DOMINICAN REPUBLIC, BE LIVE HOTELS & TRANSAT HOLIDAYS



DOMINICAN REPUBLIC

The Dominican Republic is a great destination with a number of different resorts for you to choose between.

For relaxing and "fun in the sun" - **Punta Cana** has crystal seas, vast stretches of white sands and first class golf. Most travelers come to this region because its beaches are among the most beautiful in the country, if not the entire Caribbean. The big hotel complexes in Playa Macao, Playa Bavaro and Punta Cana all organize activities. Their prime locations mean that guests can enjoy scuba diving, snorkelling, sailing, windsurfing, horseback riding and many other sports, including tennis. There are two golf courses in the region.

Puerto Plata has a renewed buzz with new resorts, ramped up nightlife and fabulous windsurfing and water sports. The Dominican Republic and Nolitours have joined forces to create the It Zone in Puerto Plata. It is the place to be this year! Designed for people who expect more than just sun and sand on their vacation, it's a destination for people who want to have fun! Beyond the fabulous beaches and great resorts, you'll be able to immerse yourself in the local culture, get into the Dominican beat and enjoy a host of activities open to everyone. It's a great place to kick back and meet new people!

Blend the Caribbean with art and culture in **Romana**. Altos de Chavón, located to the east of La Romana, is a surprisingly beautiful reconstruction of a late 14th century Italian village. It was built by ambitious entrepreneurs to create a major tourist attraction in the region. This replica is faithful in many ways to the original village, due to its incredible attention to detail.

The historic, cosmopolitan capital of **Santo Domingo** is the oldest city in the Americas. It mixes the stately grandeur of colonial architecture with glamourous casinos and nightclubs. A stroll through the streets is pleasant and requires little effort, the buildings all being set in a relatively limited perimeter. Visit the magnificent Catedral Santa María de la Encarnacíon, constructed during the 1540s, the Alcazar of Columbus and many other beautiful buildings in the old city.

Transat Holidays and sister company Nolitours have weekly flights and many excursions to help you discover The Dominican Republic and its culture. They also feature Be Live Hotels throughout The Dominican Republic.

Explore the website at: www.godominicanrepublic.com



Choosing Between the Different Destinations Within Dominican Republic	So here's your choice: Puerto Plata lies on the more verdant, and rainier, north shore of the island; Punta Cana lies on the dustier, somewhat drier southeastern tip. Instead of the tranquil Caribbean Sea, the beaches of Puerto Plata face the Atlantic Ocean, which means that waters can be more turbulent, especially in the winter months. Rainfall in Puerto Plata, when it comes, arrives suddenly, but doesn't last long. And it keeps the landscape green. Puerto Plata's beaches aren't as wide as some of those in Punta Cana, but recent improvement of the beaches in Puerto Plata has done a lot to even out the equation. However the beaches of Punta Cana truly deserve their worldwide reputation. Staff at hotels in Puerto Plata tend to have been born and raised within the region, and they usually retain cultural links to the region and to their families. Staff within hotels in Punta Cana tend to have moved recently from other parts of the island, and some of them seem a little uprooted. Puerto Plata maintains an urbanized feel, and an economy based on something in addition to tourism, whereas newer communities like Punta Cana and Samana are basically modern communities carved from what was wilderness or scrubland, with none of the feelings of urban life that are so deeply engrained within the Dominican consciousness. Each region has advantages and it's great to have the choice of
Location	In the heart of the Caribbean archipelago - nestled amid Cuba, Jamaica, and Puerto Rico - the island of Hispaniola (Little Spain) is divided between Haiti, on the westernmost third of the island, and the Dominican Republic, which has a lush landmass about the size of Vermont and New Hampshire combined. In the Dominican interior, the
	fertile Valley of Cibao (rich sugar-cane country) ends its upward sweep at Pico Duarte, the highest mountain peak in the West Indies, which soars to 3,125m (10,250 ft.). Much of what Columbus first sighted still remains in a natural, unspoiled condition. One-third of the Dominican Republic's 1,401km coastline is devoted to beaches of which the most celebrated are those around Punta Cana, which lies in the east of the country.
Geography	The mountains of the Dominican Republic divide the country into northern, central, and southwestern regions. The northern region includes the Cordillera Septentrional (northern mountain range), the Cibao Valley, which is the country's major agricultural area; and the tropical Samaná Peninsula with its coconut plantations and bay, where humpback whales breed. The central region is dominated by the Cordillera Central (central range) which ends at the Caribbean Sea. The highest point in the Caribbean is Pico Duarte, which reaches an elevation of over 10,414 feet (3,175)



ind sa inh fla	compasses the Sierra de Neiba. Much of the region is a desert and it cludes Lake Enriquillo, the island's largest lake. Lake Enriquillo is a ltwater lake that lies 150 feet (46 meters) below sea level and is nabited by unique fauna, including crocodiles, huge iguanas, and mingos. co Duarte was not climbed until 1944; it's now an exciting and
	ergetic 3 day hike available as a guided excursion.
	spaniola was named "Little Spain" by Colombus
	proximately 9.2 million
Language Th	e official language is Spanish; many people also speak some nglish.
Currency The ce per RI in curpe	ne Dominican monetary unit is the peso (RD\$), made up of 100 ntavos. Coin denominations are 1, 5, 10, 25, and 50 centavos, 1 eso, and 5 pesos. Bill denominations are RD\$5, RD\$10, RD\$20, D\$50, RD\$100, RD\$500, RD\$1,000, and RD\$2,000. Price quotations this section sometimes appear in U.S. and sometimes in Dominican rrency, depending on the policy of the establishment. Currently, 39 esos = Cdn \$ at December 1st, 2014.
Mo	ost restaurants and hotels add a 10% service charge to your check. ost people usually add 5% to 10% more, especially if the service has een good.
Alt su ov	epresentative democracy with Presidents elected for a 4 year term though the DR has long been viewed primarily as an exporter of gar, coffee, and tobacco, in recent years the service sector has ertaken agriculture as the economy's largest employer due to growth tourism
Ca pro ag do mi pe Di Re Ce	anadians traveling to the Dominican Republic require a valid anadian passport You will also require tourist card which will be ovided on the aircraft during your southbound flight. Minors (under the le of 18) being nationals of Canada in addition to the above ocumentation requirements must: if traveling as an unaccompanied nor or with an adult other than a parent or legal guardian must hold a simit issued by the Consulate of Dominican Republic in Canada or the rector General's Office of Immigration in Santo Domingo, Dominican epublic to leave the country of Dominican Republic. Baptismal ertificates are not acceptable as a birth certificate, nor are birth rtificates issued in Quebec prior to January 1, 1994. Contact the onsulate of Dominican Republic for more information.
	ne hour ahead of EST



Health	Stick to bottled water outside of the main resorts. Consult your doctor about Malaria and Dengue Fever – very unlikely threat to tourists but you may want to additionally protect yourself anyway.
Safety tips	Safety is still a concern in the Dominican Republic, but it shouldn't dissuade you from planning a vacation here. Crime consists primarily of theft, robberies, and muggings, and most of it is limited to certain areas of Santo Domingo and the night hours. There is a low incidence of violent crime against tourists, however. Follow some simple common-sense rules, and you'll be fine.

CLIMATE	
General climate	The average temperature is 25°C. August is the warmest month, and January the coolest month, although even then it's warm enough to swim.
Today's weather	29 degrees Centigrade and mostly sunny for 1 st December 2014
Best time to visit	The DR is a year-round destination, but with special attraction to Canadians during the cold winter months! Hurricane season is generally September and October, but you would be very unlucky indeed to experience one of these storms.

GETTING THERE	There are daily flights to Punta Cana from Canada.
Flying time	It's just over a 4 hour flight from Toronto or Montreal with Air Transat. Most tourists will only need to pay for a tourist card that is issued upon arrival at the airport. The cost for the tourist card is US\$10 and it will be valid for 30 days. The exit tax is US\$20. However, most of the time this is already included in the airline ticket cost. (as at Dec 2014)
Punta Cana	On the easternmost tip of the island is Punta Cana, site of several major vacation developments with more scheduled to arrive in the near future. Known for its spectacular beaches and clear waters, Punta Cana is an escapist's dream. Its 32km of white sands, set against a backdrop of swaying palm trees, are unrivaled in the Caribbean, and that's the chief and perhaps only reason to come here. Many Europeans (especially Spaniards) rushed to take advantage of Punta Cana's desirable climate - within one of the most arid landscapes in the Caribbean; it rarely rains during daylight hours. Capitalizing on cheap land and the virtually insatiable desire of Europeans for sunny holidays during the depths of winter, a half-dozen European hotel chains participated in something akin to a land rush, acquiring large tracts of sugar-cane plantations and pastureland. Today, at least a dozen mega-hotels, most with no fewer than 500 rooms, some with even more, attract a clientele that's about 70% European or Latin American. Some of them have some of the most lavish beach and pool facilities in the Caribbean, spectacular gardens, and relatively new concepts in





	(tel. 800/654-3131 in the U.S. and Canada, or 809/221-5333; www.hertz.com) all operate in the Dominican Republic. All three have offices at the Santo Domingo and Puerto Plata airports, as well as in downtown Santo Domingo. Avis and Hertz also have offices in La Romana and in Punta Cana.
Buses	Públicos are unmetered multipassenger taxis that travel along main thoroughfares, stopping often to pick up people waving from the side of the street. A público is marked by a white seal on the front door. You must tell the driver your destination when you're picked up to make sure the público is going there. A ride is usually RD\$5 (15¢). The minimum fare is RD\$3 (10¢).
	Public buses, often in the form of minivans or panel trucks, are called guaguas (pronounced gwa-gwas). For about the same price, they provide the same service as públicos, but they're generally more crowded. Larger buses provide service outside the towns.

ACCOMMODATION TYPES

Transat Holidays and Nolitours feature the widest range of hotels and resorts in the DR, from value 3 star to all-singing, all-dancing 5 star resorts. Be Live Resorts have four recommended resorts available with Transat – see separate section below.

LIFESTYLES	
Kids	Acuario Nacional, Santo Domingo Phone: (809) 766-1709 Open from Tuesday to Sunday from 9:30am to 5:30 pm. Bordering the Carribean Sea, the national aquarium offers visitors a glimpse of the Caribbean's diverse, colorful sea life. The aquarium's Plexiglas tunnel surrounds spectators with water, sharks, rays and conger eels. A variety of colorful fish swim throughout the tunnel, while exhibits explain different types of marine environments.
	Manati Park, Bavaro, Punta Cana Phone: (809) 221-9444 Website: www.manatipark.com Manati Theme Park focuses on nature, animals and the history of the Dominican Republic. Located in Bavaro-Punta Cana, the park is centered on an incredible landscape of magnificent gardens abundant with orchids and tropical plants. This park is a huge hit with kids as it encourages them, with the assistance of professionals, to hold non-poisonous snakes and play in a pool with dolphins.
	Parque Zoologico Nacional, Santo Domingo Phone: (809) 562-3149. http://www.zoodom.gov.do Open Tuesday to Sunday, 9am to 5pm



	Located north of Santo Domingo, Pargue Zoologico is one of the largest zoos in Latin America. The 320-acre park provides guests with the opportunity to see intriguing animals like tigers, chimps and hyenas, while also offering glimpses of crocodiles, flamingos and nocturnal anteaters. Whether children are discovering creatures in the large landscaped grounds or going for a ride on the shuttle train, they're sure to enjoy their visit to Santo Domingo's National Zoo.
Teens	Islabon Jungle River Tour
	Phone: (809) 248-2818 Located about three miles east of Cabarete, the Islabon Jungle River Tour allows kids to explore the Islabon river area by boat and walk through jungle trails to a mini zoo that includes iguanas, snakes, turtles, ravens and North American crocodiles. The tour includes an informative chat about the nature found in the area.
	Monster Truck Safari
	Phone: (809) 244-4060
	This full-day adventure tour allows participants to experience the diversity and beauty of the Dominican countryside in a fun, comfortable and safe environment. Holding approximately (28 people for small jeeps, and 32 for large), the large eight-wheel drive safari jeeps are driven by professionals on a variety of terrain. Participants are seated up high to ensure an exceptional view of the countryside and will be covered in case of rain. Various stops throughout the day offer a glimpse of true Dominican culture and life.
Romance	Lush tropical forests, rolling mountains and long deserted beaches – perfect!
Honeymoons & Weddings	This is a very popular wedding and honeymoon destination for Canadians and most of the larger resorts have dedicated staff available to help you plan for this very special event.
Zoomers	Endless beaches, excellent resorts and accessible tours to the countryside make this an excellent choice for the older vacationer.
LINIOUES	Housely starting in January and Jacking until late March Companie
UNIQUES	Usually starting in January and lasting until late March , Samana's humpback whales return every year to these tropical waters. Tours originate from Samana and Las Galeras (and several bayside locations in between) and from Las Terrenas.
	Whale-watching as a local tourist industry was begun in the 1980s by Kim Beddall, then an itinerant scuba instructor with no formal training as a marine biologist – although she's since been instrumental in the implementation of a code of conduct for whale-watch boats. Beddall still

runs excellent whale boat tours through her Whale Samaná/Victoria



	Marine operation, Malecón (US\$45) that allow you to get an up-close
	look at the humpbacks; sitings are guaranteed in season
Surprising	Larimar: is a rare blue variety of pectolite found only in the Dominican Republic. Its coloration varies from white, light-blue, green-blue to deep blue. In 1916 Father Miguel Domingo Fuertes Loren found the first gems but it wasn't until 1974, that Miguel Méndez and Peace Corps volunteer Norman Rilling rediscovered Larimar on a beach at the foot of the Bahoruco Range, the coastal province of Barahona in southwest DR. There is a Larimar Museum in Santo Domingo: Isabel La Catolica Street no.54, Zona Zolonial-Santo Domingo. Tel: 809-682-3309 Hours:
	9:00AM - 6:00PM. http://www.larimarmuseum.com
History	For at least 5,000 years before Christopher Columbus discovered America for the Europeans the island was inhabited by Amer-Indians. Anthropologists have traced multiple waves of indigenous immigration from two principle places. Some of the early Amer-Indians came from Central America (probably Yucatan and/or Belize) and some came from South America, descendants of the Arawakan Indians in Amazonia, many of whom passed through the Orinocco Valley in Venezuela. It is from the blending of these waves of indigenous immigrants that the Taíno Indians, the people who welcomed Columbus on his arrival, are believed to have originated. The Dominican Republic was discovered on December 5, 1492, by
	Christopher Columbus during his first voyage to the New World. At that time the island of Hispaniola (as Columbus named it) was called "Quisqueya" by the Taino Indians who occupied the land. With a population estimated around 600,000, the Tainos (meaning "the good") were peaceful and hospitable to Columbus and his crew of Spaniards. Columbus himself grew a particular fondness for Hispaniola, describing it in his journal as "a beautiful island paradise with high forested mountains and large river valleys."
	Columbus' admiration for Hispaniola coupled with his crew's discovery of gold deposits in the island's rivers led to the establishment of European settlements, the first of which was founded in 1493 in La Isabela. With the presence of new settlements, the Taino Indians were put into slavery and over the next 25 year, were eventually wiped out. Simultaneously, the settlers began bringing African slaves to the island to ensure adequate labor for their plantations.
	Columbus' brother, Bartholomew, was appointed governor of Hispaniola and in 1496 he founded the city of Santo Domingo. The capital city quickly became the representative seat of the Spanish royal court and



therefore, a city of power and much influence. However, by 1515 the Spaniards realized the gold deposits of Hispaniola had significantly dwindled. Around this time Herman Cortes discovered silver deposits in Mexico. Upon hearing this news, most Spanish residents of Santo Domingo left for Mexico, leaving only a few thousand settlers behind. Because of the predominance of livestock, initially introduced by Columbus, these settlers sustained themselves by providing food and leather to Spanish ships passing Hispaniola on their way to the richer colonies on the American mainland. It is during this period of time that the pirates of the Caribbean made history.

The island of Hispaniola remained under Spanish control until 1697 when the western third of the island became a French possession. (In 1804, the western part of the island became the Republic of Haiti.) This area, which the French called "Saint Domingue" became the richest colony in the world thanks to large sugar plantations which were worked by hundreds of thousands of slaves imported from Africa. In 1791 a slave revolt broke out in Saint Domingue. For fear of losing their colony to the slaves, the French abolished slavery in 1794. With calm in Saint Domingue, the French were able to focus on overwhelming the Spanish on the island's eastern side, who later surrendered power.

In 1809 the eastern side of the island returned to Spanish rule. In 1821 the Spanish settlers declared an independent state but just weeks later, Haitian forces invaded the eastern portion of the island and incorporated Santo Domingo. For the next 22 years the entire island came under Haitian control. However, fueled by their loss of political and economic control, the former Spanish ruling class developed an underground resistance group led by Juan Pablo Duarte called "La Trinitaria." After several attacks by La Trinitaria on the Haitian army, the Haitians retreated. On February 27, 1844, the eastern side of the island declared independence and gave their land the name "Dominican Republic."

The 70 years that followed were characterized by political unrest and civil war, mainly due to fights for leadership of the government by Dominican strongmen. Disputes continued with Haiti and power returned to the Spanish for a short period of time (Restoration Day celebrates the day that a national war of "restoration" began, re-establishing the Dominican Republic's independence by 1865). Turmoil in the early 1900's led the United States to intervene. In 1916 U.S. troops occupied the country and stayed until 1924 when a democratically elected Dominican government was put into place. However, the head of the army that was put into place during the American occupation, Raphael Leonidas Trujilo, used his power to block government reform and shortly



	thereafter, took total control of power in the form of a repressive
	dictatorship. His rule lasted until 1961 when his motorcade was
	ambushed and he was killed. (The anniversary of his death is a public
	holiday in the Dominican Republic.)
	Following Trujilo's death, political unrest again prevailed. The Dominican
	Republic went through a series of leaders until 1965 when Lyndon B.
	Johnson ordered the U.S. marines to again occupy the country. A rigged
	election in 1966 put Dr. Joaquin Balaguer, a member of the Partido
	Reformista Social Cristiano (PRSC), in power for a reign that lasted until 1978 when Dominicans elected Antonio Guzman, also of the PRD.
	Guzman died in 1982 at which time Dominicans elected another member
	of the D.R.P. In 1986 Balaguer was again elected, this time legitimately,
	and remained president until 1996 when President Leonel Fernandez (of
	the Party of the Dominican Liberation or PLD.) was elected. He served
	for four years and was replaced by Hipolito Mejia in 2000. Today's
Deale	Leonel Fernandez is again president.
Books	Frommer's Caribbean An Adventure Guide to the Dominican Republic by Harry Pariser
	See also an article I have written for one of the airline in-flight
	magazines:
	http://www.chrisrobinsontravelshow.ca/travelarticles/TA_Dominican.pdf
1000 Places to see	Casa de Campo near La Romana – one of the world's best golf and
before you die	sporting destinations
UNESCO World	Santo Domingo After Christopher Columbus's arrival on the island in 1402. Santo
Heritage Site	After Christopher Columbus's arrival on the island in 1492, Santo Domingo became the site of the first cathedral, hospital, customs house
	and university in the Americas. This colonial town, founded in 1498, was
	laid out on a grid pattern that became the model for almost all town
	laid out on a grid pattern that became the model for almost all town planners in the New World.
Must See	planners in the New World. Altos de Chavon, is an architectural wonder, a 16th century replica of a
Must See	planners in the New World. Altos de Chavon, is an architectural wonder, a 16th century replica of a Mediterranean village perched high above the Chavón River, near Casa
Must See	planners in the New World. Altos de Chavon, is an architectural wonder, a 16th century replica of a Mediterranean village perched high above the Chavón River, near Casa de Campo. The village was designed by Dominican architect Jose
Must See	planners in the New World. Altos de Chavon, is an architectural wonder, a 16th century replica of a Mediterranean village perched high above the Chavón River, near Casa de Campo. The village was designed by Dominican architect Jose Antonio Caro, and created by Italian master designer and
Must See	planners in the New World. Altos de Chavon, is an architectural wonder, a 16th century replica of a Mediterranean village perched high above the Chavón River, near Casa de Campo. The village was designed by Dominican architect Jose
Must See	planners in the New World. Altos de Chavon, is an architectural wonder, a 16th century replica of a Mediterranean village perched high above the Chavón River, near Casa de Campo. The village was designed by Dominican architect Jose Antonio Caro, and created by Italian master designer and cinematographer Roberto Coppa. Dominican artisans handcrafted the
Must See	Planners in the New World. Altos de Chavon, is an architectural wonder, a 16th century replica of a Mediterranean village perched high above the Chavón River, near Casa de Campo. The village was designed by Dominican architect Jose Antonio Caro, and created by Italian master designer and cinematographer Roberto Coppa. Dominican artisans handcrafted the stone pathways, decorative ironwork, furniture and enchanting buildings, reviving almost forgotten crafts of metal work and stone carving. Under Coppa's direction, each stone was hand cut, each wooden door frame
Must See	planners in the New World. Altos de Chavon, is an architectural wonder, a 16th century replica of a Mediterranean village perched high above the Chavón River, near Casa de Campo. The village was designed by Dominican architect Jose Antonio Caro, and created by Italian master designer and cinematographer Roberto Coppa. Dominican artisans handcrafted the stone pathways, decorative ironwork, furniture and enchanting buildings, reviving almost forgotten crafts of metal work and stone carving. Under Coppa's direction, each stone was hand cut, each wooden door frame was handcrafted and each wrought-iron detail hand-forged. Construction
Must See	Altos de Chavon, is an architectural wonder, a 16th century replica of a Mediterranean village perched high above the Chavón River, near Casa de Campo. The village was designed by Dominican architect Jose Antonio Caro, and created by Italian master designer and cinematographer Roberto Coppa. Dominican artisans handcrafted the stone pathways, decorative ironwork, furniture and enchanting buildings, reviving almost forgotten crafts of metal work and stone carving. Under Coppa's direction, each stone was hand cut, each wooden door frame was handcrafted and each wrought-iron detail hand-forged. Construction of the village began in 1976 and the village was inaugurated in 1982 with
Must See	Altos de Chavon, is an architectural wonder, a 16th century replica of a Mediterranean village perched high above the Chavón River, near Casa de Campo. The village was designed by Dominican architect Jose Antonio Caro, and created by Italian master designer and cinematographer Roberto Coppa. Dominican artisans handcrafted the stone pathways, decorative ironwork, furniture and enchanting buildings, reviving almost forgotten crafts of metal work and stone carving. Under Coppa's direction, each stone was hand cut, each wooden door frame was handcrafted and each wrought-iron detail hand-forged. Construction of the village began in 1976 and the village was inaugurated in 1982 with the concert of Frank Sinatra at the amphitheatre.
Must See	Altos de Chavon, is an architectural wonder, a 16th century replica of a Mediterranean village perched high above the Chavón River, near Casa de Campo. The village was designed by Dominican architect Jose Antonio Caro, and created by Italian master designer and cinematographer Roberto Coppa. Dominican artisans handcrafted the stone pathways, decorative ironwork, furniture and enchanting buildings, reviving almost forgotten crafts of metal work and stone carving. Under Coppa's direction, each stone was hand cut, each wooden door frame was handcrafted and each wrought-iron detail hand-forged. Construction of the village began in 1976 and the village was inaugurated in 1982 with



Stroll along cobblestone streets and enjoy the architectural grandeur of days gone by as you take in the detailed, amazing quality craftsmanship of yesteryear. Quaint shops, boutiques, art galleries, fine restaurants and an archeological museum are just a sampling of the world that awaits atop the picturesque cliffs of Casa de Campo.

Today, this amazing village is the site of many fine restaurants, boutiques, museums and the Altos de Chavon School of Design affiliated with Parson's School of Design in New York.

SPORTS ACTIVITIES -Baseball

Back in 1866, American sailors stationed on the island of Cuba taught natives the rules of the game of **baseball**. Following the Ten Years' War (also known as the Big War) in Cuba, baseball migrated to the Dominican Republic along with Cubans who were fleeing their country. Quickly nicknamed "beisbol" by the Dominican people, the sport was rapidly learned and became a passion. Today, traveling from one side of the country to the other presents national scores of baseball fields and stadiums, attesting to the Dominicans' love for the game.

The sport first turned competitive in the 1920s when baseball games began being played against neighboring countries. This competitiveness encouraged the establishment of the Dominican Baseball League. Four baseball teams were formed: Tigres del Licey and Leones del Escogido, both from Santo Domingo, Estrellas Orientales of San Pedro and the Las Aguilos Cibaeñas in Santiago. The popularity of professional baseball in the Dominican Republic ascended throughout the following years, but came to a halt in 1937 due to a financial downturn in the country. Meanwhile, amateur baseball evolved with Dominican teams competing with those from the U.S. and other Caribbean countries. The hiatus finally ended in 1951 with the return of professional baseball. Dominicans' idea of hosting amateur baseball in the summer and professional baseball during the winter months was generated, therefore giving the Caribbean the "home of winter baseball" title.

Today there are two additional teams in the country's professional baseball league: the Azucareros del Este from La Romana and the Gigantes del Cibao. Each season extends from the end of October through February, with the winner advancing to the Caribbean Series. At the series, the winning team of the Dominican Republic league plays against the champions of the Mexican, Venezuelan and Puerto Rican leagues.

The baseball season is **October to February** each year.

Golf

Punta Cana has 12 professional golf courses that were built in 1991, from designers such as Jack Nicklaus, P.B. Dye, Tom Fazio, Nick Faldo and Nick Price. Punta Espada, along with Teeth of the Dog in Casa de



	10 11 11 11 11
	Campo figure among the very first 50 best golf courses in the world.
	The Bávaro Golf Course, at Barcelo Bávaro Beach, Golf & Casino
	Resort, Bávaro Beach (tel. 809/686-5797), is the best golf course on this
	end of the island, and bears the honor of being the golf course whose
	allure helped open the eastern DR to the tourist boom. Open daily 7am
	to 5pm.
	Punta Cana Golf Club. Fronting the sea, it was designed by P. B. Dye
	of the famous golfing family. Fourteen of its holes open onto panoramic
	views of the Caribbean Sea, and four play along the ocean itself.
Fishing	Sea fishing is great in all the resorts for Marlin, sailfish, benito, tarpon,
lisimig	dorado, snook. You can arrange freshwater river-fishing trips through
	Casa de Campo in the south. Some of the biggest snook ever recorded
Hanna and Para	have been caught around here.
Horse riding	Within Punta Cana , the guest services staff at your hotel can arrange
	horseback riding for you, but if they can't, consider an equestrian jaunt at
	the region's biggest stables. These are headquartered at Rancho RN-23,
	Arena Gorda (tel. 809/747-7356 or 7538). It supervises as many as 125
	horses that are stabled at three separate "ranches," each within a
	reasonable distance of one another. You'll be guided on equestrian tours
	through groves of coconut palms near the beach and, in most cases,
	onto the beach itself. To reach it, you'll follow some clearly marked signs
	3km through some of the wildest terrain left in Punta Cana, down winding
	sandy paths to a series of palm groves, to the site of these stables.
Hiking	In the National Park and along the endless beaches the walks are
9	superb.
	For a special hike, there's a three day guided hike up Pico Duarte , the
	highest mountain in the Caribbean.
	There is a well-maintained system of trails leading up to the summit, with
	trailheads at several locations. The easiest access is from the town of La
	Ciénega, near Jarabacoa. The trail is 23.1 km to the summit, with a total
	elevation change of 1,977 meters, and a shelter 5 km away from the
	summit. Tourist-friendly travel agencies in the town of Jarabacoa can
	help arrange trips from this trailhead, using mules in their employ to help
	lug food, sleeping bags and supplies for the overnight stay in the shelter.
	A few fresh water springs labeled "Potable" are along the trail, but water
	filters or purifying tablets are recommended. The vast majority of hikers
	travel by this route.
	For the more adventurous, there is another trailhead northwest of the
	town of San Juan de la Maguana. These four-day (three night) trips that
	end at the Ciénaga trailhead (or, for an extra day of hiking, back at the
	starting location) are run entirely by local Dominicans who cook the food
	you provide and help you camp along the way. Each night is spent in well
	maintained shelters, and due to the distance traveled, riding by
	mule-back is strongly encouraged. Far off the beaten path, it is highly



	unlikely that there will be anyone else on the trail until you merge with the trail from La Ciénaga. According to Dominican Park Service representatives in La Cienaga, while approximately 1,000 hikers visit Pico Duarte during each of the months of December and January, only about 10 to 15 people a day hike the mountain during off-season months.
Cycling	The coast road is good biking terrain, but the roads are pot-holed and this is not ideal biking country!
Diving	There are diving opportunities with fully qualified operations in all the major resort areas of the country.

CULTURE	
Arts	Dominican paintings are primitive, colourful and affordable.
Music	Passing through the streets of the Dominican Republic visitors are sure to notice the handmade posters that hang from telephone poles promoting an upcoming merengue or bachata night at a nearby venue. Continue walking and it doesn't take long to realize that music acts as the soundtrack of the country and its people, often heard blaring from vehicles, stores, restaurants and houses. After sunset, the pulsing beats fill the air with life and draw locals and tourists alike toward the crowded dance floors of the world's hottest night clubs. A way of life on the island, Dominicans view dancing as an art and take pride in sharing their native movements with others. Salsa, Latin jazz and other types of dance music can be heard in the country, but are not as popular as their beloved merengue and bachata counterparts.
	Merengue The country's national dance, traditional merengue groups are comprised of a three-piece band including a melodeon (accordion-like instrument), a guira (a scraped percussion piece) and a tambora (double-headed drum); however, it has expanded to incorporate other instruments such as the saxophone, trumpets, violin, flute and piano. Its tempo is characterized by an aggressive beat, requiring its dancers to swing their hips in rapid, fluid motions and make sure their feet follow suit. Early merengue's lyrics were based on sexual encounters and other socially taboo subjects, thus preventing it from becoming widely accepted. Today, merengue's lyrics cover more general topics including politics and current events. Its music has become so popular, in fact, that it is honored with two regional festivals each year.
Films	Cayo Levantado on the peninsula of Samana, is the original Bacardi Island photographed in the 1970s rum campaign
Museums	Museo del Hombre Dominicano, Santo Domingo



The finest collection in the Caribbean of the artifacts of the pre-Columbian peoples, including the Taíno Indians. This is, in fact, the most important collection in the world of the Tainos, who greeted Columbus in 1492, little knowing the horrible fate that awaited them, including disease, slavery, and ultimately death at the hands of these strange visitors from another world. Thousands of magnificently sculpted ceramic, bone, and shell works are on display, along with grinding stones, carved necklaces, axes, and pottery. One section is devoted to the conquest of the West Indies, focusing on the pain suffered by the slaves under the domination of the Spanish. The life of the peasant is brilliantly depicted, including a typical country house that has been reconstructed in the museum. The exhibits are a pastiche of African. Taíno, and Spanish cultures, all of which went to influence Dominican life today. There's a little bit of everything here, even the "throne car" that the pope rode through the streets of Santo Domingo on a 1979 visit. One festive section depicts carnival costumes from around the island.

At the southern end of the Plaza Espana in Santo Domingo is **the Museo de las Casas Reales**, built between 1503 and 1520, was the administrative centre of the West Indies, housing the Royal Court, Treasury and Office of the Governor. Inside, the museum's rather hodgepodge collection includes a few Taíno artefacts, Spanish navigational instruments, and an armoury donated by Trujillo with examples of weaponry used here since Columbus. Opposite the Casas Reales is the Alcazar de Colón, the fortified palace of the Columbus family, built by Diego from 1511 to 1515.

Amber Museum: Puerto Plata

You can see a collection of rare amber specimens at the Museo de Ambar Dominicano (Museum of Dominican Amber), Calle Duarte 61 (tel. 809/586-2848; www.ambermuseum.com), near Puerto Plata's Central Park. Look out for the piece of amber with a perfectly preserved lizard inside! It's open Monday to Friday 8am to 6pm, Saturday 9am to 5pm. Guided tours in English are offered. Admission is RD\$40 or RD\$7 for children.

Festivals

Dominican Republic Jazz Festival: Nov in Cabarete

The Dominican Republic is world-renowned for merengue so it is no surprise that the annual Dominican Republic Jazz Festival attracts a line-up of Latin jazz performers. Concerts are held at Cabarete beach and the Gran Teatro del Cibao in Santiago. http://www.drjazzfestival.com

Carnival is held in late Feb – Diablo Conjuelo costumes, singing, dancing, every weekend in February.

Merengue festivals: July in Santo Domingo – musical blowout; Oct in



Pto Plata on the Malecon.

Las Nochas de Vela: the night of the prayer festival Jan 21 mix of Catholic and African religious festivities

ATTRACTIONS	
ATTRACTIONS Beaches	It was the beaches of the Dominican Republic's north coast that originally put the country on the world's tourist map, and in 2006, the Dominican government pumped hundreds of thousands of tons of sand from deeper offshore waters onto Playa Dorada's beaches, restoring them to wide, expansive stretches of pale amber-colored sands. The beaches all along the north shore are collectively known as the "Amber Coast" because of their color and because of the rich deposits of amber that have been discovered here. Many concession stands along the beach rent water sports equipment. Don't expect Robinson Crusoe-style isolation at Playa Dorada; you'll rarely, if ever, be alone on a stretch of beach in Puerto Plata. But if you enjoy beige sand that's rarely too hot to walk on, and a seemingly never-ending array of water sports kiosks and chaise longues, as well as an occasional loudspeaker projecting merengue music, you'll be happy here. Lying 5km west of Puerto Plata is a gorgeous beach, Playa Cofresi , set against a backdrop of all-inclusive hotels and some vacation villas that started to be built here in the 1990s. Although you can find plenty of space on this beach on weekdays, it comes alive on Sunday when several hundred local Dominican families descend from the hinterlands for fun, food, and sun. Another good choice in the area, Playa Luperon lies about an 80-minute drive to the west of Puerto Plata. This is a wide beach of powdery white
	sand, set amid palm trees that provide wonderful shade when the noonday sun grows too fierce. It's more ideal for windsurfing, scuba diving, and snorkeling than for general swimming. Various water sports concessions can be found here, along with several snack bars. Playa Bonita, in the Samana area, has 13km of uninterrupted beach that begins just west of Playa Las Ballenas, and boasts the kind of powdery white sand you might expect to see only in tourist brochures. From Playa Bonita's entrance, a sand road provides access for four-wheel-drives and motorbikes, past a beachfront populated at most by a few small groups of people taking advantage of the isolation to swim or sunbathe naked, until, after 6km, you reach Playa Cosón, a small
	fishing village holding two gourmet beach shacks with tables and chairs on the sand, serving grilled, fresh-caught fish for a few pesos.
Wildlife	Whales: 2500 of 6000 world pop of humpbacks breed and give birth in



	the north on the Silver Bank; they are 50ft long and 60 tons; Dec- Mar is
	the season for whale watching.
	The hutia is an endemic mammal, nocturnal, 30cms, lives in caves and
	is rarely seen.
Parks	Los Haitises National Park – 1200 square kilometers of limestone hills
	and mangroves. Guided tours to explore the many small islands and
	caves of the park are offered from Samana, Sanchez, Sabana de la Mar.
	Pre-Colombian pictograms cover the walls of some of the caves
	There are 16 national parks, 67 protected areas; caimans in SW; birds:
	flamingos, parrots; solenodon – the Caribbean's only insectivorous
	mammal, almost extinct; sea turtles, whales galore!
Gardens	The National Botanical Garden in Santo Domingo occupies an area of
	one square mile and was founded to study, preserve and investigate the
	varied plant life of Dominican Republic. Opened in 1976, the Botanical
	Garden is named after Dr. Rafael María Moscoso, the first Dominican
	botanist who wrote a catalog of the plants of the Spanish island in 1943.
	It is a sanctuary where animals and plants live in perfect harmony, with
	roads and trails will lead you a personal encounter with nature. It
	highlights the permanent exhibitions of bromeliads, ferns, palms,
	orchids, aquatic plants and the Japanese garden. Open daily from 9am -
	5pm. www.jbn-sdq.org
Historical Buildings	Santo Domingo:
Historical Buildings	Santo Domingo: Santo Domingo is the city of firsts in the Americas. Located in this
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral limestone structure on the bluffs of the Ozama River was the centre of
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral limestone structure on the bluffs of the Ozama River was the centre of the Spanish court, entertaining such distinguished visitors as Cortés,
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral limestone structure on the bluffs of the Ozama River was the centre of the Spanish court, entertaining such distinguished visitors as Cortés, Ponce de León, and Balboa. The nearly two dozen rooms and open-air
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral limestone structure on the bluffs of the Ozama River was the centre of the Spanish court, entertaining such distinguished visitors as Cortés, Ponce de León, and Balboa. The nearly two dozen rooms and open-air loggias are decorated with paintings and period tapestries, as well as
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral limestone structure on the bluffs of the Ozama River was the centre of the Spanish court, entertaining such distinguished visitors as Cortés, Ponce de León, and Balboa. The nearly two dozen rooms and open-air loggias are decorated with paintings and period tapestries, as well as 16th-century antiques. A walk downhill from the Alcázar leads to the
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral limestone structure on the bluffs of the Ozama River was the centre of the Spanish court, entertaining such distinguished visitors as Cortés, Ponce de León, and Balboa. The nearly two dozen rooms and open-air loggias are decorated with paintings and period tapestries, as well as 16th-century antiques. A walk downhill from the Alcázar leads to the impressive Puerto de San Diego, which dates from 1571 when it was
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral limestone structure on the bluffs of the Ozama River was the centre of the Spanish court, entertaining such distinguished visitors as Cortés, Ponce de León, and Balboa. The nearly two dozen rooms and open-air loggias are decorated with paintings and period tapestries, as well as 16th-century antiques. A walk downhill from the Alcázar leads to the impressive Puerto de San Diego, which dates from 1571 when it was built as the main gate into Santo Domingo.
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral limestone structure on the bluffs of the Ozama River was the centre of the Spanish court, entertaining such distinguished visitors as Cortés, Ponce de León, and Balboa. The nearly two dozen rooms and open-air loggias are decorated with paintings and period tapestries, as well as 16th-century antiques. A walk downhill from the Alcázar leads to the impressive Puerto de San Diego, which dates from 1571 when it was built as the main gate into Santo Domingo. Columbus Park is in the centre of the city's ancient quarter. It is an
Historical Buildings	Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral limestone structure on the bluffs of the Ozama River was the centre of the Spanish court, entertaining such distinguished visitors as Cortés, Ponce de León, and Balboa. The nearly two dozen rooms and open-air loggias are decorated with paintings and period tapestries, as well as 16th-century antiques. A walk downhill from the Alcázar leads to the impressive Puerto de San Diego, which dates from 1571 when it was built as the main gate into Santo Domingo.



OTHER ACTIVITIES

Shopping

Santo Domingo is also one of the grand shopping bazaars of the Caribbean, with such "hot" items as hand-wrapped cigars for sale virtually everywhere, along with local handicrafts. Jewelry made of larimar or amber is also much sought after. From gambling to merengue, Santo Domingo is also one of the liveliest cities in the Caribbean after dark.

Notable cigar brands include: Santiago, Cibao Valley, Davidoff, Churchill.

Puerto Plata: The neoclassical house sheltering the **Museum of Dominican Amber** also contains the densest collection of boutiques in Puerto Plata. Many of the paintings here are from neighboring Haiti, but the amber, larimar, and mahogany woodcarvings are local.

Plaza Turisol Complex, the largest shopping center on the north coast, has about 80 different outlets. You may want to make this your first stop so you can get an idea of the merchandise available in Puerto Plata. This complex also has the most upscale and tasteful merchandise. You might want to stop in here if you don't have time to visit all the shopping centres. It's about 5 minutes from Puerto Plata and Playa Dorada, on the main road heading east.

Nearby is a smaller shopping centre, **Playa Dorada Plaza**, with about 80 shops selling handicrafts, clothing, souvenirs, and gifts. Both it and the Plaza Turisol are open daily from 9am to 9pm. The Amber Shop, in the Playa Dorada Plaza (tel. 809/320-2215), is associated with the Amber Museum. This shop sells the best collection of Dominican amber in town, artfully displayed on racks and on shelves. It features necklaces, pendants, bracelets, and rings crafted from amber ranging in color from oil-clear yellow to dark blue. A competitor, Galeria de Ambar, Calle 12 de Julio (tel. 809/586-2101), is both a museum and shop. On the ground floor, both amber and larimar are sold along with Dominican and Haitian arts and crafts and with bottles of rum. Upstairs, a museum displays rare samples of Dominican amber, often with prehistoric insects imbedded inside. It is open Monday to Friday 8:30am to 6pm, Saturday 9am to 5:30pm, charging an admission of RD\$35.

Tobacco Shop, in the Playa Dorada Plaza (tel. 809/320-2216), is the best shop selling cigars around Puerto Plata. Don't overlook the benefits of cigars rolled in the Dominican Republic from tobacco grown with Cuban seeds. They're a lot less expensive than most of the Cubans, and many of them are surprisingly good.

Plaza Isabela, in Playa Dorada about 500m from the entrance to the Playa Dorada Hotel complex, is a collection of small specialty shops constructed in Victorian gingerbread style, although much of its inventory



	has a Spanish inspiration or flair. Here you'll find the main branch of the Dominican Republic's premier jeweler, Harrison's , a specialist in platinum work and a favorite with celebrities. The store has a special clearance area; tours are available. Another branch is in the Centro Comercial Playa Dorada in the Playa Dorada Hotel complex. A particularly attractive outlet for jewelery is La Canoa , Calle Beller 18. If you drop into this place, you can wander around, noting the difference between what's in front (a well-ordered, glossy-looking jewelery store) and what's in back (a much more workaday and less glossy series of workrooms where a crew of locals actually polishes and sets amber and larimar into gold and silver settings.) There is a wide range of prices, suitable for modest to extravagant budgets. Although there are the predictable array of gold, diamonds, and precious colored stones, the best are the chunks of amber - some pale, some tawny, and some of them blue - set into gold frames and configured as pendants, brooches, earrings, or rings.
Markets	Most of the towns have fun markets to explore. Samana town has one of the most colourful public markets in the DR. Although the marketplace at Puerto Plata hardly resembles the greater one at Santo Domingo in the Zona Colonial, the Mercado at Puerto Plata merits a visit. It lies at the corner of Avenida Isabel de Torres and Calle 2, and is open Monday to Saturday 8am to 5pm (it starts winding down after 3pm, however). Everything is sold here, from both Dominican and Haitian art to handicrafts, along with the inevitable T-shirts, as well as luscious fruits and vegetables. It's a great photo op
Nightlife	Punta Cana: Bávaro Disco, on the grounds of the Barcelo Bávaro Beach, Golf & Casino Resort (tel. 809/686-5797), has emerged as the hottest, most popular, and sexiest dance club in Punta Cana, thanks to a superb sound system. The venue is more European than North American, thanks to a heavy concentration of clients from Italy, Spain, and Holland. Painted black, with simulated stars overhead and lots of mirrors, the place is open nightly from 11pm to 5am. On Sundays, islanders pour into Playa Cofresi, turning the beach here into a giant house party, with the eating, drinking, picnicking, barbecues, and merengue lasting well into the night; it's a great way to meet the locals.
Casinos	Most casinos are conveniently located within major resort complexes and are open until dawn, if not 24 hours. Dominican casinos use Las Vegas odds, so the casino's profits and player winnings are relatively the same and considered fair.

CUISINE	
Food	Breakfast typically calls for a serving of "Mangu," a mix of plantains,
	cheese and bacon, which can be found at most hotel and resort



restaurants. Mangu has been dubbed the "mashed potatoes" of the Dominican Republic and is a must-try for all visitors. Locals are also known to prepare the dish for evening meals.

A foundation of the native diet, "La Bandera Dominicana," or the Dominican flag meal, is eaten by nearly everyone at lunch time. The most important meal of the day, La Bandera consists of rice, beans, meat, vegetables and fried plantains to ensure energy throughout the afternoon and evening.

Another popular dish is "Sancocho," a Spanish-style stew usually served with rice. Ingredients include various roots, green plantains, avocado and typically chicken or beef, although it sometimes includes a combination of seven meats (Sancocho prieto). Goat meat, a staple in many Dominican homes, may also be used in this recipe. It offers a unique addition to the character of any dish as these animals graze on wild oregano.

"Locrio," or Dominican rice, varies with its preparer. An adaptation of the Spanish paella, locrio is made with achiote (a colored dye produced from the seeds of the achiote plant), since saffron spice is unavailable.

Near Samana, coconut trees decorate the landscape and provide a delectable milk sauce for fish, known as "Pescado con Coco." Throughout the south central coast, "bulgur", or whole wheat, is a main ingredient in "Quipes" (ground beef wrapped in wheat) or "Tipili" (bulgur salad).

Comida Creolla – creole cuisine blends Spanish, African, Indian and Caribbean influences; plantains, cassava, tropical fruits, mango, papaya, seafood, rice and beans; pastelitos: meat or cheese pastry turnovers; chimichurris: pork sandwiches hot off the spit; sancocho: national dish, sausage, pork, chicken, beef, goat, veg, herbs, spices in stew. Local beers, which are very good, are Quisqueya and El Presidente.

Rum

Rum production in the Caribbean is attributed to the African colonists who brought sugar cane with them to make crystallized sugar and molasses. They noticed, however, that the molasses began to ferment when left in the hot Caribbean sun and could be mixed with water to create what became known as rum.

During the 1700s, sugar cane plantations and their by-products contributed to a booming social and economic climate which eventually drew the attention of the DR's three rum brand founders. In the mid-to-late 1800's Don Andres Brugal Montaner, Don Erasmo Bermudez and Julian Barcelo started experimenting with their own personal refining



processes. Today, the **Brugal, Bermúdez, and Barcelo** brands of rum have become popular across the globe and are considered some of the world's best. Unlike that of Jamaica and Barbados, Dominican rum is produced through a more natural process of distillation. Aging is often done in special American white oak kegs, thus creating a sweet, hearty blend.

Bermudez, the eldest of the Dominican rum distilleries, was established in 1852. Its first formula, Bitter Panacea, remains famous. Distilling in Santo Domingo, Bermudez boasts the Dominican's oldest aging cellar. **Brugal**, established in 1888, is located just east of Puerto Plata and produces more than one and a half million liters of white and dark rum each year. Considered the most popular distiller, Brugal offers affordable bottles of rum for sale at its bottling plant and gives guests a free rum drink. Tours are offered Monday through Friday and admission is free. **Barcelo**, established in Santo Domingo in 1930, is said to be best-liked by locals. The plant manufactures 40 thousand liters of rum per day.

Mama Juana is a unique Dominican Republic drink that is concocted by allowing rum, red wine, and honey to soak in a bottle with tree bark and herbs. The taste is quite similar to port wine and the colour is a deep red. The specific herbs that make up Mamajuana were originally prepared as an herbal tea by the native Taino Indians and much later in time, post-Columbus, alcohol was added to the recipe. Besides being rumored to be an aphrodisiac, with many natives of the Dominican Republic claiming that the drink has similar effects, Mamajuana is also consumed for its medicinal value. The alcohol is said to act as an extract base that pulls the herbs' curative properties, creating an herbal tincture that is often served as a shot. The reported positive effects on health vary, ranging from a flu remedy, to a digestion and circulation aid, a blood cleanser and kidney and liver tonic.

Restaurants

Chez Palace, Punta Cana: This is the showcase restaurant of one of the biggest resort complexes in the Dominican Republic. If you're not staying at one of the Barcelo hotels, you'll have to make reservations in advance. The decor is cool and stylish, as if it were imported from a chic resort in the south of Spain. A formally dressed staff serves superb dishes that include salmon mousse in a prawn sauce, tartar of tenderloin, grilled red snapper, grouper with mustard sauce, and filet mignon with truffles and foie gras.

Le Papillon, Puerto Plata

This is an unusual but charming restaurant set on a hillside in a residential neighborhood about 5km southwest of Puerto Plata. The expatriate German owner, Thomas Ackermann, manages to combine aspects of the Black Forest with merengue music. The best way to start a meal here is with a caipirinha (a Brazilian cocktail) at the bar beneath



the cane-frond ceiling. Later, within an open-sided pavilion overlooking a forest, you'll be presented with a menu that's divided into categories that feature different preparations of pork, chicken, beef, seafood, rabbit, and even vegetarian offerings. Enduring favorites include fettuccine with lobster; "pirate" kabobs with shrimp, tenderloin of beef, and vegetables; an especially worthy chicken stuffed with shrimp and served with saffron sauce.

Casita Rica/Escape al Mar, Puerto Plata

These two establishments, one a snack bar, the other an upscale dining choice, sit side by side between Puerto Plata's seafront and its waterfront boulevard, El Malecon, in the heart of town. As such, they're closely linked to the gossip and goings-on of the local community, but somehow manage to emulate the gastronomic style of elegant dining rooms within some of the resort hotels. If you happen to be strolling along the seafront and want a beer, the laid-back but gregarious Casita Rica, an open-air dive a few steps from a wide stretch of beachfront, would be perfect. And if candles and romantic gloss appeal to you at dinner, Escape al Mar has the kind of variety that has successfully sheltered wedding receptions, local charity luncheons, and romantic evenings within a classy, napery-strewn setting that evokes seafront trattorias within popular resorts in Italy or Spain. There's even a bronze statue of Neptune positioned like a quardian on a rocky offshore island, within full view of your table. Menu items include pizzas, fried chicken, burgers, pastas, and a flavorful casuela de mariscos that's loaded with fish, saffron, spices, and shellfish.

MORE INFO	DR Tourism Office: 514-499-1918
Brochures	Transat Holidays and Nolitours 2014/2015 brochures are available at
	travel agents.
Websites	Website: www.godominicanrepublic.com
	Facebook: https://www.facebook.com/DominicanRepublicTourism
	Pinterest: http://www.pinterest.com/godomrep/
	Twitter: https://twitter.com/GoDomRep

Be Live Hotels in the Dominican Republic	Be Live Hotels is the hotel division of Globalia, Spain's leading tourism group. Their 4- and 5-star resorts are sea facing, with the beach passing alongside and always near to every part of the resort.
	Be Live Hotels believe it is better to live life than to dream about it. So they have created a concept where the hotels are adapted to who you are and which remind you where you are. They have designed four different experiences that take on a vacationer's complete identity when staying at any one of their resorts.



Be Live Collection in Punta Cana

Website: www.belivehotels.com

The Be Live Collection Punta Cana hotel is an exclusive all-inclusive 5-star hotel resort in Punta Cana that has been especially designed for those who wish to spend their holidays with their family, get away from it all with their partner, or enjoy a holiday among friends with an authentic touch of the Caribbean.

If you are looking for a luxury holiday in Bávaro, on an all-inclusive basis, perfect climate, personalised service, entertainment, rest and new experiences, the Be Live Collection Punta Cana hotel is an unbeatable offer: come, leave it all behind and enjoy.

You will be able to try the local cuisine as well as international options with complete peace of mind within the all-inclusive regime. There are 7 restaurants including 5 a la carte Mexican, Brazilian, Italian, Asian – and Dominican.

A hotel on the beach Cabeza de Toro.

The pools at the Be Live Collection Punta Cana hotel are an excellent place to rest and relax. But it will be on the beach Cabeza de Toro that you will enjoy your holiday at the fullest.

A hotel for all in Punta Cana.

The Be Live Collection Punta Cana hotel sums up all the charms the Dominican Republic has to offer thanks to the luxurious facilities, ideal for keeping the youngest ones entertained and letting parents rest, as it provides time alone for the adults as well as fun for the youth.

A hotel with spa in Punta Cana.

To enable you to really relax, the wellness and spa centre will relieve you of all stress through facial treatments, chocolatherapy, massage, saunas and Jacuzzis.

Be Live Collection Marien in Puerto Plata

The Be Live Collection Marien Hotel is an exclusive all-inclusive hotel in Puerto Plata, in the northern part of the Dominican Republic. This 5-star hotel has everything you need to spend a wonderful holiday together with your family or as a couple; it is especially designed for those who want to get away from everyday routine.

During your all-inclusive holiday in Puerto Plata you will be able to enjoy the exceptional climate as well as luxury facilities, tranquillity, enjoyment and truly unforgettable moments. You only have to do one thing to make it happen: come here. The Be Live Collection Marien Hotel will take care of the rest.



An all-inclusive hotel in Puerto Plata.

The best Dominican cuisine is served in their restaurants that also offer dishes from all over the world - from Mexico, Europe and Brazil - as well as delicious gourmet fare, all within the all-inclusive offer.

A hotel on the Costa Dorada beach.

Rest, enjoy yourself and relax. You will be able to do all this and more at the Be Live Collection Marien Hotel: pools, gardens, terraces... and the marvellous Costa Dorada beach. It is the perfect place to spend hours on your back, relaxing and doing nothing, only listening to the sound of the sea.

A hotel for all in Puerto Plata.

The Be Live Collection Marien Hotel is intended especially for those who want to come here to have an unforgettable experience. The exclusive facilities and our true Dominican roots guarantee you the perfect surroundings for an enjoyable holiday as a family, in a group, for business, or as a couple.

A hotel with spa in Puerto Plata.

A holiday is the perfect time to look after yourself, and the Be Live Collection Marien Hotel makes this very easy: in the wellness and spa centre you will be able to relax in the saunas and Jacuzzis as well as enjoy the aromatherapy and massage treatments available.

Be Live Experience Hamaca Garden

The Be Live Experience Hamaca Garden Hotel is an all-inclusive hotel complex in Boca Chica. It is located right at the bay and everything has been designed for you to spend an incredible holiday here with your family and friends, enjoying a true Caribbean lifestyle.

The full enchantment of the Dominican Republic awaits you at the Be Live Experience Hamaca Garden Hotel, where you will find beaches, a spa and excellent all-inclusive service in Boca Chica. Entertainment, relax, water sports, special menus... All you have to do is let go and enjoy!

An all-inclusive hotel in Boca Chica.

The bars and restaurants let you experience all the flavours of the Dominican Republic as well as the best international cuisine within the all-inclusive offer.

A hotel at the Boca Chica Bay.

Beach and entertainment mix well in this well-known part of the Dominican Republic. At the Be Live Experience Hamaca Garden Hotel you can take advantage of the great service at hand, but the best thing



about it is the wonderful Boca Chica Bay: it is ideal as a place to rest as well as a place for new adventures.

A hotel for families and groups in Boca Chica.

The beaches, the people, the parties? The Be Live Experience Hamaca Garden Hotel is a hotel that is perfect for families and groups of friends who want to enjoy an authentic Caribbean holiday. The wide-ranging facilities and the entertainment programs make this hotel special for all ages.

A hotel with diving at Boca Chica.

During your holiday you can take the opportunity to explore one of the most spectacular coral reefs in the Caribbean. At the Be Live Experience Hamaca Garden Hotel they can supply you with everything you need to submerge yourself into incredible aquatic adventures.

Be Live Collection Canoa

The Be Live Collection Canoa Hotel is a delightful all-inclusive hotel complex in La Romana, located next to the Del Este National Park and the Bayahibe beach.

The hotel boasts an extensive variety of outstanding rooms and villas, ideal for families and couples who wish to get lost in paradise during their holiday.

Come and stay in the middle of Caribbean nature, next to a lake and splendid gardens, right in the heart of the Dominican Republic. The traditional mixes with the modern at the Be Live Collection Canoa Hotel: gastronomy, spa, beaches... and everything is included. Come and live the true Caribbean lifestyle!

A hotel with spa in La Romana:

spoil yourself as never before in the spa and wellness section of the Be Live Collection Canoa Hotel: saunas, Jacuzzis and relaxing massages will allow you to forget about the stress of daily life and let you enjoy being immersed in the Caribbean peacefulness.

A hotel by the Bayahibe beach:

the Be Live Collection Canoa Hotel enjoys a privileged location steeped in tradition. It is situated only a few metres from the Saona Island and right next to the Del Este National Park. This is the place where the first inhabitants of the Dominican Republic settled and a corner of incomparable natural beauty.

A hotel for families and couples in La Romana: rooms that you have only been able to dream about until now, especially



designed for families and couples looking for a private, elegant and welcoming stay full of convenience. At the Be Live Collection Canoa Hotel all spaces are tailor-made for our guests, ideal for you to spend your holiday in!

An all-inclusive hotel in La Romana: at the Be Live Collection Canoa Hotel everything is arranged for you, and you will not want for anything: first-class culinary offerings, children's entertainment, shows, sport... All of it included in your perfect holiday

TRANSAT AND NOLITOURS WITH BE LIVE HOTELS	Transat Holidays and sister company Nolitours have multiple flights and many excursions to help you discover The Dominican Republic and its culture. They also feature Be Live Hotels throughout The Dominican Republic. Pick up this winter's Transat Holidays and Nolitours brochures from your local travel agent for all the details.
Transat Background	For over 25 years, Transat Holidays has been offering a large selection of vacation options in Europe, Florida and the south, as well as cruises sailing all seven seas. In addition to more than 200 south hotels available in the form of all-inclusive packages, Transat also offers a wide range of flights, packages, tours and à la carte products in some 30 European destinations. Their packages are flexible and tailored to stays of varying lengths
	Transat Holidays is at the core of the vertical integration process adopted by its parent company, Transat A.T., the leader in Canada's holiday travel industry. This integration enables Transat to offer vacationers the best possible service, from the airport all the way to their travel destination, where a team of more than 250 destination representatives offer onsite assistance on a 24/7 basis.
	Transat Holidays also works with Air Transat, a part of Transat A.T. Inc., offering a vast selection of flights to nearly 60 destinations in 25 countries aboard its fleet of Airbus wide-body jets. Families benefit from numerous privileges, such as a dedicated check-in counter and Kids Club advantages. Upgrade to Club Class for a touch of luxury or choose Option Plus and obtain an additional baggage allowance of 10 kg, among other perks.
What Transat is All About	Transat offers quality vacation packages to a wide variety of destinations. Each season, the company presents a wide selection of quality products, in order to meet the diversified needs of Canadian travellers. In keeping with their mission, their employees aim to exceed vacationers' expectations in order to maintain their position as a market leader. They see their role, ultimately, to turn holiday dreams into reality:



	making the vacation experience one of the most memorable ever.
Products	Packages, Cruises, Hotels, Flights, Tours, Car Rentals & Train Travel. With a choice of over 300 hotels located in more than 50 destinations and a complete line of itineraries offered in partnership with the most prestigious cruise lines, all products offered by Transat are subject to a rigorous standard review.
Transat Collections	Because we all have our own definition of ideal vacation, Transat Holidays has designed exclusive Collections to meet the needs of different travelers, including Luxury, Distinction, Family, R & R, and Sun Savvy.
	Distinction Collection Transat Holidays' Distinction Collection was especially designed for travellers looking for an enhanced travel experience. Located on stunning beaches, these resorts offer exclusive privileges, added services and superior comfort. You'll notice the difference the minute you arrive. Beautiful surroundings, attentive service, superb facilities and spacious accommodations serve as the backdrop for that special vacation you've always wanted. Before takeoff - Avoid the wait at the airport with Online check-in service at www.airtransat.ca - Upgrade to Option Plus and enjoy even more privileges On the plane - Italian leather ergonomic seats - Welcome champagne glass - Choice of hot meal and complimentary glass of wine During your stay - Non-stop transfer from the airport to your resort - Exclusive room location - Concierge service - Minimum of three guaranteed reservations for à la carte restaurants - 24-hour room service
Awards	Agent's Choice Awards: For the fifth consecutive year, Transat Holidays was named Wholesaler of the Year by travel agents Air Transat was voted -#1 Leisure Airline in North America for three years in a row and 2nd in the World! They were also voted best Family Airline.
Current Brochures	Transat Holidays Sun 2014/15 and Nolitours Sun 2014/15 brochures are available at your local travel agent and cover vacations through to October 2015.
Air Transat's New Comfort Zone	With so many new comfort features, you're on vacation the minute you take your seat. Air Transat has given their fleet a full makeover. For a glimpse of what it looks like:



	www.youtube.com/watch?v=ZBse6WOCd70
Air Transat Kids	To ensure that your family vacations are fun and unforgettable from
Club	beginning to end, Air Transat has created Kids Club so that young
	passengers can really enjoy themselves whilst onboard an Air Transat
	flight. It is designed to make air travel a fun experience for young
	travellers (and for their parents!). Even before the doors of the plane are
	closed following boarding, every child receives a small bag containing all
	sorts of surprises and games. The more fun they have, the easier the
	flight. Furthermore, children who are members of Air Transat Kids Club
	enjoy certain exclusive privileges.
	Members of the Air Transat Kids Club will enjoy several benefits that the
	whole family can share. You can check in at a special "Air Transat Kids
	Club Members" counter. Thanks to these special counters located in
	major Canadian airports where Air Transat flies, checking-in is quicker
	than before. At check-in, special tags will be placed on your baggage; as
Transat	a result, your baggage gets priority treatment. Transat has introduced a new compensation plan for clients affected by
Compensation Plan	an advanced flight schedule change on all South, Florida and Europe
Compensation Flan	,
	flights, packages and cruises. This new policy applies to all bookings
	made with Transat Holidays, for Air Transat flights.
	Applicable to schedule changes within 45 days of departure.
	Schedule change of 3 to 12 hours
	Transat will offer a \$50 voucher for future travel.
	Transat will offer a \$50 voucher for future traver.
	Schedule change of 12 to 24 hours
	Transat will offer a \$75 voucher for future travel.
	Schedule change of 24 hours or more and cancelled flights
	Clients can cancel their flight and are entitled to a full refund in the
	event of a schedule change of 24 hours or more.
	• Transat will offer a \$50 voucher for future travel to clients who cancel.
	Transat will offer a \$100 voucher for future travel to clients who accept
	the date change.
	• Clients who choose a product at a lower fare will be refunded the price
	difference, whereas clients who select a product at a higher fare will be
	required to pay the balance.
	Schedule change of 3 hours or less
	No compensation will be offered to clients experiencing a schedule
	change that is delayed or advanced by 3 hours or less.
Transat Club Class	Enjoy exclusive privileges such as complimentary seat selection, wider,
	more comfortable leather seats, a choice of gourmet meals and fine
	inore commentable leather seats, a choice of goalmet meals and fine



	wines, priority check-in, baggage service and boarding.
	Club Service
	Dedicated Club attendants
	Attentive, personalized service
	• Exclusive, spacious Club cabin
	Drinks & Snacks
	Welcome cocktails
	Complimentary non-alcoholic drinks, snacks and bar service
	Club Privileges
	Increased baggage allowance
	• 40 kg checked/15 kg carry-on
	Exclusive, rapid check-in counter in most airports
	Priority boarding
	Practical travel items (on Europe flights)
	Free headsets
	Canadian newspapers
	Comfort & Refinement
	Wider, more comfortable leather seats
	More leg room
	Complimentary Seat Selection: call 1-877-872-6728
	Choice of gourmet meals
	Choice of wine and more
Option Plus	This Economy class option includes many priority privileges and services
	including priority check-in, priority baggage handling, an extra 10kg
	baggage allowance and even champagne. Here's what you get:
	Advance seat selection on roundtrip flights
	Priority check-in at a dedicated counter
	Priority baggage handling
	Priority boarding
	Complete Air Transat travel kit on flights to European destinations
	Snacks from the On Board Bistro selection
	Alcoholic beverages during drinks service 200ml bottle of champagne
	(Sun and Europe)
	Supplementary baggage allowance up to 10 kg per flight segment
	Wine or beer with the meal
	• Headsets
	The cost is \$79-\$119 for southbound destinations and \$99-\$209 for
	European destinations as at November 2014.
Option Flex	Life doesn't always go exactly according to plan. When you book your
	dream vacation, you want to make sure you enjoy the ultimate level of
	flexibility should something unexpected happen.
	Option Flex with Transat gives you just that.
	Option Flex lets you:-
	- change your departure date, destination or hotel, up to 3 hours before



departure

- transfer your vacation package to a friend or family member, up to 7 days before departure
- cancel your trip and get a full refund
- and you won't be charged any additional fuel or currency surcharges once you've booked.

Benefit from these advantages for only \$49 + taxes at time of booking.

Transat and Sustainable Tourism

Transat recognizes the prime importance of the environment, host communities, cultural diversity, and their relationships with their employees, customers and partners. Tourism has become one of the world's leading industries. Society and communities reap the benefits, and, each year, hundreds of millions of travellers discover new countries and cultures. Transat is firmly committed to the responsible development of the tourism industry, and has adopted the following definition of sustainable tourism:

"Sustainable tourism entails respect for nature, as well as for host communities and their values; it combines positive socio-economic benefits for local populations with an enriching experience for travellers." The issue of the environment, as far as Transat's own facilities are concerned, is a clear and basic target. Their environment committees have implemented concrete initiatives with regard to recycling, conservation of resources, the disposal of obsolete electronic equipment, and raising employee awareness.

Air Transat has begun developing an environmental management system that could lead to an ISO 14001 certification in the future. To find out more, consult the Transat and the Environment sections at their website:

http://www.airtransat.ca/en/Info/the-environment-its-everyones-business _aspx?ExitID=69&ContentType=voyageur

Eco-responsible certified hotels

Transat urges its hotelier partners to excel in social and environmental responsibility, and formally recognizes the efforts of accommodations that commit to certification in this area. Certified establishments must maintain performance levels to continue using such labels. The indicators used vary depending on the certification scheme, but many certification organizations have begun aligning their benchmarks with the Global Sustainable Tourism Criteria.

To help you make an informed choice when you take your next vacation, Transat list six certifications for hotels and beaches. You can also find certified hotels by searching by destination.

Certifications for hotels

Biosphere Responsible Tourism

Green Globe



	Green Key
	ISO 14001
	Travelife
	Certification for beaches
	Blue Flag
Gift Certificates	Here's your chance to make a loved one's dream come true. With
	Transat gift certificates you can offer the beauty, excitement, and
	wonders of the world: the South with its heavenly beaches and endless
	sunshine, or just a rental car. Transat gift certificates are valid on all Air
	Transat, Nolitours, or Transat Holidays products in their brochures. They
	can be redeemed at a travel agent's office at the time of reservation. To
	order your gift certificates call 1-800-322-6649.
Groups	Group rates are available – as few as 10 adults make up a group. Talk to
	your travel agent to check the current details of Transat's group deals.
Hurricane Policy	Nolitours and Transat Holidays provide you with true peace of mind.
	Vacationers can travel secure in the knowledge that you will be protected
	should a hurricane affect your destination city in Florida, Mexico, the
	Caribbean or Central America. This Nolitours/Transat Holidays policy
	covers reservations for departures between June 1 and November 30
	each year and is likely to be renewed in 2015 – check the website. If the
	conditions stipulated in the policy are met, you may choose one of these
	four options:
	1. Travel at a later date
	2. Travel to another destination city
	3. Travel to the booked destination city
Transat Evaluations	4. Cancel with a full refund
Transat Excursions	ZIP LINE
in Punta Cana	Soar like a bird over the treetops on the ten different zip-lines in an eco-
	tourist park. The professional and knowledgeable guides will provide you
	with an unforgettable experience.
	DAVADO DUNNEDO CAFADI ADVENTUDE
	BAVARO RUNNERS – SAFARI ADVENTURE
	Discover the Dominican countryside with its traditional villages,
	mountains and sugar cane plantations. Stops are scheduled for lunch
	and swimming. Experience the Dominican way of life. Unforgettable!
	SWIM WITH THE DOLPHINS
	A once-in-a-lifetime experience and a dream come true Learn about
	these amazing mammals as you interact with them!
	BUGGY EXCURSION
	Drive your own dune buggy through the Dominican countryside, then
	stop off to relax or go for a swim. A day to remember!
	Stop on to rolax of go for a swiff. At day to fornomber:



SAONA CATAMARAN – MOTOR BOAT

Sail the crystal-clear Caribbean Sea on the catamaran cruise of your dreams. On the way back, experience a thrilling speedboat ride and go swimming in one of the world's most beautiful natural pools!

MARINARIUM

Swim with sharks and stingrays at this unique marine park, the only one of its kind in Punta Cana. A unique experience, not to be missed!

HORSEBACK RIDING

Enjoy a beautiful horseback ride on the beach.

SANTO DOMINGO

Enjoy a cultural and fascinating tour of the capital of the Dominican Republic, the oldest city in the Americas. Visit the first Cathedral of the New World, the Alcazar of Columbus, the Pantheon, the colonial city, and "Los Tres Ojos", the amazing underground caverns.

TROPICAL STORM FULL DAY

Go to a beautiful snorkelling area, enjoy a bath in the natural pool, have a nice lunch on the boat and learn how to dance the bachata and merengue! All this while sailing on a magnificent catamaran along the beautiful Bayaro coast.

TROPICAL STORM SUNSET

Enjoy a beautiful sunset cruise aboard a catamaran, bathe in a natural pool and finish up this magical evening with a lobster dinner in one of the most popular restaurants on the beach.

BUCANEROS – SPEED BOAT

Discover the beautiful turquoise waters aboard your own speed boat. This 3-hour tour will show you the best of this spectacular area.

DEEP-SEA FISHING

Did someone say fishing? We have everything you need for a private fishing trip or a shared charter excursion. An unforgettable experience!

HIGUEY SIGHTSEEING

Visit historic Higuey City, and marvel at magnificent Nuestra Señora de la Altadracia Basilica. Go souvenir shopping in local stores, and finish up this fascinating excursion with a visit to a rum factory located near a Taino cave.



ANIMAL ADVENTURE PARK

Come and visit this unique park, where you get to interact with animals. Become a trainer for a day and work with sea lions. Different animal shows are also available throughout the park.

QUAD EXCURSION

This tour will bring out the Indiana Jones in you. Drive your own four-wheeler on the beach and through some breathtaking scenery. Stop at a lovely beach for a refreshing swim. The tour guides will look after you every step of the way.

Transat Excursions from Puerto Plata

MONKEY JUNGLE TOUR

Encounter monkeys in the wild on this jungle tour which also includes an opportunity to go zip-lining in the jungle canopy from seven platforms in this newest excursion from Transat.

PUERTO PLATA RUNNERS

Explore the Dominican countryside as you tour typical villages, mountains and rivers, and enjoy the spectacular scenery. Stops are scheduled for lunch and swimming. White-sand beaches, crystal-clear waters, lush forests and rich culture.

OCEANWORLD

The newest jewel in the Caribbean offering the most exciting animal encounters. Swim with dolphins, pet and feed sharks or play with sea lions. The marine park is also home to stingrays, tropical fish, exotic birds, reptiles and even tigers.

RAFTING

Hop on a raft and enjoy the cool waters of the Yaque del Norte, the longest river in the Caribbean. Professional guides will take you through canyons, rapids and rarely seen spots. Action and nature together.

DOLPHIN SWIM

Feed and snuggle up with two playful dolphins, who will give you a thrilling dorsal fin ride.

BRAVISSIMO

Enjoy an exquisite dinner in an elegant environment overlooking the Ocean World Marina. The meal is followed by the Bravissimo show, which offers tropical rhythms and astonishing costumes that will take you on an enchanted journey through the Caribbean. Try your luck at the casino before you leave.

ISLA PARAISO



Pass plantations and cactus plants, and sail to a beautiful island surrounded by coral reefs and crystal-clear waters, where you can snorkel or simply relax in the sun. SANTO DOMINGO Enjoy a fascinating cultural tour of the capital of the Dominican Republic, the oldest city in the Americas. Visit the first Cathedral of the New World, the Alcazar of Columbus, the Pantheon, the colonial city, and "Los Tres Ojos", the amazing underground caverns. TIP TOP SOSUA Fun in the sun onboard this catamaran. Enjoy some snorkelling or just take in the rays. Lunch onboard. BRIANDA JEEP SAFARI For vacationers in Rio San Juan: the most popular excursion. Experience the culture of the people and venture into the real Dominican Republic. See the inside of a typical home and visit a local school. The most memorable day of your vacation. HORSEBACK RIDING Travel through mountains and country villages on horseback and enjoy a refreshing swim. Take a boat ride across the Gri-Gri Laguna, the mangroves, a swallow cave and the natural swimming pool (weather permitting). Top it all off with Playa Grande's crystal blue waters and white sand. QUAD – 4 WHEELER Drive your own 4-wheeler through the countryside, amidst sugarcane fields and tropical fruit plantations. Refresh yourself in a river and go swimming at Bergantin Beach. **Transat Flight** Punta Cana: Daily details 2014/2015 -Puerto Plata: Five days a week Toronto Samana: Weekly **Transat Flight** Punta Cana: Daily details 2014/2015 -Puerto Plata: Five days a week Montreal Samana: Sundays La Romana: Sats and Suns Transat currently has some special deals with Be Live Hotels this winter: **Transat Special** - Free kids at some Be Live Hotels **Deals** - Early booking discounts - Check out their website at www.TransatHolidays.com for latest deals.

Chris Robinson Associates Inc does not warrant the quality, accuracy or completeness of any claims, statements or information contained within this document. This document was created at the time of broadcast and may not be current.

http://www.facebook.com/airtransat

Social Media

Stav in touch with Transat and Nolitours at their two Facebook sites:



http://www.facebook.com/nolitours
Follow Nolitours on Twitter: https://twitter.com/search?q=Nolitours