Seychelles:** *Like sparkling emeralds on blue velvet, these lush granite mountains in the Indian Ocean each have their own set of dramatic beaches, often backed with lush palms and studded with huge rounded granite boulders.*

**California Beaches:** *There's every kind of beach on California's 1,350 km of ever changing coastline: from beaches where everyone wants to be seen, to beaches where there's no-one in sight, California has it all.*

**Provo, Turks and Caicos:** *Grace Bay Beach on the island of Providenciales – or Provo to its many devotees – is 20 kilometers of beautiful, fine white sand edging spectacular clear, turquoise water and pristine coral reefs.*

**Rio de Janeiro, Brazil:** *Possibly the most famous beach in the world, Copacabana does not disappoint. These golden sands in the glamorous south zone of Rio de Janeiro offer surfing, swimming and diving plus sand volleyball or a barefoot soccer game...and of course: beautiful people watching!*

**Pembrokeshire, Wales:** *The Pembrokeshire Coastal Path in south west Wales links many wonderful beaches, but my favourite is Marloes Sands, a truly impressive and expansive beach with amazing rock formations.*

**Wineglass Bay, Tasmania:** *This is a stunning beach located in Freycinet National Park, on the east coast of Tasmania. From a viewpoint high above, you can marvel at a perfect curve of the whitest sand imaginable, fringed by azure water and lush green forest.*

**French Polynesia:** *So difficult to choose between the famed black volcanic sand at Mahina Beach on Tahiti, or the coral sand of Temae Beach on Moorea, but ultimately my vote goes to any of the numerous tiny, powder-beached 'motus' that dot the tropical lagoons of many islands in this part of the Pacific Ocean.*

**The Gambia:** *I spent my honeymoon on these palm-shaded beaches of this tiny West African river nation, where long strands of dazzling sands shimmer in the tropical heat and then glow as the sun sets over the Atlantic Ocean.*

**Thailand Beaches:** *The islands (100's) and coastlines (it has 3) of Thailand boast so many beautiful beaches that you can find whatever your heart desires: solitude, glitz, soft adventure, culture, coral reefs and dramatic landscapes.*

**Antigua:** *A small Caribbean island but one that fits an amazing 365 beaches into its crinkled coastline – one for each day of the year...So you can find the perfect one for you. Try Hawksbill. I haven't seen them all yet, but I'm working on it!*